



Off Menu – Ep121 – Sarah Keyworth

Ed Gamble

And if you just sniff the podcast you get the aromas of fun, of chat and of nice good times. Welcome to the Off Menu podcast.

James Acaster

Mmm, smells great.

Ed Gamble

That's James Acaster there, doing an impression of smelling some wine by sniffing around it like a big dog.

James Acaster

That's how I do it. I sniff around it.

Ed Gamble

Yes, I love it.

James Acaster

That's Ed Gamble there, saying dog.

Ed Gamble

This is the Off Menu podcast where we chat to a special guest about food. But more specifically, James, we've got a little format that we use, don't we.

James Acaster

Well, yes, we want to know their dream meal, their favourite ever starter, main course, dessert, side dish and drink and this week's guest is, Sarah-

Ed Gamble

Sarah Keyworth. Sarah Keyworth the brilliant comedian, you may have seen her on television, or live, or one of those things. She's an exceptional stand-up comedian, James.

James Acaster

Yes, absolutely, it's an honour to have her in the Dream Restaurant. But if Sarah says the secret ingredient, same laws to everyone, I'm afraid, we will kick her out.

Ed Gamble

And the secret ingredient this week is chocolate liqueurs.

James Acaster

Chocolate liqueurs.

Ed Gamble

Chocolate liqueurs. Absolutely hate them, James. Now this is something that I selected. Are you also on board the yuck train with these?

James Acaster

Yes. I am. I think that they sound nicer than they are and I also think that the pocket of liqueur in the middle is always-, I don't think there's really a right amount for it, but it always feels like there's too much of it-



Ed Gamble

Yes, it floods, it floods.

James Acaster

And I don't like, I don't like the-, how it feels in my mouth when it announces itself out of the chocolate, I would rather just have it a nice lovely chocolate.

Ed Gamble

Although there are exceptions to this, so don't go trawling the back catalogues and trying to, trying to catch me out. I broadly think keep booze out of my puddings.

James Acaster

Oh, really?

Ed Gamble

Yes.

James Acaster

Oh.

Ed Gamble

I think so.

James Acaster

I wouldn't agree with that, I like boozy puddings but chocolate liqueurs can jog on, I don't-, and I don't really-, anyone who likes them, I think is pretty creepy.

Ed Gamble

Okay cool, let's go with that. I think the problem with chocolate liqueurs is the booze is too raw.

James Acaster

Yes, absolutely.

Ed Gamble

It's too raw and whoever likes them should be on a register.

James Acaster

Yes, absolutely, top of the register, and I'd even put, reason for being on the register, likes chocolate liqueurs. And I think the cops would understand.

Ed Gamble

I think they would, I think they'd totally understand.

James Acaster

They'd say, say no more.

Ed Gamble

So if Sarah says chocolate liqueurs, she's out of here and we will call the cops.

James Acaster

Yes, she's going-, we're going to do what our good old friend, I can't remember who said 'call the cops' now.



Ed Gamble

Jack McBrayer, it was Jack McBrayer.

James Acaster

Jack McBrayer said 'call the cops'.

Ed Gamble

Thought you said 'call the cops'. He also said, 'Poppa's off the bread'.

James Acaster

'Poppa's off the bread'. He asked if we were going to call the cops, and as you know we will call the-, I mean-,

Ed Gamble

Call the cops.

James Acaster

We've only, we've only kicked out one person from the Dream Restaurant so far and we should have pointed out, we did call the cops on her and we kept that out of the episode, but when Jade got kicked out, we called the cops.

Ed Gamble

Yes.

James Acaster

Well, she at least got taken down to the station, I don't know if she was convicted.

Ed Gamble

Well, she got put away, she's had to change her name to Jail Adams.

James Acaster

Oh, yes. Jail Adams. She plays a harmonica in jail now.

Ed Gamble

So, if Sarah Keyworth says chocolate liqueurs, we will call the cops and Poppa's off the bread, but hopefully she will not.

James Acaster

Fingers crossed, we will see.

Ed Gamble

This is the Off Menu menu of Sarah Keyworth.

James Acaster

Sarah Keyworth.

Ed Gamble

Welcome-,

James Acaster

It usually says 'enjoy your meal'.

Ed Gamble

Oh, James, you've interrupted the beginning.



James Acaster

I'll just say it, but it wasn't as hospitable then to the Keyworth as he normally is to people.

Ed Gamble

Well, that's how this is going to start now, because Benito's created a frosty atmosphere in the restaurant, I was trying to welcome Sarah Keyworth and now you've made it even more unhospitable, inhospitable.

James Acaster

The listeners don't know that normally Benito, you know, on the Zoom, he says 'okay, I'm going to go away now and let you record the podcast, enjoy your meal'. And the guest always has a little smile, like, ooh, that was nice. And he-, this time he just went, 'see ya, go on, start then'.

Sarah Keyworth

He just left me with a couple of rumbling fans.

James Acaster

Yes.

Ed Gamble

Yes. Oh, we should let the listener know, for some reason all-, mine and James' laptop fans are going absolutely potty today.

James Acaster

Yes. Mine's calmed down again now, but I don't think that's the end of it, I feel like it's a baddie in a horror film, they're never really, really dead, are they?

Sarah Keyworth

Yes.

Ed Gamble

Of course, James, we're used to the fans going crazy, aren't we?

James Acaster

Good one. Absolutely brilliant.

Ed Gamble

Sorry, I've had a coffee about ten minutes ago, Sarah, and I'd like to apologise in advance because apparently it's turned me into my own father.

Sarah Keyworth

No, I like it, I think it's good.

Ed Gamble

Welcome, Sarah Keyworth, to the Dream Restaurant.

James Acaster

Welcome.

Sarah Keyworth

Thank you.

James Acaster

We've been expecting you for some time.



Sarah Keyworth

Was that it? Was that-, that was-, was that my genie spell?

Ed Gamble

Yes, James, that was pathetic.

Sarah Keyworth

What the fuck was that?

James Acaster

Well, if Benito's not going to try, I'm not going to try.

Sarah Keyworth

Oh, fuck's sake. I have been waiting for so long to see what would happen when the genie appears and that was awful.

James Acaster

It's a bit like a party popper, it wasn't very good, though.

Sarah Keyworth

You did like a real, sort of, limp wrist gesture with it as well, like, 'Here you are, have that.'

James Acaster

Yes.

Ed Gamble

It would be so annoying, wouldn't it, if you found a lamp, rubbed the lamp and the genie came out and he was just, like, 'Alright'?

Sarah Keyworth

Yes. Are you sticking with that, is that what you're going for, or are we going to do-,

James Acaster

I think it was good that on this episode, yes, it's different and it-, this episode, I think you're, so far, out of all the guests we've ever had, you're the one that has not been made to feel welcome at all, so far.

Ed Gamble

(laughs) (talking over each other)

Sarah Keyworth

Yes, hostile environment.

Ed Gamble

Sorry about that. I did try, I want you to remember that I tried, Sarah. Welcome, Sarah Keyworth, to the Dream Restaurant, wa-hey.

James Acaster

Welcome, Sarah Keyworth, to The Dream Restaurant. I bet it's-,

Sarah Keyworth

Let's just start, (talking over each other) it feels insincere, you didn't even finish that sentence. Thanks for having me, great to be here.



Ed Gamble

You are quite correct to react to the genie in the same way as he welcomed you, but I need to, look, you know, sometimes you go for a meal and you just know the vibe is wrong, right from the off.

Sarah Keyworth

This is like a bad first date.

Ed Gamble

Exactly. It's like a bad first date, but I'm always the one who's going to try and pull this out of the doldrums, I'm going to increase the energy, I'm desperately going to try and make this a lovely first date, okay? By sweating, by making terrible jokes about the fans. And guys, come on, we can do this, this can be something.

Sarah Keyworth

I like that sweating and terrible jokes are your way of saving a terrible first date. It's just like, ah, this isn't going well, I'll just start sweating a bit more.

Ed Gamble

But, Sarah, it's really nice to have you here in the Dream Restaurant.

Sarah Keyworth

It's actually really, genuinely, very nice to be here, I've been looking forward to this.

James Acaster

I'm looking forward to it, I don't think I've ever seen you eat anything.

Sarah Keyworth

I don't, I don't, I don't eat.

Ed Gamble

Oh, no, this is going to be a disaster.

Sarah Keyworth

I don't know how I'm still alive.

James Acaster

It's impressive.

Ed Gamble

Maybe you're not.

Sarah Keyworth

I look at food and I sort of get a sense of it and I think, yes, that will do. Then I move on.

James Acaster

Yes, watched other people. Is all your choices based on things you've seen other people eat and looked nice?

Sarah Keyworth

Yes, yes, yes. Absolutely. It's all TV references, it's all stuff from adverts and stuff. It's just-, it's-, every course is Special K. But the last one, Crunchy Nut.

Ed Gamble

A reverse Joe Lycett menu, I like that.



Sarah Keyworth

You've never seen me eat, James Acaster?

