



Off Menu – Ep131– Sarah Kendall (Christmas Special)

Ed Gamble

Welcome to the Off Menu podcast, splitting open the bag of the internet, laying out the crisps of conversation, and all eating the crisps.

James Acaster

Well, do you know what, that started at the stop, splitting open the bag of the internet, I thought this isn't going to work, opening the crisps, it's another thing about where you share the crisps, that's really good, and then the worst one ever at the end, then eating the crisps. Didn't even try at the end.

Ed Gamble

We all like crisps.

James Acaster

That's weird because yes, we do all like crisps, Rosie Jones loves crisps, she would love to have done that.

Ed Gamble

Yes, I like crisps.

James Acaster

So, maybe she'll enjoy that intro from you, Edward Gamble.

Ed Gamble

Yes, look, sometimes we record the intro after the episode, today we're recording it before the episode and Bonito sprung this on us because you've got to leave, James, so.

James Acaster

Yes, I've got to go and get my booster.

Ed Gamble

So, that bad intro was your fault for getting your booster.

James Acaster

Yes, it was my fault, James Acaster here accepting full responsibility, this is the Off Menu podcast Christmas special where we invite a guest into the Dream Restaurant and we ask them their favourite ever starter, main course, dessert, side dish and drink, maybe we'll even ask some of their Christmas menu as a little bonus. And this week our guest is-

Ed Gamble

Merry Christmas, Sarah Kendall.

James Acaster

Sarah Kendall.

Ed Gamble

Sarah Kendall is a wonderful comedian.



James Acaster

She, like a lot of squares, won Taskmaster, that's, you know, usually a sign that you've not been the best on it.

Ed Gamble

The coolest dudes win Taskmaster. Sarah Kendall, therefore, is a cool dude. She is a brilliant comedian, brilliant writer James.

James Acaster

She just does so much.

Ed Gamble

She's got a wonderful sitcom called Frayed, she does incredible Radio Four shows, she's great.

James Acaster

Sarah Kendall is the bomb, but listen, if Sarah Kendall says the secret ingredient, and ingredient that we don't like maybe or maybe we just think it's not suitable for a meal, we will kick her out of the dream restaurant.

Ed Gamble

Yes, we will, and today's secret ingredient is Kendal Mint Cake.

James Acaster

Kendal Mint Cake.

Ed Gamble

Kendal Mint Cake, that little thing that walkers eat, it seems to be people on big hikes that eat that.

James Acaster

Yes, now, obviously, the listeners are probably thinking, 'There's no way James doesn't like Kendal Mint Cake.'

Ed Gamble

Of course you like Kendal Mint Cake.

James Acaster

Sure, as a kid it was the main motivator for anything.

Ed Gamble

Anything?

James Acaster

Yes, well, to begin with, it was just, like, if my parents took us on a walk in the Lake District it was like they'll get some Kendal Mint Cake and be like, 'Look, if you get to that next marker,' or whatever, 'Get to that point, you get some Kendal Mint Cake,' and it was a motivator. And then just throughout life it just became my dad would always have some Kendal Mint Cake in his pocket.

Ed Gamble

Always?

James Acaster

Always, and would be like, 'If you can tidy your bed, you get some Kendal Mint Cake, if you turn the TV off and come to the dinner table, you get some Kendal Mint Cake after.'



Ed Gamble

If you come and eat your dinner, you'll have Kendal Mint Cake.

James Acaster

Yes, 'If you tidy the room,' yes, it was all just, like, you know, Kendal Mint Cake, 'Do your homework, you get some Kendal Mint Cake,' and that's still to this day, that's what happens.

Ed Gamble

So, why is it the secret ingredient?

James Acaster

Because her surname is Kendall.

Ed Gamble

But you like it.

James Acaster

I love it, it's the best thing ever, but listen, you know, her surname is Kendall. Even though I love it, I wouldn't put it as a meal, it's a reward for eating your meal.

Ed Gamble

Right, so even though you love it and it's still a motivating factor in you tidying your room-,

James Acaster

Yes, it's just for everything really, pay your taxes, get some Kendal Mint Cake.

Ed Gamble

It's solid sugar, isn't it, I don't think I've ever really eaten-, I think I've had it once before.

James Acaster

It's solid sugar held together by liquid sugar that then solidifies and then sometimes they cover it in chocolate, that's my favourite Kendal Mint Cake.

Ed Gamble

Yes, no way.

James Acaster

Yes, when they covered it in chocolate. You've got a brown sugar one, a white sugar one, and a chocolate-covered one, and that was the best, that was the one my dad would just always buy and use for motivators for everybody.

Ed Gamble

So, even though you love it and it was used throughout your childhood to motivate you to do tasks, you still want it to be the secret ingredient.

James Acaster

Just because her surname is Kendall and because I don't think it's suitable for a meal.

Ed Gamble

Fine, okay. Well, if she says that, she's out and so are you, that's the rules.

James Acaster

That's fair enough, I think that's fair enough, I stand by it so much that I should be kicked out, and then you have to do this and Bonito will take my place.



Ed Gamble

James, we have got our own pizza available at Yard Sale.

James Acaster

We do, Off Menu Christmas pizza, pigs in blankets are the star of the show, Brussels sprouts, crispy Brussels sprouts are on there, cranberry sauce.

Ed Gamble

Crispy sage leaves.

James Acaster

Sage leaves.

Ed Gamble

Delicious. I had it last night, James, it was absolutely fantastic.

James Acaster

Very good.

Ed Gamble

And also, Yard Sale, as part of that, has put on a special eighteen-inch garlic bread with Marmite and cheese because that was my dream bread on our episode 100.

James Acaster

It was.

Ed Gamble

So, those two things are available at Yard Sale Pizza locations now until 1st January. So, go and buy it, every pizza sold, £1 goes to FareShare, a wonderful charity.

James Acaster

Yes, also did a little collab with Percival clothing company, we've got t-shirts, jumpers, the occasional hoodie, why not, with lovely embroidery of it says Off Menu, there might be, like, some pizzas in there, there might be some ice cream, you never know what you're going to-, well, you will know what you're going to get because you'll select it.

Ed Gamble

Yes, you'll go on the website, you can go on offmenupodcast.co.uk or go to percivalclo.com and that's all available now, we're very happy with it, very proud of it, we want to see people wearing it in the wild.

James Acaster

I want to see people wearing an Off Menu Percival collab t-shirt while eating an Off Menu Yard Sale pizza, walking down the street being ultimate Off Menu, and you can shout ultimate Off Menu at the top of your voice if you do those things.

Ed Gamble

Yes, and much, much respect to you if you do that, but now, let's hear the Off Menu menu of Sarah Kendall.

James Acaster

Sarah Kendall Mint Cake.

Ed Gamble

Merry Christmas, Merry Christmas. Welcome, Sarah, to the Dream Restaurant.



Sarah Kendall

Thank you so much. Oh my lord.

James Acaster

Welcome, Sarah Kendall, to the Dream Restaurant, we've been expecting you for some time.

Sarah Kendall

Yes, I booked in advance, I did, I knew how hard it was to get in on your celebrity guest list, so.

James Acaster

Do you like booking in advance, do you do that in general?

Sarah Kendall

Never, I'm one of those let's just turn up and see what happens, and what generally happens is you end up in a restaurant you don't want to be in because all the clever people have booked into the good place, yes. I'm not an organiser, I'm always with people who are good organisers.

James Acaster

You're definitely not an organiser because before we even started this, you turned up and Bonito offered you a coffee and you said, 'No because I just drank half a coffee, put it on the floor, and then the wind blew it away.'

Sarah Kendall

That's not me though, that's, like, an irregular weather pattern.

Ed Gamble

I don't think you can blame the wind for Sarah's lack of organisation.

James Acaster

It doesn't sound very organised, I mean, there's putting coffees on the floor willy nilly, losing them and then-

Ed Gamble

That's true, perhaps the placement of the coffee was not well organised.

Sarah Kendall

No, that wasn't.

Ed Gamble

I was going to back you up there, Sarah, but you've got a really good point.

Sarah Kendall

I was merely trying to be on time and I was checking my Google maps, I put my coffee down and I kind of felt-, and this is no offence to you, Ben, but I kind of felt that if I rely on good coffee at the podcast it's probably not going to happen, I need to sort my shit before I get there, look after yourself and be a responsible adult, and then look what happened.

Ed Gamble

You were right to do that.

Sarah Kendall

Thank you.



Ed Gamble

You're picky about coffee you were telling us before.

Sarah Kendall

Yes, I am, but as I also said before, I was a smoker and I think when I stopped smoking, although when I'm drunk I'll have one or two, but the habitual smoking thing, I kind of had to put that addiction into-, I had to fixate on another thing, and I drink about six or seven shots of espresso a day.

Ed Gamble

What?

Sarah Kendall

Yes.

James Acaster

You just had a go at me before we started this because I'm having a coffee before-,

Sarah Kendall

No, you were having a sausage bap and a coke.

James Acaster

I have a sausage bap and a diet coke before midday, you were like, 'What are you doing yourself, what the fuck is that.'

Sarah Kendall

That's not how I talk, that is not, okay, James, like, if you're going to bring that shit.

James Acaster

That's quite good.