James Acaster

I don't think I've ever seen you eat. I think I-, even when we were at the Melbourne Comedy Festival together and we went to that-, the organisers put on like a barbecue or something at a bowling green and we were all playing bowls, and you were definitely there, but I didn't see you eat any of that food.

Sarah Keyworth

I did eat some food, I was horribly hungover, and I didn't want you to see me so I waited until you were bowling to take a bite.

James Acaster

I see, very clever.

Ed Gamble

So, it's not that-, James hasn't seen you eat because you've always hidden it from him, right?

Sarah Keyworth

Every time James Acaster walks into a room, I stop eating.

Ed Gamble

What is it about his general vibe that means you don't want him to see you eat? Does he stare or-,

Sarah Keyworth

No, he doesn't stare, it's not staring, it's-, I'm just-, I'm-, it's like a side eye, you know? I know that he's thinking about what I'm doing when he's in the room with me.

James Acaster

That's true, I can't deny that.

Sarah Keyworth

This is making me think of the last time that we were all in a room together, actually. It was just before all of this kicked off, it was at Soho Theatre. And I found something out about that night recently that is actually, that has been haunting me. I'd just done my show, I came down to the bar area, you guys were sat having a drink and I walked over and said hello, and you looked up like I'd sort of scared you a little bit and you went, ah, we're really glad it's you, because a woman's just been over and been quite rude. And she's, like, said all this stuff about, like, she was, like ah, my friends say that you guys are famous, but I don't know who you are and then, like, took a photo with you and stuff. And I was there and you were like, fuck, ah, that's so rude, she sounds like a dickhead.

Ed Gamble

Oh, yes.

Sarah Keyworth

And then went off, joined some of my friends who'd been to the show. Several months later, there's a lockdown, there's a pandemic, I don't see or speak to anybody. I see those friends that I was with that night and one of my friends says to my other friend, oh, and that girl that you brought with you was really rude to James Ancaster and Ed Gamble. And me, like, sort of, really relentlessly naïve was like, well, the boys were having a real night of it, because they said this woman was really rude to them and said that she didn't know who they were. And they all looked at me like I'd just said that I thought the earth was flat.



Ed Gamble

I love stuff like that, obviously it's rude, but I love stuff like that when it happens when I'm with James, because he's way less patient than me, for stuff like that because it is rude when people do the whole 'I don't know who you are, but my friend says you're famous', so passive-aggressive, leaning towards the aggressive. But in that situation, I don't get annoyed if I'm with James, because I can just watch James's blood boil while it happens and his reaction is always very funny, if someone says 'can I have a photo, I don't know who you are', James will just go, 'no, goodbye'.

Sarah Keyworth

But I don't know why anybody would want a photo with someone that they don't know.

James Acaster

The whole thing is a test for, like, I had that once, a lady came up to me, quite an old lady, in a reception at a hotel and she looked at me and went, 'I know you', and I was. like, oh, alright. And then she went away and then she came back again and she went, 'I've just realised you're on Mock The Week, I thought you were my window cleaner'.

Sarah Keyworth

You do look a bit like a window cleaner.

Ed Gamble

Yes, he does look a bit-, but one of-, like a pervy window cleaner from the 70s film, like Confessions of a Window Cleaner.

James Acaster

What?

Sarah Keyworth

Yes, that kind of thing, like, yes, like you're not in it for the cleaning of the windows, you're in it for looking through them.

James Acaster

I do not look like a pervy window cleaner, that's like an old boy, I look like a whimsical window cleaner.

Ed Gamble

No, you look a bit like Robin Askwith who was, I think his name was Robin Askwith, Confessions of a Window Cleaner.

Sarah Keyworth

I've been told I look like a-, like I could be chimney sweep, so.

James Acaster

Absolutely.

Ed Gamble

Look, here's the front cover of Robin Askwith's autobiography.

James Acaster

Not going to deny that looks like me, I guess.

Sarah Keyworth

That is absolutely James Acaster, yes.



Ed Gamble

James is now obviously being recognised more, Sarah, obviously we can't go out in public that much, but when we can he's going to be recognised for being, I think, number 6 or number 7 in Heat's Secret Crushes list.

Sarah Keyworth

No way.

James Acaster

Right. For one, it's number 5, right, so don't be slinging around 6 and 7. Piers Morgan is number 6.

Sarah Keyworth

I'd like to know who 1, 2, 3 and 4 are.

James Acaster

I mean, Keyworth, when someone told me I was on that list I felt well chuffed. And then I looked at the list, and no disrespect to any of them, but it didn't make me feel-, it didn't really boost the old ego when I saw the list of people.

Sarah Keyworth

No, I'm sure there's no self-esteem to be found there.

James Acaster

I thought it was going to be a bunch of hunks.

Ed Gamble

It was not. It's not the top hunks.

Sarah Keyworth

But that's better than, because they do-, they sometimes do, sort of, like, guilty crushes and things, whereas I think secret crushes is-,

Ed Gamble

That's what it is, that's what it is, they've rebranded-,

James Acaster

They've rebranded the guilty crushes.

Sarah Keyworth

Oh, because it's less offensive if it's secret.

James Acaster

Yes.

Ed Gamble

Yes. But Boris Johnson's on there for example.

Sarah Keyworth

How, is he higher or lower than James? Can I guess?

Ed Gamble

Oh lower, don't worry. And James beat Piers Morgan, no worries.

Sarah Keyworth

Well done, James.



James Acaster

Thank you very much.

Sarah Keyworth

You're sexier than Boris Johnson and Piers Morgan.

James Acaster

Yes, pretty pleased with that.

Sarah Keyworth

That's great.

James Acaster

Absolutely saw off Frank Skinner with no-, that was easy.

Sarah Keyworth

Oh, did you? God, Skinner is-, Skinner's been weeping about it ever since.

Ed Gamble

Right, we're in a restaurant, we can't get on to this sort of chat if we're in a restaurant, James. So why did you bring up the Secret Crush list?

James Acaster

Oh, yes, sorry.

Ed Gamble

So obsessed with yourself.

James Acaster

I couldn't wait to tell Keyworth about it.

Ed Gamble

Yes.

James Acaster

Still or sparkling water, Sarah Keyworth?

Sarah Keyworth

I want-, I'm going to-, okay, I'm having both. Can I have both?

James Acaster

Yes.

Ed Gamble

Yes, you can, absolute baller move. Why are you having both?

Sarah Keyworth

Because I am a child and I will be thirsty and I know that I'm going to drink a lot of alcohol this evening, so it's good to have a bit of the still water, so I'll glug that down. But then, I don't want to miss out on any fizz.

Ed Gamble

Fair enough.



Sarah Keyworth

I like both and I want it all on the table. I've been known to over-order drinks at a restaurant. Like a glass of wine, a cocktail, two different types of water.

Ed Gamble

Did you ever play the thing about you're not allowed to double-park, we used to have a rule that-, in the pub, do you remember that?

Sarah Keyworth

Yes, well, it was a drinking game, wasn't it? Yes. Some people call it double-fisting, which is fun.

Ed Gamble

I do not, not where I come from, Sarah.

Sarah Keyworth

Because that's a completely different thing.

Ed Gamble

I always need to double check with things like drinking games just in case it was just a posh person thing?

James Acaster

Yes.

Sarah Keyworth

But we definitely called it double-fisting, as opposed to double-parked, because nobody owned cars where I was from.

Ed Gamble

The rule was if you had two drinks on the table at the same time you had to put your dick in a pheasant, right?

Sarah Keyworth

You have to what?

James Acaster

So, you never want to miss out on-, is this going to become a theme for your whole menu, is that you don't want to miss out on stuff and maybe we're going to get quite a lot of the-,

Sarah Keyworth

I worry that I'm going to over order here.

James Acaster

Yes.

Sarah Keyworth

I just think the thing with water is that I'm also, as I say, a child. So, I will try and down the fizzy water if it's the only thing there and then I'll get hiccups.

James Acaster

So you down the fizzy water, you get the hiccups, and then do you use the still water to try and cure your hiccups?

Sarah Keyworth

Well, then I have to get the genie back and can I-, say can I have a couple more stills, please?



James Acaster

Just keep them coming.

Sarah Keyworth

But then I get worried. I like it when-, you know you go to some restaurants and they have, like, water taps. Like, is it YO! Sushi? That has, like, a still and a sparkling tap, I like that, I like it on tap, is what I'm saying.

James Acaster

Would you ever want to stick your head into the taps?

Sarah Keyworth

Absolutely.

James Acaster

Turn them on?

Sarah Keyworth

Yes. I'd like the fizzy one, so that it would, like, bubble over my mouth.

James Acaster

Yes.

Ed Gamble

The problem with the YO! Sushi taps, I find, is they only give you a tiny little glass.

Sarah Keyworth

Yes.

Ed Gamble

And I like a pint of water. I like a pint of water and I like to down it all in one, that's how I get my water in.

Sarah Keyworth

Do you think you could bring your own pint glass to YO! Sushi?

James Acaster

Yes.

Ed Gamble

I feel like it might be frowned upon when you get out the little bag with your pint glass in.

Sarah Keyworth

Honestly, everything about YO! Sushi is designed to make you feel like a giant though, isn't it? Because all those little plates and the little mouthfuls.

Ed Gamble

You feel like a giant going on holiday.

Sarah Keyworth

Yes, yes, you do. Because it's always in an airport, isn't it? How are they going to fit you on a plane? No idea.



James Acaster

Yes, that would be a good prank to play on someone. Just make everything really small, including their plane. And when they get on the plane-

Sarah Keyworth

That would ruin your holiday, wouldn't it?

James Acaster

Yes. Straight away.

Sarah Keyworth

Spending the whole flight thinking about how you're going to get in your bikini. They've made it-

James Acaster

Poppadoms or bread?

Sarah Keyworth

Oh, okay. Alright then. I don't mind.

James Acaster

Poppadoms or bread, key word.

Sarah Keyworth

It's bread, isn't it, it's always going to be bread. I like a poppadom, I like that they're crunchy, I like mango chutney, but I want bread and I want chips. I want a chip cob for my bread course, that's what I want.

Ed Gamble

Right, okay, right, we'll get into that. First observation, that, I've only just realised, bread people are way more certain than poppadom people, so bread people are always like, it's bread, of course it is, it's got to be bread. Whereas poppadom people are always, like, I think I'm going to go for a poppadom. They're a lot more, sort of, they're a lot more open.

Sarah Keyworth

That's because they know they're wrong.

James Acaster

They're wrong.

Sarah Keyworth

They're cowards.

James Acaster

They're fun, they're fun people.

Sarah Keyworth

They're trying to buck the trend and it's embarrassing.

James Acaster

They're fun.

Sarah Keyworth

Are either of you a poppadom people?



Ed Gamble

I'm a bread guy and I-, of course, my attitude is, why wouldn't it be bread? Like, it's definitely bread, but also I'm self-aware enough to be, like, it's kind of, that's a bit arrogant. That's a bit arrogant to think bread is the only way.

Sarah Keyworth

I don't think it's arrogant at all. I think it's arrogant that poppadoms have walked into this podcast thinking that they can go toe to toe with bread, honestly.

Ed Gamble

Well, look, I'll be honest, Sarah. This has always got on my nerves. If we'd had a meeting before we'd recorded the first episode of this and James had suggested poppadoms or bread as a question, I would have said, that's not a question, that's not something you're offered at any restaurant.

Sarah Keyworth

Yes, they're not comparatives.

Ed Gamble

But as with everything in this podcast, James just shouted it in the first episode and it became a feature, because we couldn't change it.

James Acaster

Well, I mean, we did have, we did have a meeting pre-podcast, I mean we didn't-, fair enough, poppadoms or bread didn't come up, we didn't actually talk about that. But mainly our meeting was taken up with me saying I'm going to be a genie and Ben and Ed trying to talk me out of it.

Sarah Keyworth

Well, I mean, it sounds like you weren't in a position to make decent creative decisions during that meeting anyway, so poppadoms and bread would have probably been completely signed off.

James Acaster

Yes, maybe that would have, I mean-,

Sarah Keyworth

If you'd taken that meeting seriously, you would have kept poppadoms and bread, you would have got rid of the genie, and I-,

James Acaster

Yes.

Sarah Keyworth

I wouldn't be here today.

James Acaster

Yes, you might not have been.

Sarah Keyworth

Because the genie is my dad, that's-,

James Acaster

Oh, that's a great twist.

Sarah Keyworth

That is an excellent twist.



Ed Gamble

That's why you don't eat.

Sarah Keyworth

That's why I don't eat.

Ed Gamble

You don't need to.

Sarah Keyworth

I don't need to.

Ed Gamble

Because you're a little baby genie.

Sarah Keyworth

I'm the tiny little genie, yes, and he won't teach me how to clean windows, he only gave me the chimneys.

Ed Gamble

He doesn't want you saying that sort of stuff.

James Acaster

We'll cover more ground that way.

Sarah Keyworth

My father is cruel.

James Acaster

I think the poppadoms or bread question is open to interpretation. If people want to say prawn crackers, if people want to say tortilla chips, just anything that you would get at that point in the meal before the course starts, you know.

Ed Gamble

Look, we've gone round the houses enough now, Sarah. You want, you want a chip cob.

Sarah Keyworth

I want a chip cob. Yes, I'm bending the rules completely.

Ed Gamble

What I really like about this is that you've said you're going to over order and you've not broken your promise.

Sarah Keyworth

No, I haven't.

Ed Gamble

You've started-, traditionally people say, I don't want to eat bread before a meal because I don't want to fill myself up. What you've done is you've got bread and you've put some more carbs in it.

Sarah Keyworth

I've assumed that I am completely bottomless during this meal.



Ed Gamble

Sure.

Sarah Keyworth

I assume I'm not going to get full at any point. Maybe at the end, right at the end it sneaks in, and it's like a good full.

James Acaster

Yes, I can do that for you. No problem.

Sarah Keyworth

Thanks, Dad.

James Acaster

Yes. What's a cob?

Sarah Keyworth

Ha, I wondered if that would come up. I wondered if you would start this silly conversation, Genie. A cob, is a bread roll.

James Acaster

So what's corn on the cob?

Sarah Keyworth

Corn on the cob is a-, I mean to be honest, a cob of corn, it's a roll, isn't it? It's rolled corn.

James Acaster

It's rolled corn.

Ed Gamble

You are going to have to specify that you want the bread roll version, because otherwise, genies are open to interpretation, he might bring you the middle of a corn on the cob with chips on it.

James Acaster

Covered in chips and you rotate and eat the chips off of it.

Sarah Keyworth

I'd eat that. I'd probably yes, I'd give it a go.

Ed Gamble

I don't want to upset you, but I'm not a fan of a chip buttie.

Sarah Keyworth

Call it what I called it.

James Acaster

Yes.

Ed Gamble

Chip cob. I don't want a chip cob. I don't like double, double carb-ing it within the same dish. I think it's a waste of stomach space. I think everything tastes too bland. I'm not a fan. I mean, people are going to be going mad about this, this is like when I said I don't like Yorkshire puddings.

Sarah Keyworth

My finger is hovering over the leave button of this Zoom meeting, by the way. I'll do it.



James Acaster

I don't blame you, Keyworth.

Ed Gamble

James, do you like it?

James Acaster

Yes, I like chip butties, yes. Chip cobs.

Sarah Keyworth

Loads of butter, ketchup, and ideally, because I have good memories of this when I was a kid, I had to go swimming, and I'd do the swimming, I'd agreed to it, knowing full well that I'd get a chip cob afterwards. So, you want to be that level of slightly, like, nicely tired after a good swim.

James Acaster

Yes, and then they chuck it in the pool, and you've got to dive, and get it. (talking over each other).

Sarah Keyworth

Yes, yes. Like a rubber brick.

Ed Gamble

Yes, it is like a rubber brick. That's half of my problem with it.

Sarah Keyworth

Yes, yes.

James Acaster

Is it from a chip shop, Keyworth?

Sarah Keyworth

No. It's from a swimming pool in Walthamstow. Walthamstow, no, Edwinstowe.

Ed Gamble

Forgotten where you grew up?

Sarah Keyworth

Forgot where I grew up, yes. For a minute there, I forgot where I grew up.

Ed Gamble

I don't mind a buttie, cob situation, but here's something I used to have when I was at university. See if you like the sound of this. This was introduced to me by my friend who's grew up in Preston.

Sarah Keyworth

I already don't like the sound of this.

Ed Gamble

Right, well, it was at a lower point of my life in terms of eating, and I probably used to have one of these a day. A pie buttie.

Sarah Keyworth

What? Tell me what that is? Talk me through it.

James Acaster

I've never heard this before.



Ed Gamble

Probably a mince pie, like, a beef mince pie. It will have, like, mince, and gravy, and onion in it. Like, a proper pastry pie, and then get some bread, and heavily butter the bread.

Sarah Keyworth

Glad that you're clarifying that it is encased in pastry.

Ed Gamble

Yes.

Sarah Keyworth

So you've got a bread layer, you'd say?

Ed Gamble

Yes. And then get some, just, cheap white bread, slather that in butter, pop the pie in the middle.

Sarah Keyworth

Right?

Ed Gamble

Put some brown sauce, and some red sauce on top of the pie, get the other slice of bread, and then, just, a light push, just to slightly squash the pie. And then eat the pie buttie.

Sarah Keyworth

We need to talk about the fact that you've just said you don't like double carbing, and you think it's a waste of stomach space. You have a dirty past Ed Gamble.

Ed Gamble

What I would say to that is, that I think with a pie buttie there's more variety of flavour. It's not just straight white carbs all the way through.

Sarah Keyworth

Yes, because there's an entire meal on the inside of your bread.

Ed Gamble

Yes. And also when I say stomach space, I had a lot more stomach space then. So, I wasn't filling up on the pie buttie.

Sarah Keyworth

What stage of the day do you have it?