Ed Gamble

That was quite good actually, yes.

Sarah Kendall

It's wasn't bad.

James Acaster

I don't think anyone would slag you-, I think if you did that.

Sarah Kendall

Yes, I also do Katie Hepburn, that's the only impression I can do. Do you want a bit?

Ed Gamble

Yes.

Sarah Kendall

I'll tell you something for nothing Spencer, eyes are real diamond. That's about-, I can't think of anything else that she might say. I was going up a cliff face, I had my paints in my backpack.

Ed Gamble

Okay, would it be a good time to tell you I don't know how that is?

Sarah Kendall

You don't know who Katharine Hepburn is?



Ed Gamble

You said Katie.

Sarah Kendall

Yes.

Ed Gamble

Yes, that threw me.

Sarah Kendall

You knew, you could have just Katharined a Katie.

Ed Gamble

I didn't know you knew her.

Sarah Kendall

It's like saying Hank Fonda, you don't know who Hank Fonda is, can you work around that?

Ed Gamble

Henry Fonda.

Sarah Kendall

You're good at this.

James Acaster

Can you do Katie Hepburn telling the story of putting her coffee down and the wind blowing it away?

Sarah Kendall

There I was, near Monmouth Street, I got my coffee, I've always been on time, I mean.

James Acaster

Come on.

Ed Gamble

Come on, we want to hear the full story, Sarah.

Sarah Kendall

Okay, I was filming with Frank Capra at the time, we were doing a marvellous film. Do I have to keep going?

Ed Gamble

Yes.

James Acaster

Yes. Well, you're the one (inaudible 08.54) action here, all you need to say is about the coffee blowing away, but you keep on adding different tales and then asking us if you have to carry on.

Sarah Kendall

I know, but I thought that's what this was, I mean, I didn't know you wanted me to just come in, place an order and leave, I thought we were meant to shoot the shit just a little bit, or I can place my order and go.

James Acaster

No.



Sarah Kendall

That would be such a great podcast if you just-,

James Acaster

Well, Dan Aykroyd did that.

Ed Gamble

Well, Dan Aykroyd did that on our podcast and people liked it a lot, yes.

Sarah Kendall

No, did he? He just placed his order and left.

Ed Gamble

Yes, just ruffled off his whole menu and then tried to leave after twenty minutes and we had to keep him talking, and the only way we could keep him talking was by asking him questions about his vodka.

Sarah Kendall

Or his UFOs.

Ed Gamble

No, we didn't even get on to UFOs sadly.

James Acaster

No, we should have done that.

Sarah Kendall: Yes, so I read this thing in Vanity Fair, apparently, the first draft of The Blues Brothers was, like, 290 pages, and there was a whole alien abduction sequence where was like, 'We have to cut this down,' and apparently this was a - Dan Aykroyd was going to die and, 'We cannot lose a page of this.' 290 pages.

James Acaster

Wow.

Ed Gamble

Wow.

Sarah Kendall

Yes, anyway, what are we talking about?

Ed Gamble

You were finishing off the story you were doing.

Sarah Kendall

There I was, a flat white as we called it, Carry Grant was waiting for me, we had a leopard on set.

James Acaster

It's getting a bit Brucey, it's getting a bit Bruce Forsyth.

Sarah Kendall

Stop me, will you fucking stop me.

James Acaster

It's getting a little bit Brucey.



Ed Gamble

So, you have flat white?

Sarah Kendall

I am a flat white, I love a flat white.

Ed Gamble

I just think people who are very picky about coffee and then have a flat white seems like a bit of a-

Sarah Kendall

Yes, but do you know how I order it?

Ed Gamble

Go on then.

Sarah Kendall

I'm six-ounce oat milk flat white, so I've already been a bit of a prick about it, I'm not just going to say flat white, I don't like eight-ounce, I like six-ounce, I don't like it milky, and I like the flat white because it's automatically-

Ed Gamble

If you don't like it milky, you should try a black coffee.

Sarah Kendall

Okay.

Ed Gamble

Is that me?

Sarah Kendall

Yes, that's you.

James Acaster

Easily my favourite person to wind up is Sarah Kendall, I love it.

Sarah Kendall

No, I get so fucking-, I get really-,

James Acaster

I enjoy it a lot.

Sarah Kendall

I know, I've got a short fuse, yes, I'm an angry little man. Hold on, you've thrown me off what I was talking about, yes.

Ed Gamble

Six-ounce flat white.

Sarah Kendall

Yes, but a flat white is a double shot, see, often with cappuccinos it can be a one-shot affair, but if you get a flat white, you should be getting a-, if you want to be a real cunt about it, you get a ristretto, and a ristretto is when they don't do the beginning of the pour or the end of the pour, you just get the middle of the pour. So, you get a little bit of the bitterness, sort of, taken out.

James Acaster



What's going on there, they're pouring it, they're letting it pour for a bit and then they just, like, shove it under midway.

Sarah Kendall

Yes, that's it, that's it.

James Acaster

And then back again.

Sarah Kendall

You got it.

James Acaster

Don't you get it all over the sides?

Sarah Kendall

Yes, look how good you are, that's exactly-, you move fast enough.

James Acaster

Then you get coffee all over the sides.

Sarah Kendall

If you move fast, you've got to move fast.

James Acaster

Like the wind.

Sarah Kendall

You've got 30 people waiting, what do you think this is?

James Acaster

Yes, what do I think it is?

Sarah Kendall

I don't know, I can't think of a thing where you have to wait, what's a thing where you have to wait.

Ed Gamble

A queue?

James Acaster

A queue?

Sarah Kendall

No, because queues can move quickly. What do you think this is? The NHS hotline? Political. I don't mind.

James Acaster

I think we had to wait longer for you to come up with that. We always start on the-, sorry.

Ed Gamble

Off Menu podcast.

James Acaster

I've forgotten the name.



Sarah Kendall

The sausage, the fatty tissue from the sausage bap has gone to your brain, it's coated the arteries.

James Acaster

My brain is full of bap.

Sarah Kendall

That's it, you've got bap brain.

James Acaster

I've got a bap brain.

Ed Gamble

You're really angry about James' bap.

James Acaster

You're so angry about it.

Sarah Kendall

I wasn't angry.

James Acaster

What are you eating that for? That's a fucking bap, you're not going eat that bap.

Ed Gamble

Hang on what's that?

James Acaster

Kendall's voice.

Ed Gamble

Well, you sounded like a small boy in Chicago announcing the news.

Sarah Kendall

Yes, it's 1920s prohibition.

James Acaster

James Acaster has a bap.

Sarah Kendall

What I said was that's a meaty breakfast. I didn't give you a hard time about it. I noticed, I did notice and I made a point, I made everyone look at your breakfast.

James Acaster

Well, you see, it's not going away, it's not going away.

Sarah Kendall

No, it's not.

Ed Gamble

You seem less bothered about my breakfast.

Sarah Kendall

Well, at least you had a bit of egg in there, I mean, you made an attempt at-



Ed Gamble

Bacon and egg.

Sarah Kendall

Yes, that's classic.

James Acaster

Egg Gamble.

Sarah Kendall

Nice, beautiful. Look at that, I thought you weren't giggling at the moment.

Ed Gamble

James Bapcaster.

Sarah Kendall

It's good stuff.

James Acaster

It's weird, isn't it?

Sarah Kendall

Jesus. Sarah Kendall. Is that the game?

Ed Gamble

Yes, just say your name, yes.

James Acaster

Still or sparkling water, Sarah Kendall, at the start of your meal?

Sarah Kendall

Sparkling, I'll go sparkling, please.

James Acaster

Yes?

Sarah Kendall

Yes. Even though apparently it can yellow your teeth.

James Acaster

Really?

Sarah Kendall

Yes, did you know that too or are you just agreeing?

Ed Gamble

I've heard it can do something to your teeth, like, the bubbles take something off.

Sarah Kendall

Yes, which is a shame because I got a soda stream and I drink, like, 800 millilitres of it every day, I love it.

Ed Gamble

Would you kick off with it in the morning?



Sarah Kendall

Yes, I do.

Ed Gamble

Yes?

Sarah Kendall

Yes, especially if I'm fasting, I do the 16/8 thing.

James Acaster

Do you?

Sarah Kendall

Yes, I do.

James Acaster

Okay, we haven't had anyone-

Sarah Kendall

That's why I'm looking so fly.

Ed Gamble

We've not had a faster.

James Acaster

We haven't had a faster before.

Ed Gamble

You're our first faster.

Sarah Kendall

I fast four days a week, so I do 16/8.

Ed Gamble

Really?

Sarah Kendall

Yes, so I only have, like, soda water and espresso, just no milk, you know, you're allowed black coffee.

Ed Gamble

And are you doing that today?

Sarah Kendall

Yes, that's why I'm a little bit edgy.

Ed Gamble

Yes, I was going to say.

Sarah Kendall

A little bit edgy.

Ed Gamble

It's just explaining the mood.



Sarah Kendall

It's not good, yes, I'm sweating, boy am I sweating, I'm sweating.

James Acaster

If you didn't fast you would be a nicer person to be around?

Sarah Kendall

I don't like where-, this is a leading question.