Ed Gamble

Oh, well, I'd normally, probably sleep through most of my morning lectures, so, I'd probably wake up at around 11am, and then I'd get up. I'd probably have three cigarettes, and then I'd stroll to the bakers. So, I was probably having that at around noon. So, it was more of a brunch.

Sarah Keyworth

You were buying a pre-made pie at the bakers?

Ed Gamble

Buying a pre-made pie at the bakers, and then going back, and using probably someone else's bread in the kitchen.



Sarah Keyworth

You're a real piece of shit Gamble.

James Acaster

Remember when Ed, like, he lost a lot of weight (talking over each other).

Sarah Keyworth

Did he?

James Acaster

He was a bigger gentlemen, and he lost all that weight, and everyone was, like, so amazed by it, and he even had a stand up routine where he said, 'Everyone's asking me how I lost the weight, and, you know, it's a boring answer really. You just eat less, exercise more.' And no, it's not a boring answer. 'Oh yes, I'll tell you my secret, I stopped eating pie butties every single day.'

Ed Gamble

I miss pie butties. Honestly, I feel like someone who used to be in a gang, like, a violent gang. I'm glad I'm out of it, but, God, I miss those days.

Sarah Keyworth

That's why you've got that pie buttie face tattoo as well.

Ed Gamble

Yes, exactly, yes.

James Acaster

Oh, do you want your swim to be in a mixture of still, and sparkling water?

Sarah Keyworth

Yes, I do, actually. I've never done it before, but I think that that would elevate the experience in some sense. If you mix still, and sparkling water, does it continue to sparkle?

Ed Gamble

It must be a light sparkle, right?

Sarah Keyworth

A light sparkle. I don't know whether I'd prefer to swim in purely sparkling water.

Ed Gamble

There is something so evocative isn't there, about things you used to eat after you went swimming as a child? Like, the smell of the chlorine, and you're properly exhausted.

Sarah Keyworth

I think it was because you'd swallowed so much chlorine as a child, your body was desperate for something to soak up those chemicals.

James Acaster

Yes. It was the only time I ever got stuff from a vending machine. I was always denied vending machine food, but I was allowed vending machine stuff after a swim, and get the space raiders, and stuff like that from the vending machine at the swimming pool.

Sarah Keyworth

Yes, you used to get some smoky bacon crisps.



James Acaster

Yes.

Sarah Keyworth

After a swim, from a vending machine. Also, I remembered this recently, because it's such a bizarre thing that happened, my dad used to take me to play golf. It just doesn't make any sense to me, apart from the fact that he was actually trying to make me a lesbian. We'd play golf, and then he'd buy me a packet of Rowntree's fruit pastels afterwards.

James Acaster

Nice.

Sarah Keyworth

And I tell you what, I was in it for the pastels, not the golf.

James Acaster

Yes.

Ed Gamble

I'll be honest, initially I thought you said bucket.

Sarah Keyworth

A bucket, yes. He'd empty out the golf balls, and he'd fill it with fruit pastels.

James Acaster

Where did you say you were from? Edwinstowe?

Sarah Keyworth

I'm from Nottingham. So, I grew up in an area called Sherwood, but we would drive to a place called Edwinstowe, and on the way, my mum would tell a story about a man called Edwin who had a very big toe.

Ed Gamble

Sarah, I don't know if you did this deliberately, but the idea of your mum telling the story about Edwin's toe, you've exactly nailed James Acaster's humour.

James Acaster

Really makes me laugh, that kind of stuff.

Sarah Keyworth

No, I didn't nail it to be honest, it was my mum. It was always my mum. And it was only, I'd say, two years ago, I'm 27 now, and it was only about age 25 that it occurred to me that the reason she told a story about Edwin's toe every time, is because we were going to Edwinstowe. I just thought, 'She fucking loves this story when we go swimming.'

James Acaster

Well, we get to your starter then. So, you've already, kind of, had what most people might even call a starter.

Sarah Keyworth

A meal.

James Acaster

A chip cob.



Sarah Keyworth

Yes.

James Acaster

After a swim.

Ed Gamble

I want to hear the starter that is going to follow up your chip cob.

Sarah Keyworth

Okay.

James Acaster

Yes.

Sarah Keyworth

So I am a vegetarian, but before I was a vegetarian, one of my favourite dishes, and I remember it, because when I was a kid we didn't get takeaways very often, we'd get takeaways for, like, a birthday, or whatever, and when we got Chinese takeaway, my favourite thing would be duck pancakes with hoisin sauce, and little strips of cucumber. Given that this is my fantasy situation, I'm having that. I don't mind if it's mock duck, but I want it to be as close to the real thing as possible please.

Ed Gamble

Here's a good compromise. We can make it real duck, but the duck we've got it from can come out, and, sort of, say, 'Hello.' And just let you know that it's still alive, and it's fine.

Sarah Keyworth

I thought you were going to say, 'We can make it real duck, but the duck we've got it from was a cunt.'

Ed Gamble

Either, or. If you want crispy cunt duck, you can have that as well.

Sarah Keyworth

Crispy cunt duck, sounds like something completely different that I don't think we should get in to.

James Acaster

Every time you make one of those jokes, I'm going to picture your dad on the golf course going, 'You're doing me proud.'

Sarah Keyworth

Yes. Just dropping another pastel in the bucket.

James Acaster

Hole in one. Yes.

Sarah Keyworth

Weird treat training for me every time I say something. Have another pastel.

James Acaster

Keep them coming, Keyworth.



Ed Gamble

Do you want to meet the duck while you're eating it, and the duck can be like, 'Hey, look, I was happy to give up, my bodies regrown, I'm still alive. We're alright.'

Sarah Keyworth

Would the duck stay whilst I ate it?

Ed Gamble

No, it wouldn't watch you like James Acaster.

James Acaster

Not if you don't want it to.

Sarah Keyworth

Yes, yes. Because it's getting crowded in this restaurant with Acaster's eyes on me. Yes, no, let's do that then. Let's treat myself. I've not done anything bad to this duck. The duck's happy. I'm imagining that the duck comes in, says this to me, walks back into the kitchen, then is brutally murdered, and I'm just happily thinking that that duck's fine. Yes, no, I'll agree to that. That's fine.

Ed Gamble

Now, talking of the ratios, what you doing? Because whenever we used to get crispy duck pancakes at home, I'd always fuck it early doors, and end up putting too much hoisin sauce on the first one, putting all the veg in, and then there was none left over for the next pancakes.

James Acaster

Ed's ratios were always, like, Ed would have a little bit of hoisin sauce, and then half a lasagne, and then, like, a beef burger. He'd roll it all up, 'Oh, no, there's too much in here again.'

Sarah Keyworth

Two slices of white bread.

James Acaster

Yes.

Ed Gamble

So traditional. Traditional Chinese food.

Sarah Keyworth

I have thought about this, because I don't know if they do it on purpose, or don't know whether they expect you to just use less of everything in your first couple of pancakes, but it does feel like they don't give you enough for the amount of pancakes they give you.

Ed Gamble

Yes.

Sarah Keyworth

So, basically, what I'd like to happen is, have an all you can eat situation, and then I'll tell you when I'm done.

Ed Gamble

Perfect. We can definitely do that for you, for sure.

Sarah Keyworth

I don't think i'm not sounding like old school Gamble in this moment.



Ed Gamble

As long as you don't put a pie in the pancake, we're absolutely fine.

James Acaster

Not tempted after hearing Ed's stories?

Ed Gamble

The butter mixes with the gravy, it's lovely.

Sarah Keyworth

There's a compromise where you could just put a little bit of butter on your pie, couldn't you?

Ed Gamble

Oh no, come on, that's too far. I'm not going to butter my pie. I'll butter the bread, and if some of the butter should mix with the pie, then so be it.

Sarah Keyworth

You're essentially buttering your pie. You've buttered your pie young man.

Ed Gamble

Hoisin duck pancakes, a wonderful choice to kick off any meal.

Sarah Keyworth

Yes, but the thing is, okay, I've had some other thoughts about the starter situation, because I really like tapas. I don't know (inaudible). Because it's a bit of a small plate, isn't it? The duck pancakes?

Ed Gamble

Here's what I think you'd have to do if you want to add extra things to the tapas. You'd have to make them mini pancakes, like canape size pancakes.

Sarah Keyworth

I'm not interested.

Ed Gamble

You're not interested?

Sarah Keyworth

No.

Ed Gamble

Right.

Sarah Keyworth

I back down.

Ed Gamble

But you've played a good game here, because now I want to hear what else is on the tapas list?

Sarah Keyworth

Well, basically, there's a tapas place in Nottingham, it's called Bar Iberico, and they do triple cooked patatas bravas.

Ed Gamble

So, chips?



Sarah Keyworth

Yes, chips. Oh, you got me. You saw through it.

James Acaster

I would like them in a cob.

Sarah Keyworth

Yes.

Ed Gamble

In el cobo. It's amazing.

Sarah Keyworth

I want a chip cob on the side of every dish that I have.

Ed Gamble

I mean, patatas bravas, it's good stuff, but I feel like if you've had the chip cob, surely just let some of the chips fall out of the cob and save them.

Sarah Keyworth

No.

Ed Gamble

No?

Sarah Keyworth

No, I won't.

Ed Gamble

Just no.

Sarah Keyworth

No, I'm not sacrificing chips from my chip cob for a later date. I thought this was a dream restaurant, I thought this was my fantasy. I didn't realise that we had to ration things now. You said I could have all you can eat, real hoisin duck pancakes, but I've got to save some of my chips from my bread course. Yes, I did hear the sentence I just said by the way.

James Acaster

If you're eating your hoisin duck pancakes, and you've got patatas bravas on the side, are you going back, and forth? Are you doing all the pancakes, and then eating the bravas? What you doing?

Sarah Keyworth

I mean, I'm not going to lie to you, I've never had these two things, actually, at the same time. So, I've got no idea what the flavour palate would be. But, knowing me, I'd go back, and forth.

James Acaster

Would you be tempted to dip a patatas bravas in the hoisin?

Sarah Keyworth

Not just tempted, I would absolutely do it.

James Acaster

Great, that's fine.



Sarah Keyworth

I don't even think there'd be time for temptation, I think I'd do it without thinking.

James Acaster

Would you wrap them all up in a pancake, put a load of patatas bravas in them, pancaco?

Sarah Keyworth

Yes, that does sound good actually.

Ed Gamble

So, just to double check. So far, we've got two chip cobs.

Sarah Keyworth

Two chip cobs, yes. Two chip cobs, and I just want to have a little, quick chat with a duck in between.

James Acaster

Yes, a conversation with a duck, just to make sure everything is fine.

Sarah Keyworth

That's my dream meal.

Ed Gamble

Is there anything else from the tapas place that you want on this tapas platter?

Sarah Keyworth

They also do a chilli, and ginger glazed cauliflower that is, like, crispy. So, I'd have a bit of that if you're offering. It's like a, sort of, popcorn cauliflower, but it's sweet, and salty, and glazed, and it's just fucking great.

Ed Gamble

Huge shout out to the bang bang cauliflower at Wagamama, which is, I think, one of the best chain restaurant side dishes out there.

Sarah Keyworth

I nearly mentioned it, just now, to try and give you a sense of what it's like. But, I think it's an elevated version of the bang bang cauliflower. But I am a fan of the bang bang cauliflower, and have been known to order two.

Ed Gamble

You've double fisted bang bang?

Sarah Keyworth

I've double fisted. Yes. I have.

Ed Gamble

One more pastel in the bucket.

James Acaster

Yes. Literally, as soon as Ed said you double fisted bang bang, all I saw was a man teeing off.

Sarah Keyworth

My father (talking over each other) He's got a sharing bag of pastels, and he's pouring them in the bucket.



Ed Gamble

There's got to be more than one for double fisted bang bang.

James Acaster

Well, we come to your main course, Keyworth.

Sarah Keyworth

There is a lot of carb going on, it has occurred to me. But I like a carb, and, do you know what, I'm not ashamed.

Ed Gamble

Lean into it.

Sarah Keyworth

I think there are other people in this conversation that also like carbs. And I'm not going to name names, I'm not going to point fingers. Pie buttie boy is who I'm thinking of. My main course is a stolen mac and cheese.

Ed Gamble

We need to know more. Why does it need to be stolen, Sarah, and who are you stealing it from?

Sarah Keyworth

This a stolen mac and cheese, because I like mac and cheese, I've always been a fan of it, but a long time ago, I dated an American girl who talked at length about a mac and cheese that her mum made, and then one day, I don't know if she was having a particularly good time, or a particularly bad time, but for some reason, I thought, 'I'm going to do something nice for her.' And I don't know why I explained that like I couldn't just do something nice for my girlfriend (talking over each other)

Ed Gamble

It's really good to know that if she was having a completely normal day, you wouldn't have wanted to do something nice for her.

Sarah Keyworth

No.

Ed Gamble

She had to be at one extreme.

Sarah Keyworth

Yes, no, it has to be something that made me think, 'Do you know what? We're not having fruit pastels tonight, we're going to have something else.' And so, I sent a message to her, and asked for the mac and cheese recipe, which she sent over to me in American language. Cups a plenty. Made the mac and cheese, and it was what she made it out to be. But then we broke up, and I have continued in the six, or seven years since I was with this girl, I've continued to make her mums mac and cheese. So, it's stolen.

Ed Gamble

When you say it's stolen, I don't necessarily agree that it's stolen. You asked someone for a recipe, and they gave it to you. Do you think using any recipe that's not entirely your own creation is stealing?

Sarah Keyworth

It's all plagiarism, it's nicking.



James Acaster

Also, I think it depends who you ask. Like you Ed, when you said stolen mac and cheese, I thought you'd want, you know, there's some mac and cheese cooling on a windowsill, and you'd run along, and snatch it, and run away.

Ed Gamble

Yes, that's exactly what I was thinking.

Sarah Keyworth

We don't live in a world where if a mac and cheese was left on a windowsill the first person that would get to it would be James Acaster.

James Acaster

Yes, to be fair, I'm already at the window.

Sarah Keyworth

You know the windows of London like the back of your hand.

James Acaster

However, I do get what Keyworth means, because I think it depends who you ask in this situation. I think if you ask your ex girlfriend she would say, 'You stole that. Stop doing that recipe.'

Sarah Keyworth

Yes.

James Acaster

'That's my mums recipe, and we broke up, and that's not your recipe to make, and stop doing it.'

Sarah Keyworth

I feel like I've stolen a, sort of, family traditional dish from an unsuspecting, romantic ex lover.

Ed Gamble

But it depends where the mum got the recipe from, right? Because if it was the mums creation entirely, then, yes, that's stealing. But surely the mum got that recipe from a book, or got it from a different, maybe she got it from an ex boyfriends family.

Sarah Keyworth

I think she got it from BBC Good Food. No, I don't know where she got it from. I didn't ask. I didn't go, 'Where did you get this from?' I just trusted that it was sentimental, and special, and made it accordingly.

Ed Gamble

You want the mac and cheese cooked by yourself for your dream main course?

Sarah Keyworth

Well, yes, I mean, I could talk someone through it, I suppose. But, yes, I want my mac and cheese. My nicked mac and cheese. Do you know what's worse, is I haven't been telling people that I've been passing it off as my own ever since.

Ed Gamble

Yes. You've got to, you've absolutely got to. What's special about it? How many different cheeses are in it, and talk me through them.

Sarah Keyworth

It has three different cheeses in it. So, you go with a classic cheddar, a red cheese, like a red



Leicester, and then a smoked. The key thing is to just use shit loads. I'm not kidding when I say it's an American recipe. Just chop it all up, and you cube the cheese, you don't even grate it, there's no time, right? You'd be there for hours if you were trying to grate it. You cube it up, and loads of butter in your rue. Cook it like you want to die is what I say. And then, yes, plenty of red cheese so it's, kind of, an orangey colour, and it's just thick. And then bread crumbs on top.

James Acaster

Of course, breads getting involved again.

Sarah Keyworth

Yes. And then, chips. You layer it with chips. And then you get rid of the macaroni, and the cheese.

Ed Gamble

So, is it quite saucy?

Sarah Keyworth

Yes.

Ed Gamble

Is there, like, a lot of sauce in it?

Sarah Keyworth

Lots of sauce. You know that macaroni cheese sound?

Ed Gamble

Oh, yes, the squelch.

Sarah Keyworth

It's grim isn't it? And then, also, crispy onions on top.

Ed Gamble

Wow.

James Acaster

Nice.

Ed Gamble

What? Those pre done crispy onions?

Sarah Keyworth

Yes, ideally. I mean, I've never been able to purchase them.

Ed Gamble

Oh, you can get them. I've got a big bag of them in the cupboard. They are delicious. I mean, I can eat handfuls of them.

Sarah Keyworth

Yes. So, you, sort of, mix your bread crumbs with your crispy onions, and do a layer on top. Bake.

Ed Gamble

That's a good tip. That's a really good tip, the crispy onions.

Sarah Keyworth

There's actually a moral victory here, because I added the crispy onions.



Ed Gamble

Oh, then it's yours.

Sarah Keyworth

It's mine. Yes. I've adapted it.

Ed Gamble

Then it's yours, and I'm going to steal that from you, and it's going to taste all the sweeter.

Sarah Keyworth

Take it from me. Have it. Do you know what inspired the crispy onions on the mac and cheese? There's a food van at Underbelly bit of the Edinburgh Fringe Festival called Mac Shack, and they do crispy onions on their mac and cheese. And I had it, and I don't know whether, or not it was the best thing I'd ever eaten, or whether, or not I was so depressed on that particular day of the Edinburgh Fringe. I feel like there's-, food during the Edinburgh Fringe tastes so fucking good because it's one of the few sources of joy.

James Acaster

Yes, I feel everyone has, like, a place that they absolutely-, every comic has a place in Edinburgh that they love eating at so much and sometimes it is, like, the crepe fans at Edinburgh are going nuts every year, me, Dommett, and Nish will go and get a late night crepe, and get really excited about it, and go home eating our crepes.