Ed Gamble

When you say you don't like where this is going, I think it's arrived, I think we're there.

Sarah Kendall

Yes, the answer is absolutely, if I had eaten a sausage bap, I would be like you, I'd be nice and have great impressions, fantastic wordplay, absolutely, yes.

James Acaster

This is interesting. So, when did you start fasting?

Sarah Kendall

I saw someone and they'd been talking about the 16/8, I thought I'll give it a go, and it was just one of those things that just fits really, sort of, it's really easy and I can kind of, you know, eat what I want. Why am I talking about this?

Ed Gamble

Because you're on a good podcast.

Sarah Kendall

That's fair enough, it's okay, right?

Ed Gamble

When you say 16/8-,

Sarah Kendall

Yes, you fast for sixteen hours.

Ed Gamble

You fast for sixteen hours and then you've got an eight-hour window.

Sarah Kendall

You just eat what you fucking want.

Ed Gamble

And you eat what you want.

Sarah Kendall

Go nuts.

Ed Gamble

Like, you're not calorie-restricted in the eight hours.

Sarah Kendall

No, yes, it's crazy, it's like being a Roman emperor, you just go mental for eight hours and then it really works if you go particularly mental in the hour before you start fasting and then you're fucking on, you just have a big pasta meal, you can be asleep for eight of the hours.



James Acaster

So, hold on, I don't think I understand this. So, you fast for sixteen hours and you eat for eight hours.

Sarah Kendall

And then you eat for eight, yes.

James Acaster

But I'm only probably awake for eight hours.

Ed Gamble

Are you?

Sarah Kendall

Yes, I think that's irregular.

Ed Gamble

That's not true.

James Acaster

Eat what you want for eight hours?

Sarah Kendall

Yes.

Ed Gamble

James, you're not only awake for eight hours a day, mate.

James Acaster

I think I am.

Sarah Kendall

Yes, you're awake for longer and you're moving and things.

Ed Gamble

What time did you get up this morning?

James Acaster

7:00.

Sarah Kendall

And you'll go to bed at three o'clock this afternoon.

Ed Gamble

Yes, what time do you go to bed?

James Acaster

Well, I woke up earlier than I usually would.

Sarah Kendall

So, you woke up at what time, James? Just answer the question.

James Acaster

7:00 today.



Ed Gamble

Yes, and what time are you going to go to bed?

James Acaster

Probably midnight.

Ed Gamble

Right, and how many hours is that?

Sarah Kendall

It's not fun, is it, James, it's not fun being picked on, is it?

James Acaster

Well, I don't feel like I'm being picked on.

Sarah Kendall

And you're next.

Ed Gamble

Yes, I'm ready.

Sarah Kendall

You're next.

James Acaster

I'm learning something.

Ed Gamble

I'm ready.

James Acaster

I just feel like if for eight hours a day I ate whatever I wanted, that's insane, isn't it?

Sarah Kendall

Yes, look at this body.

James Acaster

Yes, listen, Sarah's stood up, for the listener, and is currently presenting her bum to us, listen.

Sarah Kendall

There is baby, there is fucking is.

James Acaster

It's a great body.

Sarah Kendall

Thank you.

James Acaster

Congratulations.

Sarah Kendall

Thank you.



James Acaster

I'm just saying I don't understand the actual thing.

Ed Gamble

I guess it depends on when you say you can eat whatever you want, it depends on what you want to eat I suppose.

Sarah Kendall

Like, yes, when I say I eat what I want, I'm not watching what I eat during those, I'm not just having a salad, I'm having lots of carbs, you know, lots of dead animals, things with eyes, lots of things with eyes.

Ed Gamble

If I ate what I wanted for eight hours, I would be dead in a week.

Sarah Kendall

Really?

Ed Gamble

Yes, because what I want to eat is everything.

Sarah Kendall

Is everything, the planet.

Ed Gamble

Yes, the whole planet, I'd take a big bite out of the planet.

Sarah Kendall

I get that, in restaurants, I'll always finish other people's, like, what's on their plate, I'm the, 'Are you going to have that? Great, send it over,' yes, I can't help myself. It's never enough.

Ed Gamble

But for eight hours a day, you can be that.

Sarah Kendall

Yes, pretty much, yes.

Ed Gamble

Do you think you could do it, James?

James Acaster

No, I don't understand, I think I do this anyway.

Sarah Kendall

But I can tell exactly, you're a guy who's been, like, lean his whole life, right?

James Acaster

Yes.

Sarah Kendall

You were lean forever, yes, and, like, ten years' time and go, 'What the hell,' because all your eating habits, you're a skinny young man.



James Acaster

That's what people told me ten years ago, mate, people tell me this all the time, then I'll see them in another ten years, I look the same and they're like, 'You've got another ten years.'

Sarah Kendall

How old are you now?

James Acaster

36.

Sarah Kendall

Mate, no, mid-40s, that's when your chickens are going to come home to roost in your mouth.

James Acaster

People said 30s to me when I was in my twenties.

Sarah Kendall

No, 30s don't count, your 30s don't count.

James Acaster

Well, apparently this is what I was being threatened with, I get to my 30s and it hasn't hit me, I went to a dietitian once, had a chat with her and she said, 'Look,' she shouldn't have said this, this is a big mistake on her part, really early doors in the first one because bearing in mind she's trying to get me to go every week and talk to her and do her whole food diary and all sorts. Within minute one she went, 'Look, you're never going to be overweight.' I was like, 'Goodbye.'

Sarah Kendall

Yes, I had an ENT say the most dangerous thing to me once, I thought I had throat cancer, what I actually had was called Globus hystericus because I was so anxious that I was swallowing all the time that my throat had gone dry and I thought there was a big, like, log in my throat. So, I had the sensation of there being, like, a rock in my throat and I'm like, 'That's it, I'm dead,' oh my god. So, I go to the ENT.

Ed Gamble

Yes, which can't have helped the anxiety.

Sarah Kendall

Yes, no, you're right, it's this terrible-

Ed Gamble

Yes, it's a loop, yes.

Sarah Kendall

Yes, right. So, I went to the ENT and the ENT said, 'Look, are you anxious?' And I'm like, 'I'm very anxious at the moment,' like, I was a complete fucking wreck at that point, and then the ENT said, 'Do you smoke?' And I said, 'Well, I used to smoke and then I quit but at the moment I smoke a little bit,' and the ENT went, 'How many cigarettes would you say?' And I went, 'I don't know, like, maybe three a week,' and he went, 'Well, that won't make any difference to your health.' And that's all I took away from it, that if I smoke three or four cigarettes a week, now I am on a diet of three or four cigarettes a week because that won't make any difference.

Ed Gamble

That's incredible that you can do that though.



James Acaster

Just smoke for eight hours a day constantly.

Sarah Kendall

That's right and then stop for sixteen. And for eight of those, I'm asleep, so, you see, yes.

James Acaster

Popadoms or bread, popadoms or bread Sarah Kendall.

Sarah Kendall

Bread.

James Acaster

Popadoms or bread?

Sarah Kendall

Bread, bread. What kind of bread have you got?

Ed Gamble

This is the dream restaurant, so we've got the biggest basket you can imagine.

Sarah Kendall

Can I say I'd rather-, because I've got a lot coming and I don't like filling up on the bread, I mean, you can put it there, you can bring it out but I'm probably not going to touch it because I want to keep my powder dry.

Ed Gamble

This is interesting, I don't think we've ever had this before where someone is going to order bread, and we will need you to specify what bread you want.

Sarah Kendall

I'll just go a sourdough.

Ed Gamble

So, we'll bring you out some sourdough, and then you're not going to eat it.

Sarah Kendall

I might eat one small corner of it because I'm bored and I'm waiting for the next thing, but I really go out of my way to not, like, I need to keep the space available for what I know is coming.

Ed Gamble

Then do you just want us to bring you a tiny corner of sourdough?

Sarah Kendall

Yes, a corner of sourdough, really crusty.

Ed Gamble

On a little plate.

Sarah Kendall

The nob.

Ed Gamble

The sourdough nob.



Sarah Kendall

The what?

James Acaster

Go on, say it again.

Sarah Kendall

No.

James Acaster

You had a real big smile after you said it.

Sarah Kendall

I'm just really happy, I had the best time, are we done?

James Acaster

Like you're being naughty in school and you got it past the teacher.

Sarah Kendall

There's no such thing as a nob of bread either. That's a nub.

Ed Gamble

The heel.

Sarah Kendall

The heel.

James Acaster

The heel.

Ed Gamble

The heel of the loaf.

Sarah Kendall

Yes, the penis.

Ed Gamble

The penis, yes.

Sarah Kendall

Yes, so yes, you can bring some but I'm probably not going to, also can I start with a flat white, I'd like to start, before, because, yes.

Ed Gamble

That's interesting. You've ordered sparkling water so I guess we could make you a flat white but it has to be with sparkling water, how do you feel about that?

Sarah Kendall

Yes, go on then.

Ed Gamble

Yes, sparkling flat white?



Sarah Kendall

I will not complain, because I've worked in restaurants, you know, whatever you do, I'm not going to complain.

Ed Gamble

Have you ever had a fizzy coffee?