Sarah Keyworth

Also I think during the Fringe you can feel so physically exhausted at times, that sitting down for a meal, post-show, going for a meal always just felt so good.

James Acaster

Is there any, like, particular meals you remember having at the Edinburgh Fringe that felt like that?

Sarah Keyworth

I'm a big fan of mums in Edinburgh, the sausage and mash, like-,

Ed Gamble

God, that makes me feel old. I remember it being monster mash, of course it used to be called monster mash back in the day.

Sarah Keyworth

And they did the same thing.

Ed Gamble

Same thing, sort of, maybe less wide-ranging menu.

Sarah Keyworth

I thought you were going to say, I remember when she didn't have children.

Ed Gamble

I remember when it was just young girl with the dreams, that's what it was called.

Sarah Keyworth

Briefly, it was called woman who is pregnant.

Ed Gamble

And just before that it was called woman who feels a bit sick but she's not sure why.



Sarah Keyworth

Yes, no, I like Mum's, previously known as Monster Mash because it's such a comfort food, and even says on it, doesn't it, comfort food. And usually it's raining in Edinburgh, and I like sitting in that little, tiny restaurant on a tiny table, and eating sausage and mash, and they give you as much gravy as you want-, sorry, can you hear shouting, by the way?

James Acaster

No.

Ed Gamble

No, we're good.

Sarah Keyworth

There is a puppy in my house and I think she's just woken up so I'm hearing-,

Ed Gamble

I thought your ex's mum had just come over. 'Where the fuck is my mac and cheese?'

James Acaster

Crispy, are you joking? Come down here! Why I ought to! You took the best years of my daughter's life, come down here right now!

Sarah Keyworth

And it's true, my girlfriend's mum was Audrey from Little Shop Of Horrors.

Ed Gamble

There's a good Japanese restaurant just down the road from Mum's, I think it's called Kuyama as well, where I go a lot during the Fringe.

Sarah Keyworth

I like the Italian restaurant, it's quite popular, I can't remember what it's-, Victoria or something.

James Acaster

The one with the pirates? The pirate room?

Sarah Keyworth

No, that's Ciao Roma and I have actually, to talk about Ciao Roma, I am very popular in Ciao Roma actually.

James Acaster

Oh yes?

Sarah Keyworth

I'm good friends with the owner of Ciao Roma, his name's Franco, because I did a show in Ciao Roma probably about, I don't know, three or four years ago now and I think basically what happened was I was one of the only performers who talked to the staff of Ciao Roma and would go in and just engage with them, and ask them how their day was going, and things like that. And also I would flier my own show for two hours before it, and I think he respected the work ethic there, and so we, sort of, we became good friends, and now I go back every year and he treats me like a, sort of, like a mafiosa's son, like I've returned home. I've been there and on occasion walked in and people-, I met a friend there once and there was a big queue outside, and she met me out side and she said there's not tables, they've said no, there's nothing available. And I, in a, sort of, incredibly arrogant move went, 'Leave it with me.' And we were at a table within three minutes, I would say.



Ed Gamble
Amazing.

James Acaster
They bring in, like, a new table out like in Goodfellas especially for you.

Sarah Keyworth
No, they did, it got to a point where I had a table and the table was far too big for the amount of people that I would come with. He would give me, like, an eight person table and there would be, like, four of us. I think this doesn't make any sense. Maybe he was hoping I would invite him to join us or something.

James Acaster
But you didn't.

Sarah Keyworth
But I didn't, I never did, no.

James Acaster
I would love to know your side dish.

Sarah Keyworth
So, I feel at the moment there's a lot of carb.

James Acaster
Probably, yes, more so than we've ever had before.

Sarah Keyworth
Really?

James Acaster
I would say.

Ed Gamble
Yes, I think so, I mean, it's impossible to have more, for example, so maybe we've had someone with the same amount.

James Acaster
You've had a chip butty, some pancakes with some patatas bravas on the side, and-

Ed Gamble
Macaroni cheese.

James Acaster
And the most indulgent macaroni cheese I've ever heard, so yes, and you did a quick shout out to mashed potato, so that's going on.

Sarah Keyworth
I did, didn't I, yes. I don't regret anything I've said by the way, I stand by.

James Acaster
No.

Sarah Keyworth
So is it going to upset you if I had a chip cob on the side?



Ed Gamble

None of this is upsetting at all, you have whatever you like.

Sarah Keyworth

My side dish is some broccoli, tender stem, from a restaurant called Flesh and Bum, and it's, sort of, smoky and barbecued with orange zest on top, and it's the best broccoli I've ever had in my life. I've been known to order two of them, actually, I've-

Ed Gamble

Double up on the broc' you've got to. The broccoli thing, I think, is really grown up when people finally realise that broccoli is actually delicious, and there's ways of doing broccoli that is so nice.

Sarah Keyworth

Why do they hold back tender stem from us as children though?

James Acaster

Good question.

Sarah Keyworth

Why is it that you can have tender stem when you're older but you've got to figure it out on your own.

James Acaster

You've got to earn it.

Ed Gamble

You're right, it's a proper passage of ageing, isn't it, like, you've got to negotiate that, you've got to find tender stem for yourself, it's all the more satisfying.

Sarah Keyworth

It's a secret that they keep from us and it fucks me off. It's like sex but they have that conversation with us when they get to a point.

Ed Gamble

I'm glad that's held back.

James Acaster

Yes, I wouldn't have been ready for that.

Sarah Keyworth

But people sit you down and they tell you about it, they explain that to you, but nobody is this, 'Today's the day for the tender stem broccoli chat.'

James Acaster

Right, okay, I see what you think, okay.

Ed Gamble

Right, I see what you mean. I thought you were saying that they should let children have sex.

Sarah Keyworth

No, no.



James Acaster

Yes, I thought you were saying that they're holding tender stem broccoli back from us just like they do with sex, and I was like, 'What the fuck, Keyworth? What are you talking about?'

Ed Gamble

With the tender stem broccoli I went on Saturday Kitchen recently, BBC1 flagship cooking show on a Saturday morning, and Matt Tebbutt, the host, did tender stem broccoli and charred it, and I've never known properly how to do this, and I think I've done it about three times a week since. All it is is just a super hot griddle pan, put the broccoli in, and then put a heavy pan on top of it for, like, three minutes, flip it for another two minutes, put the pan back on, and then you've got, like, charred, perfectly cooked broccoli, it's amazing.

Sarah Keyworth

As in, like, weighting it down, like?

Ed Gamble

Yes, weighting it, like pushing it right down so you're properly charring it.

Sarah Keyworth

Oh, interesting.

James Acaster

Keyworth, do you think that Ed has stolen that recipe from that man?

Sarah Keyworth

Of course, and he's confessing on this podcast.

James Acaster

Yes.

Ed Gamble

You know you can put crispy onions on it as well?

Sarah Keyworth

Do you know what, I feel like they do something like that in this broccoli that I'm talking about, it's been so long, this is also the thing when I was, sort of, trying to think about what I was going to say. I was thinking, what restaurants have I been to? What food have I had that's been absolutely amazing, and it's been so long since I've done that that I've had to resort to serving chip cobs and a mac and cheese.

James Acaster

Let's see, this will be impressive, let's see if you can get carbs in to your drink.

Sarah Keyworth

Is wine a carb? No. Could it be?

Ed Gamble

No, wine is not, wine is not a carb.

Sarah Keyworth

Doesn't matter because I'm having red wine soaked chips. My drink is a bottle of red wine that, for some reason, probably about eight years ago, my entire extended family got completely obsessed with, probably because it was, sort of, reasonably affordable and tasty, and so now-, there's probably better wine out there but there's a, sort of, weird loyalty to that, it's almost like we own the



vineyard or something, but we don't. So there's no, sort of, financial benefit to it. So, and it's a classic white, it's relatively basic, I'm building it up, and it is a Campo Viejo.

James Acaster

Campo Viejo.

Sarah Keyworth

That's what I'm having.

Ed Gamble

It's a huge name.

Sarah Keyworth

It's a great name, it's well known, and there's a reason for it. They do a good job. They do what they do and they do it well.

James Acaster

I think I'm familiar with it.

Ed Gamble

You'd recognise the label, you'd recognise the label.

Sarah Keyworth

You'd absolutely know, yes. The original flavour is a yellow label.

James Acaster

Right, yes, I know what you're talking about.

Ed Gamble

They've strayed outside the original flavour, have they? What else have they added?

Sarah Keyworth

Well, they have, like, they have a ground reserver and, you know, they-,

Ed Gamble

Cookies and cream.

Sarah Keyworth

Yes, cookies and cream. They're doing what Walker's crisps are doing at the moment and doing a KFC flavour.

Ed Gamble

Take us through it, do you have tasting notes for the Campo Viejo? You've had it so much, can you-, because I don't-, I love win but what I've started doing recently is, and James will hate me for this, is I use the Vevino app, and I taste the wine, and I try and work out what I can taste in it, and I write it down. Then I check the tasting notes on the Vevino app to see if I got any of them right.