Sarah Kendall

No, but I like to have fizzy water with a double espresso, I like that as a double if they bring that out.

Ed Gamble

I've done it by accident once.

Sarah Kendall

Did you? How did it go?

Ed Gamble

Yes, because I was in a rush to drink a coffee and it was too hot so I tried to pour some cold water on it, but it was a bottle of sparkling water.

Sarah Kendall

And?

Ed Gamble

I thought it was horrible. But now it's a trend, now people put, like, soda water into espresso.

Sarah Kendall

Do they?

Ed Gamble

Yes.

Sarah Kendall

I didn't know that.

Ed Gamble

Yes, well, you've fallen behind the coffee trends.

Sarah Kendall

I have, all I do is knock them over in high winds, yes.

James Acaster

Got blown away in the wind. I don't know why I find the idea of something that you've put down blowing away in the wind funny, but I do think it's pretty funny.

Sarah Kendall

Do you know what would have been hysterical, if it had landed on me I would have to accept that, but it didn't, it missed me completely.

James Acaster

No, that's too much, I don't think I would have laughed as much at that.

Sarah Kendall

Really?



Ed Gamble

Okay, well, imagine if the cup had blown away and then landed on Sarah's head like a little hat.

James Acaster

Yes, that's funny.

Ed Gamble

That's funny again.

Sarah Kendall

Yes, and then I fell into a nun. So, I went, 'Ah,' and then fell into a nun.

James Acaster

Yes, that's funny.

Sarah Kendall

That's good, that's not bad.

Ed Gamble

No, that's good.

Sarah Kendall

It's alright.

Ed Gamble

Yes. She's fine.

James Acaster

Yes, that's good stuff.

Ed Gamble

She's fine, she's laughing about it.

Sarah Kendall

I'm having a good time.

James Acaster

What restaurant did you work in?

Sarah Kendall

It was called The Nag's Head and it was, like, a British, so it was an English style pub but it was in Sydney and I was working there when I was at university, and I wasn't very good in the restaurant, but I was very good at the bar, I was like, 'I can take a bunch of orders, get them all away quickly, you know, and I could take a couple of orders.' But I was really bad in the restaurant, I wasn't very good with the banter.

James Acaster

Really?

Sarah Kendall

No, not great. I tried but then I was like fuck, just kill me, like, I don't give a fuck. You do have to flirt a bit and because it's all about tips in the restaurant, but at the bar, you're not really doing anything with tips, you can be rude as you like because you're not, sort of, trying to achieve tips, whereas, in restaurants, you're trying to get the rapport going because it's, like, that could be an extra 50 bucks.



Ed Gamble

I do like the idea of you at the bar going, like, 'I just love being as rude as I like, one day I'll find my dream job.'

Sarah Kendall

One day, where I can mix alcohol, night times, and being rude, is there such a profession?

Ed Gamble

Tell me more about The Nag's Head, what sort of thing were they serving, what is the Australian view of British cuisine?

Sarah Kendall

Well, actually, no, it was, like, a gastro, it was roast, the thing that they sold in the bar was Newcastle Brown Ale, a lot of these Newcy Brown, those ales, so we often had British travellers, people who were travelling coming in because they were like, 'Yes.' And it was all pints and half pints, not schooners and middies, schooners and middies as they do in Australia.

James Acaster

Schooners and what?

Sarah Kendall

Middies.

James Acaster

Middies.

Sarah Kendall

Middy, yes, schooner and a middy, but we served everything in pints and half-pints.

Ed Gamble

What's a middy?

Sarah Kendall

Middy is half a schooner, I think a schooner is-, how much is a pint?

Ed Gamble

Okay, well I think I need to know what a schooner is.

Sarah Kendall

How much is a pint? 500 millilitres?

Ed Gamble

Yes, something like that.

Sarah Kendall

Yes, I think a schooner is about, like, maybe 380.

James Acaster

Is schooner, like, an actual word?

Sarah Kendall

It is for a boat, isn't it, isn't a schooner a boat?

James Acaster

Right, yes, that sounds about right.



Sarah Kendall

Well, it's Australia, I mean, we play loose and free with language, yes, it was actually a really good restaurant, but as I say, I just didn't have the people skills to be that friendly to people.

James Acaster

Newcastle Brown Ale, isn't that confusing, you've got a Newcastle in Australia, right?

Sarah Kendall

We do, we've got everything in Australia.

James Acaster

So, did you even know that was a-

Sarah Kendall

Yes, I did, I went to school, James.

James Acaster

Wow. Shall we get on to Sarah's main meal?

Ed Gamble

Yes.

James Acaster

Starter first.

Sarah Kendall

Yes, I'm going to get two starters, I prefer two starters.

James Acaster

Why?

Sarah Kendall

I always think starters are the better food.

Ed Gamble

Yes.

James Acaster

No.

Ed Gamble

Yes.

Sarah Kendall

You guys have had this discussion?

Ed Gamble

Many times.

James Acaster

You're one of the rare people who agrees with him.



Sarah Kendall

I would love nothing but starters, hence I don't mind your tapas, I don't mind your, sort of, you know, sushi, I just like small plates that are really taste-filled, whereas I think your main is more, like, a blunt instrument. So, a pile of starters is actually mine.

Ed Gamble

Mini mains, they're just mini mains.

Sarah Kendall

Thank you.

Ed Gamble

You're welcome.

Sarah Kendall

You really have been here before, you had that ready to go.

James Acaster

- of it now.

Ed Gamble

Two starters.

Sarah Kendall

I'm going to go with two starters. Generally, I really like, like, cured meat, so I like a carpaccio anything. So, I like your prosciutto, I like a carpaccio, like, even tuna, carpaccio beef, I like it with a bit of drizzle of olive oil, maybe some baby capers on top, you know, that kind of stuff, maybe a little shaving of parmesan.

Ed Gamble

A thinly sliced thing.

Sarah Kendall

Yes, like, Paulie does in Goodfellas, do you remember when they go to jail and he's doing the garlic.

Ed Gamble

Yes, with the razor.

James Acaster

I think about that a lot.

Sarah Kendall

I think about that a lot too, every time I chop garlic I think of him and garlic, as I think of you whenever I'm happy, in a relationship, I think of you.

James Acaster

Do you know about this?

Sarah Kendall

Can I tell him?

James Acaster

Yes.



Sarah Kendall

So, I was having just a miserable Edinburgh day, you know, you're halfway through and it's like this war that you're never leaving and you're like, 'Oh my god, I'm not even halfway through.' And I saw, across the square, James and his girlfriend and they were so happy, and the wind had picked up and their hair was, like, kind of-, and they're like, 'Haha,' and they'd clearly just been having sex or something, this was like an afternoon delight. And I was watching them and, like, I was in a park eating chips or something.

Ed Gamble

Clearly been having sex.

James Acaster

Absolutely not clear, Sarah's mind-

Sarah Kendall

And I've also edited this completely because I was asking - the scent of French letters hung in the air. And he had his arm around her and they were so in love, and I was just watching them, and I think of that, like, once a week, and when I see James, I talk about it because I'm like, 'I think of you frequently,' whenever I'm happy in love, I think, 'This is like that day like James looked.' Like, it's just you know those things that your brain goes back to throughout your whole life.

Ed Gamble

Yes. So, whenever you're in a happy relationship, you think about James.

Sarah Kendall

Of James, yes, and I think of James that day.

James Acaster

In a relationship that failed.

Sarah Kendall

Terribly, not only failed but failed terribly, it wasn't even, like, you know, an even score at the end, it was a failure, complete failure. And I have dressed him, I was like, 'James, on that day were you wearing a denim jacket with, like, a woolly collar to it?' And he was like, 'No, I've never owned one, never worn one.' So, I've dressed him. And you know Vanilla Sky, how Tom Cruise remembers the Bob Dylan album cover and he thinks it's him and Penelope Cruise. I think it's the Bob Dylan album cover now, it's, like, James is Bob Dylan and he's dressed like Bob Dylan, I've just completely edited this memory.

James Acaster

So, do you also admit that you yourself have added in the detail that I look like I've just had sex?

Ed Gamble

No, that bit was true.

Sarah Kendall

No, she had cum all over her chin, no, I'm certain of it, I'm absolutely certain, she was splattered in cum.

Ed Gamble

Like the Bob Dylan album cover.

Sarah Kendall

Like the Bob Dylan album cover from Vanilla Sky, remember?



Ed Gamble

When you say that when you're in a happy relationship you think of James because of that moment, you're the only person in the country who associates James Acaster with happy, romantic relationships because the rest of us have watched his shows.

Sarah Kendall

Right, I know, I get it, I get why this is so wrong. And not only that, every time I see James I'm like, 'James, I thought of you just recently because I was really happy and I thought of that day when you were in Edinburgh and you were walking down the street.' And, like, if I outlive James and I go to his funeral, I'll just have this really poignant memory of him. I mean, you'll probably outlive me with the age difference and I smoke three cigarettes a week so the odds are stacked against me. But I feel like it's this really I don't want to die and take that memory with me because I feel like I was the only one who saw you on the best day of your life. Do you know what I mean?

Ed Gamble

I can't believe I didn't know this, this is lovely.

James Acaster

Yes, I miss that jacket, I miss that denim jacket with the sheepskin collar.

Sarah Kendall

Yes, it feels like a kind of, like, remains of the day, kind of, yes, it's the fleeting aspect of life and love.

James Acaster

Yes, I'm glad you had that moment at least, that you got it and you carry it around with you.

Sarah Kendall

And I put it out there, so now other people can paint the picture in their head.

James Acaster

I think everyone else would struggle to imagine me that happy.

Sarah Kendall

Oh man, you were the happiest man, it was really beautiful.

James Acaster

I'm currently in a very happy relationship, I really am, but I'm going to have to go home now and say to my girlfriend, 'Let's find out where Sarah Kendall lives, just walk up and down the street every day looking as happy as we can.'

Sarah Kendall

So I can see you.

James Acaster

So we replace that memory.

Sarah Kendall

Yes, it's true, I need to overwrite the memory because that's the problem, every time you retell a story, you overwrite the hard drive, so I've overwritten the hard drive so many times, you know, there was, like, an octopus.

Ed Gamble

There's quite a lot of pressure then for when you and your girlfriend now meet Sarah together for the first time.



Sarah Kendall

It's never going to happen though, we don't socialise.

Ed Gamble

Because what if Sarah's like, 'It doesn't work for me.'

Sarah Kendall

Yes, that would be awful.

James Acaster

But actually, I tell you what, actually, honestly, on the flip side of all this as well, sometimes in my current relationship, we're walking down the street and if we're laughing or something, I do think-

Sarah Kendall

Do you?

James Acaster

Of you.

Sarah Kendall

Do you?

James Acaster

And think, 'If Sarah Kendall saw us now.' I have thought that.

Sarah Kendall

That's very satisfying, that's a really satisfying loop.

James Acaster

Yes. So, I have had that.

Sarah Kendall

Do you mean that?

James Acaster

Yes, I do mean that.

Ed Gamble

Is she dressed as Ziggy Stardust?

Sarah Kendall

Yes, I'm a spider from Mars, hello.

James Acaster

But yes, any time I'm walking around and, like, yes.

Sarah Kendall

The wind picks up, your hair is kind of fluffed up.

James Acaster

Yes, I'm like, 'Where's Kendall?'

Ed Gamble

Well, every time the wind picks up from now on I'm thinking of you, coffee all over your head.



Sarah Kendall

Really? Coffee all over nuns, nuns laughing.

James Acaster

Straight for a nun. So, for starters, you're having, like, cured meats.

Sarah Kendall

I'm going to have cured meats but because I'm a two-starter person, I'm also going to get some oysters.

James Acaster

Wow, okay.

Ed Gamble

Yes, we need to specify the meats, are you going beef carpaccio?

Sarah Kendall

Yes, I will go beef carpaccio.

Ed Gamble

Beef. With the parmesan.

Sarah Kendall

Yes, please, and some capers.

Ed Gamble

With the olive oil, capers.

Sarah Kendall

And maybe a little bit of rocket around the-,

Ed Gamble

A little bit of rocket around, rock around the clock.

Sarah Kendall

Maybe just on the circumference of the dish.

James Acaster

Rocket around the Christmas tree because it's a Christmas episode.

Sarah Kendall

What? Doesn't matter.

Ed Gamble

Never mind.

James Acaster

It's a little pun.

Sarah Kendall

It's a song. It's a what?

James Acaster

You said maybe a bit of rocket around.



Sarah Kendall

And you said rocket around the Christmas tree.

James Acaster

Yes.

Sarah Kendall

Rocket around the Christmas tree.

James Acaster

Rocking around the Christmas tree.

Ed Gamble

I think we shouldn't hang around on that joke.

Sarah Kendall

Is that a song?

James Acaster

Yes.

Ed Gamble

Rocking Around the Christmas Tree is a song, sorry.

Sarah Kendall

I didn't know that, never heard it.

James Acaster

Never heard it, what? What Australian Christmas songs are there?

Sarah Kendall

Koala bears and prawns. No, I don't know, I did that purely for you.

Ed Gamble

Do you know what?

Sarah Kendall

What?

Ed Gamble

I would have believed that if you'd stuck with it.

Sarah Kendall

Koala bears and prawns.

Ed Gamble

Koala bears and prawns.

Sarah Kendall

Koala bears and prawns, it's a lovely sunny day.

Ed Gamble

Schooner in the bucket, yes.



Sarah Kendall

He can fucking, yes, shit.

Ed Gamble

And I would believe that an Australian Christmas song just finishes with someone trailing off saying fucking. You can fucking.

Sarah Kendall

You stupid fucking. Come on everybody.

Ed Gamble

(Singing)

Sarah Kendall

Yes, it's not bad.

Ed Gamble

It's pretty good. I'd sing it at Christmas, for sure.

Sarah Kendall

I've heard worse. I have seen worse at comedy clubs. So, what did you just ask me? You said the rocket thing. Okay but I'm going to get oysters but very specific oysters. Do you remember there was one year in Edinburgh and there were brothers who brought oysters to the Pleasants Courtyard (ph 31.34)?

Ed Gamble

Yes.

Sarah Kendall

They were the best oysters I've ever had in my life.

Ed Gamble

They used to do it quite regularly, I remember two years.

Sarah Kendall

Oh, jeez, they were great.

Ed Gamble

They used to wear kilts and they'd go round with their basket of oysters.

Sarah Kendall

That's right and they were from the West Coast, I think, and there was just something about those really cold North Atlantic currents. God, they were good. Those were the most memorably good oysters, I never had a bad one and you could either get them with lemon and salt and just a bit of Tabasco. Those guys, I want their oysters.

Ed Gamble

People are suspicious about oysters naturally anyway, I think.

Sarah Kendall

Rightfully, rightfully.

Ed Gamble

Then if a man comes up to you in a courtyard and offers you an oyster, I would imagine the suspicion levels are slightly higher but it was good stuff. They knew their stuff.



Sarah Kendall

Yes and they were good with people too. They were really pushing in on that angle with the kilts and the Richard the Edinburgh (ph 32.21) Festival, you know that's going to work but they were great. Six isn't enough, twelve makes me want to spew so I'm going to get nine.

Ed Gamble

Nine, nice.

James Acaster

I always would have those oysters in Edinburgh because it's an aphrodisiac, isn't it?

Sarah Kendall

Yes, there you go.

James Acaster

You know, Kendall knows -

Sarah Kendall

Yes, I know. I know those afternoon delights don't sort themselves out.

James Acaster

\Get some oysters. Have an afternoon delight, as Kendall calls it.

Ed Gamble

Pop on your denim jacket with a furry colour.

James Acaster

Furry colour.

Sarah Kendall

Yes. One oyster, denim jacket, I'm off. See you ladies.

Ed Gamble

If the vans a rockin'.

Sarah Kendall

The oyster van a rockin'. There was an oyster van, there was an oyster van, to be fair.

Ed Gamble

Yes, you and the oyster van.

James Acaster

So, that's what I am. I'm literally having the oyster and I'm like, 'Let me in, let me in the van. Afternoon delight.'

Ed Gamble

Yes, if the vans a rockin'.

Sarah Kendall

Afternoon delight in an oyster van. Oh, God. So, those are my two starters, please.

Ed Gamble

Okay. Well, like, I think we can accept two starters.



James Acaster

Yes, yes, yes. People have tried to find bigger loop holes. I think that works.

Sarah Kendall

What did Dan Aykroyd have?

Ed Gamble

I don't-, he spoke so fast I don't know.

Sarah Kendall

Really?

James Acaster

Your dream main course.

Sarah Kendall

Yes, now I'm going to ask a favour here, I don't do dessert, I don't like dessert, I don't care for desserts.

Ed Gamble

Oh, yes.

James Acaster

Goodbye.

Sarah Kendall

Hang on, all I want to do is swap a dessert for a main.

Ed Gamble

No.

James Acaster

What?

Sarah Kendall

Two mains. Can I swap a dessert for a main?

James Acaster

No, fuck you. Do you think that's making it better?

Sarah Kendall

I just thought, maybe.

Ed Gamble

Sarah, I think this is a really good idea because, sometimes, we have people, like-,

James Acaster

Fuck this shit. Right, look, we know that-, what's the time? I've got to go and have my booster anyway. I've got my booster. I mean, I can just leave.

Sarah Kendall

Yes.

James Acaster

I don't have to sit here and listen to this.



Sarah Kendall

No. Really? This is really-,

Ed Gamble

Sarah, this is an interesting idea. So, I agree. You know, sometimes you don't want a dessert.

James Acaster

Oh, it's Christmas.

Sarah Kendall

I never want it. Dessert is for babies.

Ed Gamble

Dessert is for babies.

Sarah Kendall

What kind of adult finishes a meal and goes, 'Now, I want cake.' Like, how many fucking calories.

James Acaster

Me. Most people.

Sarah Kendall

It's very puerile. I find it disgusting.

James Acaster

You're outrageous. It's not disgusting, is it?

Ed Gamble

It is.

James Acaster

You've had two starters and two mains.

Ed Gamble

It's for babies.

Sarah Kendall

It's for babies, right?

Ed Gamble

For babies.

James Acaster

You're full of salt. You're a salty little dog.