James Acaster

I actually don't hate that at all, I actually like that quite a lot. That makes me, you know, think, oh, actually pretty cool.

Sarah Keyworth

It's great.



Ed Gamble

Sarah, I can tell that I completely agree with you on this and that we'd get on well having a lovely old drink when you said 'I'd like a bottle of red wine, please.' There was no, 'I'll have a wine.' You're straight in with the-, are you a whole bottle person?

Sarah Keyworth

Yes, no, I am. And actually I feel slightly exposed now because I wasn't even asking for a bottle of Campo Viejo thinking that that would be my only bottle. I, sort of, expected that to be a, sort of, keep the coming situation.

Ed Gamble

We'll keep the bottles coming, for sure. Magnums, we'll bring you Magnums.

Sarah Keyworth

I love going out for dinner and drinking shit loads of wine, I just think it's a very enjoyable experience.

James Acaster

So, do you want me to start bringing these wines out immediately?

Sarah Keyworth

Yes.

James Acaster

With the chip cob and stuff.

Sarah Keyworth

Oh, yes, no, I want it from the start, I don't want to wait. I want to be handed a bottle on-entry, is that worthy of a pastel?

James Acaster

Anything with the term on-entry has to be, surely.

Sarah Keyworth

I feel like-, I'm going to think about that now every time I say something vaguely euphemistic, I'm going to think, that would be a pastel, wouldn't it?

Ed Gamble

You're going to think of you dad dropping a fruit pastel in to a golf ball bucket.

Sarah Keyworth

It will ruin my sex life for the rest of my life.

Ed Gamble

Yes, it really is. Sarah, were you okay during-, you seemed a bit distant, thinking about my dad dropping a fruit pastel in to a golf ball bucket.

Sarah Keyworth

Then one day I'll see my dad actually dropping a fruit pastel in to a bucket and I'll feel weird about it.

Ed Gamble

Does the Campo Viejo go with your dessert, Sarah Keyworth?

Sarah Keyworth

Okay, so, I'm not much of a sweet-toothed person, to be honest. b



Ed Gamble

Here we go, yes.

James Acaster

What about the buckets of fruit pastels you've been guzzling your entire life?

Sarah Keyworth

I was a child, James, I was a child and I was being trained in to being a lesbian. The moment I became a lesbian I lost my sweet tooth, that's how it worked.

James Acaster

That's not how it works.

Ed Gamble

We love to hear it on the off-menu podcast when someone says they don't really have a sweet tooth because they're not a child anymore, that's correct.

James Acaster

We don't love to hear it.

Sarah Keyworth

I knew this would get you riled up, so, I don't want a dessert.

James Acaster

Are you fucking kidding me?

Ed Gamble

He was so lulled, you've lulled him in to the perfect sense of false security-, false sense of security.

Sarah Keyworth

I can see that James is sat up on his seat, actually it's not like a normal sit up, it's almost, it's close to a fetal position.

Ed Gamble

Yes, he's proper Gollum-ing it.

Sarah Keyworth

I don't want a dessert, thanks. I'd have a mouthful of someone else's.

James Acaster

What are you on about?

Ed Gamble

That's great, that's the first time we've had a mouthful of someone else's dessert. Does it matter what it is?

Sarah Keyworth

Not really, I'll have a mouthful of someone else's.

James Acaster

I'm genuinely upset, I'm upset, I'm not even angry.



Sarah Keyworth

I agree with you, I'm the worst kind of person because I'm sat with someone, they order a dessert, they're excited to have it, then suddenly my eyes get a bit beady.

Ed Gamble

Yes.

Sarah Keyworth

But I didn't want a full dessert. I've had it before where people have gone, 'Oh, why don't we get two and we'll share them?' Leave me alone, I've just had five chip cobs, you know?

Ed Gamble

Yes, you are full, to be fair to you, you are full. Are you going to ask-, do you ask the waiter for another spoon when you have a mouthful or is it, like, more of an instinctive thing?

Sarah Keyworth

No, I just go in with two fingers.

Ed Gamble

That's a grab bag of pastels there.

James Acaster

Yes, there you go.

Ed Gamble

So, that's what I like about this, is it doesn't matter what it is, it just has to be someone else's and you only want a mouthful of it.

Sarah Keyworth

Yes, and that's the thing about dessert more than any other dish that you have during a meal, is that if somebody has a dessert and you don't, they will always feel obliged to say, 'Do you want to try it?'

Ed Gamble

Well, you've never had dinner with James Acaster, we know that.

James Acaster

Yes, not on my watch, I'm not offering you any of mine, forget about it.

Sarah Keyworth

I'm going to trap you in to a meal one day, James.

James Acaster

If I've got a lovely dessert.

Sarah Keyworth

I don't know how I'm going to do it.

James Acaster

How can you be trapped in to a meal?

Sarah Keyworth

I don't know.

James Acaster

There's absolutely no way you're getting anywhere near my dessert.



Sarah Keyworth

I'm going to do it.

Ed Gamble

James, how are you feeling, mate?

James Acaster

Bad, this feels bad. I haven't had anyone completely pass on it before, I've had awful people say cheese and biscuits, or Pizza Hut buffet, or more poutine. I've never had someone go-

Sarah Keyworth

Sorry, wait, that was a dessert? Because I would've-

Ed Gamble

More poutine, yes.

James Acaster

Yes.

Sarah Keyworth

I would've had that. That's potatoes, isn't it?

James Acaster

No, I don't want to put that in your head. I do not want to put that in your head, but yes, you would absolutely love that.

Sarah Keyworth

I'd be all over that. I'd have a second round of patatas bravas, to be honest.

Ed Gamble

What I really like about this dessert as well, if we look back at your main course, which was-, you'd stolen mac and cheese and you said it was stolen because someone else gave you a recipe, and this is, you're literally taking it off someone else's plate and you've not called it stolen.

Sarah Keyworth

No, I don't think this is stolen, they offered.

James Acaster

This doesn't feel good, I don't understand, I don't understand how you would rather have nothing than dessert, like, you wouldn't just want some-, there's not, like, a dessert that is, like, your favourite dessert you've ever had, there's not one?

Sarah Keyworth

I'll tell you what I would have, James, if everyone else is having a dessert and they're looking at me, like, oh, it's uncomfortable that you're not having anything, what are you going to do? I would have an espresso Martini.

James Acaster

It's better than nothing.

Sarah Keyworth

Yes.



Ed Gamble

No, that's not your answer, your answer is a mouthful of someone else's dessert.

Sarah Keyworth

No, it's not, I stand by what I said, I'm just saying, if I was pushed, I'd have an espresso Martini. Feels like a bit of a dessert because it comes in one of those nice, little dessert glasses otherwise known as Martini glasses.

James Acaster

You'd have a cocktail but you wouldn't-, there's no ice creams, cakes, gateaus, there's nothing?

Sarah Keyworth

You're not going to break me, James, you're not going to break me.

Ed Gamble

But think about what Sarah's done, is yes, there are ice creams, there are gateaus, there are trifles, there's all of that available if someone else orders it and she can have a mouthful of it.

Sarah Keyworth

It feels like a waste to get a whole thing because I won't eat it all.

Ed Gamble

There we go, I think it's a great answer, well done you.

James Acaster

It's not a great answer, you don't think it's a great answer.

Ed Gamble

I do think it's a great answer, well done you.

Sarah Keyworth

I'm proud of myself.

Ed Gamble

Let's read the order back please.

James Acaster

The thing is, I really-, it's weird because at the minute I'm in a little bit of a, like, I didn't get much sleep last night because I ate too much chocolate brownie bites before I went and my heart was going like jack rabbit, and I couldn't fall asleep, so it's a bit difficult to now defend, you know, really try and put my case forward against Keyworth on this because, like, not only do I not have the energy because I was up all night but also-,

Sarah Keyworth

I don't want something raising my heart rate which is why I'll stick with my espresso Martini, thank you.

James Acaster

Yes, I mean, it is heart breaking. How does someone-, I don't understand it.

Sarah Keyworth

I like that we're ending this-, because we started it with you saying, 'I've never seen you eat.'

James Acaster

Yes.



Sarah Keyworth

And I like that actually we've ended it with you not ever wanting to see me eat.

James Acaster

No. I don't know how good I had it. I want to get some tear tattoos and they're all made of, like, double-fat cream.

Ed Gamble

Melted ice cream.

James Acaster

Melted ice cream tears.

Ed Gamble

Tears with chunks in.

James Acaster

I want to move on and read the menu but I also want to, like, lay in to this more, but like, I don't think I have anything. I'm genuinely bereft here.

Sarah Keyworth

Have I left you speechless?

James Acaster

Well, yes, I don't understand.

Sarah Keyworth

What you have to understand is, the thing is, if I'm having a meal with my dad, which I often am, you know he's got a fruit pastille.

James Acaster

I would hope so.

Sarah Keyworth

So what am I going to do? Have a dessert then have a pastille?

James Acaster

You've earned a lot of fruit pastilles this episode. This is like reading a book when I know I hate the ending. It's really difficult, really difficult.

Ed Gamble

Like reading *The Boy in the Striped Pyjamas*.