Sarah Kendall

Yes. I'm a salty little dog. Yes, fine.

James Acaster

Yes.

Ed Gamble

Yes, lovely. Sounds nice. Okay, right, woah.



Sarah Kendall

I need some sort of system here.

Ed Gamble

Okay. So, Sarah, I should let you know that James loves dessert.

Sarah Kendall

Yes, I've noticed. I picked up on that.

Ed Gamble

To an extent that he does get quite angry if people have a cheeseboard or try and skip dessert.

Sarah Kendall

Oh, for the love of god.

Ed Gamble

We've never had someone try and trade in a main for a dessert.

Sarah Kendall

It's just gluttony.

James Acaster

What are you talking about? You had two starters and two mains.

Sarah Kendall

Yes but tiny, tiny.

James Acaster

Change your middle name to gluttony, mate.

Sarah Kendall

No. No, I will not. Alright, fine, I'll get a dessert. Can I get a bowl of ice cream?

Ed Gamble

No, don't.

James Acaster

Yes, bowl of ice cream, done.

Ed Gamble

Don't get a dessert if you don't want a dessert.

Sarah Kendall

I don't want it.

James Acaster

Are you going to trade out your main for a second dessert?

Sarah Kendall

Yes. No, I want to trade all of it for one big bowl of ice cream, fine, yes, and with a cake on top drizzled in chocolate.

Ed Gamble

James would do it.



James Acaster

Yes, I knew it. I knew.

Sarah Kendall

You need to grow up, James, and join the adults. Get out of the fucking paddling pool.

James Acaster

Happiest person you've ever seen in your life.

Sarah Kendall

No, not really.

James Acaster

You admitted it.

Sarah Kendall

No, you've got-, yes, that's true.

James Acaster

Every time you think about being happy, you think of me.

Sarah Kendall

When I'm happy, I think of you.

James Acaster

So, maybe you should eat more desserts.

Sarah Kendall

But already, like, we know that I'm deluded and I've completely-,

Ed Gamble

You think that when you saw James that day, he'd just had sex. That's how happy he was.

Sarah Kendall

Yes.

Ed Gamble

I'll tell you for a fact, he just had some pancakes.

James Acaster

Yes, that is most likely true.

Sarah Kendall

He just saw a chocolate bar in the gutter. His little eyes lit up. 'That reminds me of chocolate.'

James Acaster

Oh, I was laughing. My girlfriend thought I was in love with her. No. I'd seen an ice cream.

Sarah Kendall

You saw a Twix.

Ed Gamble

So, look, let's talk hypothetically here. So, if you were to trade out the dessert for another main, talk us through what the top place main is, the main main and then the one that you're subbing a dessert out for.



Sarah Kendall

Right. So, my top place, it was difficult. I had two.

James Acaster

This is hard because, usually, when people do this-,

Ed Gamble

It's at the end of the episode.

James Acaster

I find out at the dessert. Kendall's doing it now, at the main course. We've still got drink, side dish to go.

Ed Gamble

Christmas.

Sarah Kendall

Yes, this is my problem.

James Acaster

And a little Christmas one, and I don't want any part in this.

Sarah Kendall

You don't. So, we're done. Is this it? That's it?

James Acaster

No.

Ed Gamble

Oh no.

Sarah Kendall

That's how this ends.

Ed Gamble

That's always a bad sign if he burps.

Sarah Kendall

Yes, that's your sausage bap and your Diet Coke.

James Acaster

Oh, I think I tasted it, as well.

Sarah Kendall

I bet. Oh, Ben got a waft.

James Acaster

Sorry Benito. I could smell it. That was bad, wasn't it? I mean, I do apologise, Benito. First time I've ever apologised to Benito.

Sarah Kendall

You're in the right company.



James Acaster

It's - I vow here, it's the last. I will never apologise to him again.

Sarah Kendall

Really?

James Acaster

Yes.

Sarah Kendall

I had a problem with the main course, which is that, I love your fatty meats. I like your duck, I like your lamb. That's, kind of, my favourite thing to order if I'm in a restaurant. Also, I rarely cook those sort of meats at home because I'm not very good at it. So, I like, you know, a well done shoulder of lamb or, again, your roast duck, duck pancakes, anything duck, fatty duck, good stuff. However, my favourite meal ever, that I ever had, like, when I think about, other than when I think of James, the happiest meal, I had a lobster tail spaghetti in Hvar and everything was just perfect that night. I was in this beautiful, sort of, cobbled-, you know, built by the Venetians and it was really hot and the food was great and everything was just perfect about that night. So, I'm really having trouble and then I thought, 'Maybe I can have, like, a little lobster tail spaghetti but then also, maybe, get a side of fatty duck.'

James Acaster

Interesting. So, not only are you trying to sub your dessert out for a main, you're also trying to sub your side out for a main.

Sarah Kendall

I think so. Yes, I think that's what I'm doing.

Ed Gamble

I've got so much respect for this. Three mains, no dessert, no side. Two starters, three mains, no side, no dessert.

Sarah Kendall

I'm not fucking around, ladies.

James Acaster

Haven't heard what the drink is going to be yet. A schooner of beef wellington?

Ed Gamble

So, essentially, we've got the lobster spaghetti. Delicious, that sounds amazing.

Sarah Kendall

I just want to ask the waiter, like, do you have everything? You've got absolutely everything.

Ed Gamble

Yes.

Sarah Kendall

Alright. Would you recommend the chef's lobster tail spaghetti or whatever fatty meat? Like, what do you think? You've eaten here at this restaurant before.

Ed Gamble

But this is from your mind, though.



James Acaster

- everything in the world that you've eaten.

Ed Gamble

So, you've eaten this lobster spaghetti before. So, we can get you exactly that lobster spaghetti.

James Acaster

Yes, exactly.

Sarah Kendall

I'm just going to go, the lobster tail spaghetti.

Ed Gamble

Lobster tail spaghetti.

James Acaster

From Hvar.

Ed Gamble

With a side of fatty duck?

Sarah Kendall

Yes.

Ed Gamble

Yes?

Sarah Kendall

Yes.

Ed Gamble

Is that roast? Is it, like, roast duck?

Sarah Kendall

Yes, it's roast duck. Like, I had one last night in Chinatown and it was just exceptional.

James Acaster

You want that one? The Chinatown one?

Sarah Kendall

Yes, I do. Yes, the one from Chinatown. I mean, take your pick, they're all great.

Ed Gamble

So, lobster tail spaghetti, roast duck and then one other main that's subbing out for the dessert?

Sarah Kendall

No, I think that's-, yes. I think, I only wanted to sub out the dessert because I thought, if I can get the best roast duck in the world, I'm going to get it here and I'm going to sub out dessert.

Ed Gamble

Because you've also got a side dish now that you could have.

Sarah Kendall

I do, yes.



James Acaster

So, come on, what-,

Sarah Kendall

What's going on? Where are we?

Ed Gamble

Hang on, are you alright, mate?

Sarah Kendall

What is going on?

James Acaster

So, what are we doing? Hang on.

Sarah Kendall

Well, I mean, it's up to you. If you don't want to bring me a side dish, I will make the duck my side dish.

Ed Gamble

Yes.

Sarah Kendall

Okay. Alright, that's fine. I'm happy to-,

James Acaster

So, now, what's happening with the dessert?

Sarah Kendall

There is no dessert. You're getting exactly what you want.

James Acaster

No, I'm not.

Sarah Kendall

No. I'm not getting a dessert, but I'm not asking you to bring me something to replace that dessert.

Ed Gamble

But you're still not getting a dessert?

Sarah Kendall

I'm still not. I'm just going to say, 'Don't worry about the dessert.' But I'm not ordering two mains. I haven't tried to sub anything out.

Ed Gamble

Yes. We've got the two starters, we've got lobster tail spaghetti with a side of fatty duck and no dessert.

Sarah Kendall

I don't care for dessert. I mean, unless the waiter wants to try to talk me around.

James Acaster

What the fuck is your problem? How long have you not cared for dessert for? What?



Sarah Kendall

I don't get it.

James Acaster

What do you mean, you 'don't get it'?

Sarah Kendall

Why, at the end of a meal, you've had a meal, you've had all the food you could possibly want-,

James Acaster

No, you haven't.

Sarah Kendall

You suddenly think that you're entitled to a big dish of cream and sugar. What the fuck is that?

James Acaster

What? It's not entitlement. What? You thought you were entitled to your lobster tail spaghetti a minute ago.

Sarah Kendall

Yes, because it's dinner. It's dinner.

James Acaster

Yes?

Sarah Kendall

Yes, what do you think dessert is? Like, describe to me, what are you going to have? What's your dessert?

James Acaster

Oh, I mean, there's loads of stuff.

Sarah Kendall

Oh, fuck. Here we go. Here's little baby James, 'I'm going to have a big bowl of-', 'I just find it disgusting. I find it disgusting.

James Acaster

It's not disgusting.

Sarah Kendall

When people go, 'Oh, maybe I'll just have a look. Oh, shall we get that to share?' Oh, fuck off. You've had your dinner. Fucking pigs.

James Acaster

I can't believe this.

Ed Gamble

Listen. No wonder this fasting thing works so well for you, because you eat everything you want.

Sarah Kendall

I am so hungry right now.

James Acaster

Yes. You don't even like the best food.



Sarah Kendall
I am so hungry.

James Acaster
This is awful.

Sarah Kendall
I know.

Ed Gamble
So, don't try the fasting thing, James.

Sarah Kendall
Yes. No, don't.

Ed Gamble
Because the only reason it works for Sarah is, she doesn't crave anything.

James Acaster
Crave anything nice.

Sarah Kendall
No. I know. Nice things are for naughty people and I'm a good girl.

Ed Gamble
Do you want the cheeseboard?

Sarah Kendall
Yes, go on. Because it's savoury. It's for big people.

James Acaster
It's not for big people.

Ed Gamble
It's for big people.

Sarah Kendall
It's for people who pay tax. It's for people who know what divorce feels like.

James Acaster
Oh, they sound like great people. Oh.

Sarah Kendall
They're adults, James.

James Acaster
Oh, I can't wait to know what divorce feels like.

Sarah Kendall
They live in a world of negotiating and giving up on dreams. We understand what being an adult feels like. We don't expect to be showed in lollies.

James Acaster
We don't expect it. Listen, I speak for the whole dessert loving community when I say, 'We don't expect it. It's nice.' It's just, allow yourself to be happy and have the nice thing.



Sarah Kendall

Yes, sure.

James Acaster

It's not going, 'Oh, I deserve this.'

Sarah Kendall

Do you know what's also nice? Fur coats. We don't do that, do we?

James Acaster

No. Well, I don't do that, no. I wear a denim jacket with a -

Sarah Kendall

Yes, with semen splashed all over it or something. I don't know what you did that afternoon.

James Acaster

I wasn't splashing semen anywhere.

Sarah Kendall

Alright. Can you say 'semen' on this podcast?

James Acaster

Yes.

Ed Gamble

You can say what you like on this podcast.

Sarah Kendall

I will go a cheeseboard.

James Acaster

What the fuck are you talking about? Why have you got to go down even worse and go the cheeseboard?

Sarah Kendall

Yes and I want adult cheeses, the really adult ones.

Ed Gamble

Like blue cheeses and stuff?

Sarah Kendall

Yes and a bit of quince, you little prick.

James Acaster

This is the worst Christmas ever.

Sarah Kendall

Yes and I want savoury biscuits with it too. I want savoury. Savoury biscuits, some quince and some adult cheese.

Ed Gamble

Oh, I love this.



James Acaster

This is the worst Christmas.

Sarah Kendall

Good.

Ed Gamble

What do you like on Christmas?

Sarah Kendall

Well, that's a very interesting question because something happened over the course of my lifetime.

Ed Gamble

Christmas pudding?

James Acaster

Just Christmas pudding, Christmas cake.

Sarah Kendall

Yes, big fucking bowl of Christmas pudding. When I was very young, we were still imitating the, sort of, Northern European winter, so all of our adverts were people in jumpers around log fires curving roast turkeys and it was, like, 42 degrees. So, all of our branding and advertising was still very much geared towards the, sort of, mother country idea of Christmas. Then, throughout my lifetime, we started to just really embrace the fact that, that's not who we were. So, often, we have really big seafood cook ups. So, we'd go to the fish markets, get a really big snapper, put that on the barbie, get oysters, prawns. It tends to be a more, sort of, seafoody summer, kind of-

James Acaster

Okay, lovely.

Sarah Kendall

Yes, so I love that. That's, kind of, my absolute sweet spot.

James Acaster

That sounds nice.

Ed Gamble

Yes, I'd love that.

Sarah Kendall

Yes, it's nice and, kind of, you don't feel quite that heavy lethargy over the roast meal.

Ed Gamble

Do you still wear a paper crown or does that feel weird when you're eating fish.

Sarah Kendall

No, none of that. No paper crown.

James Acaster

No?

Sarah Kendall

No, we don't mix up all the imagery, no.



Ed Gamble

No, that'd be weird, wouldn't it?

Sarah Kendall

The paper crown thing, I don't remember ever doing in our house. My mum was always very depressed over Christmas so I, kind of, absorbed that. I also get depressed over Christmas. I don't enjoy Christmas.

James Acaster

Yes. Is that why you're in a bit of a bad mood today and you're not having puddings?

Sarah Kendall

No, I'm just hungry. No, I'm hungry, talking about food, which has made me a little bit edgy. I'm also getting a real sweat on?

James Acaster

Yes?

Sarah Kendall

Yes, a real sweat on.

James Acaster

You're wearing a very thick jumper. Oh, yes, you're showing us your sweat patch there.

Ed Gamble

Real sweaty, yes.

Sarah Kendall

The other one's worse. My right one's worse than my left.

Ed Gamble

I think my left one stinks more than my right one.

Sarah Kendall

Really?

James Acaster

Oh, wow.

Sarah Kendall

Look at that.

Ed Gamble

Yes, that's true?

James Acaster

Yes, that is way worse than the left.

Sarah Kendall

I know.

James Acaster

Oh, actually, no. The left one was sweatier than I thought.



Sarah Kendall

It's pretty impressive, isn't it?

James Acaster

Still good, yes.

Sarah Kendall

Yes, I sweat profusely. I have a thing called hypohidrosis and it'll come out of nowhere, like, and it's got nothing to do with my stress levels, it's not triggered by anything. Sometimes, I'll be, like, at my computer, I'll be writing and then I'll feel these, like, rivulets of water dripping down my elbows onto the ground. It's just released like a fire hydrant. 'Oh, shit.' It's just like I've pissed my armpits. I'm like, 'Oh, fuck.' I can hear it dripping on the ground and I'm like, 'What's that? What? What's broken in my flat?' I realise it's coming from my elbows.

Ed Gamble

It's your pits. Your pits are broken.

Sarah Kendall

Yes. It's just coming off in, like, just-, it's nuts. I get really sweaty mitts as well, really sweat mitts, yes. I can't control it. There'll be times that are really high anxiety and I'll be completely dry as a bone. I'll be like, 'That's crazy. I feel fine.'

Ed Gamble

Is it stinky sweat?

Sarah Kendall

Yes, it smells.

Ed Gamble

Does it smell of, sort of, grilled meats and stuff?

Sarah Kendall

Piss. It just smells of piss. It literally smells of it. I don't know. That smells like urine.

James Acaster

Yes.

Sarah Kendall

Maybe I piss out of my armpits and shit out of my-, where would I shit out?

Ed Gamble

Yes, maybe.

James Acaster

Yes, could be.

Ed Gamble

When was the last time you had a normal piss? Like, just from your normal area?

Sarah Kendall

Oh, that's a good question. Look at you, Doogie Howser, you just got to the bottom of that.

Ed Gamble

Maybe all your piss is coming out your armpits.



Sarah Kendall
Oh, that's nuts.

James Acaster
Well, Al Murray, once, on Taskmaster, they had to do a task where they had to sweat and gather an egg cup of sweat from themselves and he said that, biologically or whatever, chemically, urine and sweat are the same thing, so he just pissed into an egg cup or whatever. Then, they didn't let him have those points.

Ed Gamble
They didn't give him the points.

Sarah Kendall
That's very Greg, though.

James Acaster
So, I don't know.

Sarah Kendall
The emperor can-, you know. You never know which way it's going to go.

James Acaster
Well, I mean, he went your way, didn't he?

Sarah Kendall
Yes, I mean, it's perplexing. I mean, I know, that is a perplexing outcome.

James Acaster
Did you two have to face each other?

Sarah Kendall
No.

James Acaster
You didn't do Champion of Champions together?

Ed Gamble
No, Sarah was the series after.

Sarah Kendall
Would that mean that we face each other?

Ed Gamble
No, we're not.

Sarah Kendall
You just did Champions?

Ed Gamble
So, yes, we just did it. So, yes, you'll be in the next batch, I guess.

James Acaster
I think I might be in that batch.



Ed Gamble

No. Why would you be in that batch?

Sarah Kendall

No, you're in the first five.

James Acaster

Champion.

Ed Gamble

Yes, you're in the first. You're in the second five series.

James Acaster

Champion though.

Ed Gamble

You weren't champion, you were second bottom.

Sarah Kendall

Oh, did you just try to muscle your way into the Champion of Champions without actually being, technically, a champion?

James Acaster

Well, I think what's happened here is, like-,

Ed Gamble

Kerry Godliman won your series, so that's why she was on Champion of Champions.

James Acaster

It's more, like when you saw me in Edinburgh, it's like, people remember things differently.

Sarah Kendall

Yes. You've really misremembered this one.

James Acaster

Well, I think Ed might have. Why are you assuming that it's me?

Ed Gamble

No, I remember distinctly and I know what happened.

Sarah Kendall

I think Kerry won. I think there was actually a trophy given to Kerry.

James Acaster

I don't know what happens to me.

Ed Gamble

Everyone remembers the final episode of series seven. Kerry won and you were sat there, second bottom, covered in cum.

Sarah Kendall

It's no fun.



James Acaster

Of course, everyone remembers Greg Davies ejaculating onto me out of his armpits. Lifted his armpits-

Sarah Kendall

That's right, yes. Little Alex Horne was playing the banjo and boom, right in the eye. Got you right in the eye.