Sarah Keyworth

Yes.

James Acaster

Like reading *The Boy in the Striped Pyjamas*.

Sarah Keyworth

I think that is so harsh.



James Acaster

Thanks for ruining that book for me, Ed, I didn't know that book ended with him not having dessert. Haven't even read that. At the end, he doesn't get any pudding.

Sarah Keyworth

He just has a bite of someone else's.

James Acaster

Here we go. Water, still and sparkling. Poppadoms or bread, a chip cob. Starter, crispy duck pancakes plus some tapas dishes, the triple-cooked patatas bravas, and chilli and ginger-glazed cauliflower. Main course, stolen mac and cheese with crispy onions. Side dish, tender stem broccoli with orange from Flesh and Bum. Drink, Campo Viejo red wine, a whole bottle but keep them coming throughout the whole meal. And desert is a mouthful of someone else's. I can't believe what I'm reading.

Sarah Keyworth

I'm going to clip you saying a mouthful of someone else's then have it as my ringtone. The resentment is delicious. I would have that for my dessert.

James Acaster

That's a fruit pastel if ever I saw one, saying a mouthful of someone else's every single time.

Ed Gamble

Sarah Keyworth, thank you very much for coming to the dream restaurant and thank you for, I mean, you seem to have basically murdered James Acaster's soul, which-

Sarah Keyworth

I've broken the genie.

Ed Gamble

You've absolutely broken the genie.

James Acaster

I don't know if I'm coming back, I don't know if I'm going to be on this podcast again. This might be my last one.

Ed Gamble

You know what, you deserved it for that awful welcome you gave Sarah and now she's left you genuinely feeling like that, you're never going to be able to puff out your lamp ever again.

James Acaster

This is Benito's fault, he didn't say, 'Enjoy your meal.' And now look at me, I quit.

Ed Gamble

Well, there we go, thanks very much, Sarah.

Sarah Keyworth

I guess I'm the new genie now.

James Acaster

You're the new genie now, I'm handing it over to you.

Sarah Keyworth

That's the rule, isn't it, with genies? The genie that makes the genie quite becomes the new genie.



James Acaster

Yes.

Ed Gamble

Yes.

James Acaster

You become the new genie. I really want to commit to that now and actually do it, that would be fun. Watch me stop doing the podcast and Keyworth was the new genie, they go, 'Woah, they really went with the bit.'

Sarah Keyworth

And we do it but we don't tell anyone it's happened.

James Acaster

Yes, and every new guest who's on, when it gets to the dessert, they say their dessert and you always go, 'Can I have a mouthful of that?' Ed, I've done this podcast for a long time, I would like to my farewell speech now I'm not coming back.

Sarah Keyworth

Okay.

Ed Gamble

Alright, Benito's absolutely-, I mean, I think we've been going for an hour and 40 now, Benito's now tearing his hair out going, 'How am I going to edit this?' And now James is just going, 'And now I'd like to do my farewell speech please!'

James Acaster

I'd like to thank the great Benito for all of his time and patience over the years even though he's a little squirt. I would also like to thank Ed Gamble who has been the perfect maitre d, and sure, we haven't always seen eye to eye but I feel like he still understands me on some level, at least a culinary level, and thanks to all the guests who have ever been on the podcast, apologies to Jayde Adams who got kicked out, deservedly so, and big shout out to Joel Dommett who, I believe, I'll be joining in some sort of recovery clinic after I've come off of this. Keyworth, I'm sure you're going to be an excellent genie now I'm gone. Enjoy. Enjoy being on Off Menu, Keyworth.

Sarah Keyworth

I'm moved, that was great.

Ed Gamble

Well, there we go, James. A mouthful of someone else's.

James Acaster

Ed.

Ed Gamble

That's one of those great situations where obviously I don't agree with her, I think that's an awful choice of dessert because you're missing out on a whole course but I disagreed just to make you angry.

James Acaster

It actually makes me feel better to hear you say that.



Ed Gamble

Yes, of course not a mouthful of someone else's, what's better for you, someone saying cheese or someone saying a mouthful of someone else's dessert?

James Acaster

Very difficult, do you know what, I think cheese boards make me angrier because I'm opposed to them, but this makes me sadder, I feel sad.

Ed Gamble

What about if someone said they'd like a mouthful of someone else's cheese?

James Acaster

Oh dear, well, then I'd be sad and angry at the same time, I wouldn't-, I mean, it would be awful.

Ed Gamble

You'd be sangry.

James Acaster

Yes, I would go on a rampage, I think. It would be pretty. I mean, Keyworth's now absolutely cemented herself in to future redemption dinner party episode.

Ed Gamble

Yes, that's true. Maybe she-, because obviously people know now, maybe they're doing it deliberately so they get another ep. It's like-,

James Acaster

Try and get rebooked.

Ed Gamble

It's like desperately trying to win Taskmaster so you get to do champion of champions.

James Acaster

Yes, you were very clever with that actually.

Ed Gamble

I've been the best. But we enjoyed having Sarah in the restaurant all the same.

James Acaster

Yes, it was nice, it was a lovely chat. Just so sad at the end, you know, it's like watching a lovely film and then, I mean, I've already done this analogy.

Ed Gamble

Yes, you've done that riff. But all the same, even though she made James sad, do check out Sarah's social media accounts, she is @sarahkcomedy on Twitter, @sarah_keyworth on Instagram, and check out her website, sarahkeyworth.co.uk. Maybe even, James, when this episode is going out there might even be gigs planned, there might be events in the future featuring Sarah that you might want to go to so just go and check out her website, etc., for that.

James Acaster

Absolutely, oh, yes, and if you are listening to us in those times, tell us what it's like.

Ed Gamble

How are they going to do that?



James Acaster

Huh?

Ed Gamble

How are they going to do that?

James Acaster

I'm here, I'm all ears.

Ed Gamble

He is all ears, he looks very weird.

James Acaster

Have you drunk some more of that coffee, become your dad again? Well, at least she didn't say chocolate liquors, I mean, she said no dessert and that upset me. I was glad at least, at least if she'd gone for chocolate liquors as dessert it would have been even worse than a mouthful of someone else's.

Ed Gamble

Correct.

James Acaster

Actually technically she said a mouthful of what any-, it doesn't even matter what it is. Whatever anyone's got, so that could include chocolate liquors actually.

Ed Gamble

It's rare to be in a restaurant and someone has a plate of chocolate liquors as their dessert.

James Acaster

Well, I wish I had thought of that. She had made me so upset, I should have said, 'What if they were eating chocolate liquors? Do you want a mouthful of that?' And if she had gone, 'Yes.' I would have gone, 'Get out the restaurant! Go and join Jayde Adams in prison, she's your bunk mate.'

Ed Gamble

Check out our social media accounts as well on Instagram and Twitter, we're on there, you can find us.

James Acaster

@jimmyacaster

Ed Gamble

No, @offmenuofficial

James Acaster

Oh, yes.

Ed Gamble

What's our website, James?

James Acaster

offmenupodcast.co.uk?

Ed Gamble

Yay! He's plugged the website, thank you very much, what a way to finish. Was there something else you wanted to plug there, James?



James Acaster

I want to say thank you to Hackney Gelato who sent me a load of gelato because they know that I love ice cream, really appreciate it, I don't think they knew that I was already a fan of their so absolutely chumps for sending me loads of free stuff, thanks guys, I think they thought, we'll introduce them to our flavours, I already loved it, the butterscotch one is, like, just sublime, best butterscotch ice cream out there in my humble opinion, and my friend had texted me the day before telling me how much he loves the peanut butter one, and then the next day I got this email from them saying, 'Do you want some free ice cream?' So I sent a screen grab of the email, then I sent him a screen grab of the ice cream when it was in my freezer drawer, and now he's not my friend.

Ed Gamble

Speaking of peanut butter, actually shout out to the good people at ManiLife peanut butter who I gave a shout out to on the May Martin episode, it's my favourite peanut butter. A man called Stew who runs ManiLife was like, 'Hey, we're doing a crossover with a restaurant soon, and we're just sorting out the recipes, can I send you some dishes that we're coming up with?' And they're doing a collab with Le Bab, who are a kebab restaurant in the centre of London, and I had an amazing chicken kebab with, like, peanut butter and a broccoli with tahini peanut butter dressing, and an amazing aubergine ceviche with peanut butter as well. It was an incredible meal, James.

James Acaster

That sounds so good.

Ed Gamble

I'm not kidding, he also sent me too much peanut butter.

James Acaster

Good on him, and I don't know if we've mentioned before but the, I mean, I can't even remember what the brand is so there's probably no point shouting this out but I got sent loads of free marmalade because we called Diane Morgan a shred-head.

Ed Gamble

Well, one of their PR just had a heart attack.

James Acaster

Yes, yes. You know, thanks for that.

Ed Gamble

Shout out to marmalade.

James Acaster

Shout out to marmalade.

Ed Gamble

But thanks very much for listening, hit us up on the socials. Don't do that, that sounds awful, just follow us if you want. Thank you, bye.

James Acaster

Goodbye.