Ed Gamble

Double shot.

James Acaster

Yes, straight up the piss.

Ed Gamble

But you, literally, you avoid it for the first bit and then just get in for the middle bit, to take away some of the bitterness on either side.

Sarah Kendall

That's right. A ristretto shot.

Ed Gamble

Jizz-stretto.

James Acaster

Alright, that'll do.

Sarah Kendall

Just a ristretto, thanks. I wonder if I sweat so much because I've got so much hair on my head?

James Acaster

Yes, you've got a lot of hair on your head.

Ed Gamble

Interesting.

Sarah Kendall

It might have pushed the thermostat above what it can tolerate.

James Acaster

I mean, while we're talking about this kind of stuff and, you know, who knows how much of this is going to end up in the podcast. This is the most vile one we've ever done.

Sarah Kendall

Thank you.

James Acaster

Before we recorded, you went to the toilet.

Sarah Kendall

Did a shit.

James Acaster

Well, yes, this is the thing. You went to the toilet for the amount of time that, I would say-



Sarah Kendall
It takes to piss.

James Acaster
That it takes to piss.

Sarah Kendall
I shit so fast.

James Acaster
Yes, okay. Already knew what I was going after-

Sarah Kendall
Yes, I know. It's crazy. Everyone who's ever lived with me are like, 'How did you just do it that fast?' Not only do I shit fast, but I'd say I shit as often as I piss, but it's not diarrhoea. How incredible is that?

Ed Gamble
Also, you do it out your nose.

James Acaster
Straight out the nostrils.

Sarah Kendall
Yes. I sneeze and, yes.

Ed Gamble
You shit as often as you piss?

Sarah Kendall
No, look, that's a bit of hyperbole.

James Acaster
I have never heard someone say with such pride, 'But it's not diarrhoea.'

Ed Gamble
'But, woaah, but wait a second. It's not diarrhoea.'

James Acaster
'But it's not diarrhoea. How do you like that?'

Sarah Kendall
Diarrhoea is a shortcut. I feel like 'diarrhoea', for anyone who's like, 'I shit all the time.' I'm like, 'Yes, but is it diarrhoea? That doesn't count.' I do healthy, well formed stools but frequently. I think it's the fasting.

Ed Gamble
Yes, it must be.

James Acaster
Really?

Sarah Kendall
I think it's the fasting and the double espresso. Fucking, clear a path. Get to the bathroom, ASAP.



Ed Gamble

The thing is, Sarah, you came in here and you had a go at James for eating a sausage bap and having a Diet Coke. Everything you've described so far about your own life, you are the unhealthiest person I've ever met.

Sarah Kendall

You think? I think it's healthy. Isn't it? That I shit all the time and I sweat buckets?

Ed Gamble

Yes, none of this stuff, you sweat buckets onto the floor and it smells of meat and piss, sorry, piss.

Sarah Kendall

Piss, it smells of piss.

Ed Gamble

You shit as often as you piss.

Sarah Kendall

Yes, fast. Very fast.

James Acaster

Yes. Your throat's as dry as a sand block, the driest throat in the world.

Sarah Kendall

Yes, I've got such a dry throat that I think I'm dying.

James Acaster

Because all the moisture's leaving your body out of your armpits.

Sarah Kendall

Yes and I'm swallowing so often that the muscle is exhausted.

Ed Gamble

Yes and you've blamed all of this on the fact you've got quite a lot of hair.

Sarah Kendall

Yes, I know. It's, like, a 14th Century doctor. 'Well, you've got hair.'

Ed Gamble

'You've got hair.'

James Acaster

You've got hair, so that's the point to that.

Sarah Kendall

There you go. I know, but then I wonder if I'm getting all these, like, nasties out of my body, that it's going to keep me in a very healthy state. So, if I'm just shitting out all these things all the time, what are you guys keeping locked in? Think about that, Doogie.

James Acaster

Sure. Maybe he should think about that.

Sarah Kendall

Maybe you should think upon it.



James Acaster

Full of all that stuff.

Ed Gamble

We've all gone Doogie.

Sarah Kendall

Yes, it's all in you. You're walking around, carrying that.

James Acaster

Yes, sloshing around.

Sarah Kendall

Sarah's got it out by 10:00.

Ed Gamble

I think I'd prefer to just, you know, go through my day and only do one, maybe, rather than every twenty minutes.

Sarah Kendall

I do. It's not every twenty minutes but it's, like, I can't remember ever being constipated. It's just not in my-,

Ed Gamble

I'm, kind of, similar. I can remember two occasions.

Sarah Kendall

Right. So, I know some people who frequently go, like, two days without a shit. I'm like, 'Are you insane?' Do you know people like that?

James Acaster

Yes. I have met people like that and they think they are normal.

Sarah Kendall

They do and then you're like, 'That's not normal. You should be going at least once a day.' They're like, 'No.'

Ed Gamble

I once was away filming something and, I don't know, nervous or bad food, a whole week, nothing. Then, on the seventh day, I was like, 'There's something happening here.' I did. I went to the toilet. Normal poop. Great. Then, went back into my hotel room, I was like, 'Oh, I feel like that's not done.' Another full poop, right? Seven poops.

Sarah Kendall

Amazing.

James Acaster

Wow.

Ed Gamble

They were all backed up.

Sarah Kendall

Yes. Oh, wow. That's a good one.



Ed Gamble

We don't have to include that.

James Acaster

I mean, probably do.

Sarah Kendall

Oh no, I love talking about poo stories.

James Acaster

I've got a question about that.

Ed Gamble

Oh no, is it bad?

James Acaster

It's bad though, I think. I mean, I don't know. Did the over-wiping get unpleasant? Did you graze your anus?

Sarah Kendall

That is a good question.

Ed Gamble

I'd say not. Benito's got his pen out. I don't remember. I think I was so happy that it was going on, so relieved, that I wouldn't mind a bit of over-wiping.

Sarah Kendall

Yes, so relieved, you wouldn't mind. Also, if it's a hotel room, you can lean across, you can wet the toilet paper, you can sponge a bit. My brother had this saying, it made me laugh so much when he said it. You know, like, those poos where you have to keep wiping? He said, 'Oh, mate. It's like you've got a brown crayon hanging out your arse.' How funny is that? Brown crayon hanging out your arse. Every time you wipe, 'Oh, for god's sake.'

Ed Gamble

Oh, I could just imagine your family at Christmas.

Sarah Kendall

Yes. They're all entirely made up.

James Acaster

What a Christmas episode this is.

Sarah Kendall

I'm so sorry.

James Acaster

In that case, I guess, we're ending on dream drink, which we have never done before.

Sarah Kendall

You've never ended on dream drink?

James Acaster

Well, no. We normally end on dessert.



Ed Gamble

It's normally on dessert, to be fair, but we've covered this. You're having a cheeseboard.

Sarah Kendall

We have covered that. See, I had a bit of a problem with the drink thing because I don't really like alcohol that much.

Ed Gamble

Oh my god.

Sarah Kendall

I know. I drink to get drunk but I'm not into the taste. I don't like a wine. I don't like wine accompanying my meal. Like, I don't get wine and I don't get people who are into wine. It's not a taste that I go, 'Oh, that's delicious.' I, like, 'Yuck.' And drink it. Which is, I'm just there to get drunk. I'm not there for the deliciousness.

Ed Gamble

That's fair enough.

Sarah Kendall

So, I think my only drink requirement, I do like, just, a beer that remains cold. So, the second it dips below that really lovely cold temperature, it just gets instantly replaced by another super cold.

James Acaster

It doesn't have to be alcohol. You said you don't really like alcohol but you've chosen an alcoholic drink.

Sarah Kendall

Oh, yes, okay.

Ed Gamble

But you like getting drunk?

James Acaster

If your dream drink is different?

Ed Gamble

Imagine if it was a milkshake.

Sarah Kendall

Yes, a nice choccy (sic) milkshake with some peanuts on top.

James Acaster

I'll be happy. Peanuts. Yes, okay. I'll take that at this point.

Sarah Kendall

Is that what people put on sweets? I don't know.

Ed Gamble

So, yes, you don't have to have booze, if you prefer a different drink?

Sarah Kendall

Yes. I'll have one beer just because it feels, like, some sort of ceremony about having a really cold beer.



Ed Gamble

Okay. So, what beer do you want? What's your favourite beer?

Sarah Kendall

I don't give a shit. Lager or a pale ale. I don't mind a pale ale.

James Acaster

Yes, do you know what? I'm really hoping because every now and again, you know, the listeners to this podcast kick off a bit and really go after someone on social media.

Sarah Kendall

Yes, there's a lot to go after.

James Acaster

I'm already fantasising about all the stuff that you're going to get.

Sarah Kendall

Really?

James Acaster

Yes.

Sarah Kendall

What do you think was the standout?

Ed Gamble

Fantasising?

James Acaster

Well, there'll be-

Ed Gamble

Fantasising?

Sarah Kendall

Yes, go on. What's the pile on going to be? What do you think?

James Acaster

Well, I think some people will be like, you know, 'Didn't even care what kind of drink she had. Who the fuck doesn't even have a favourite drink, doesn't care about that? Doesn't care what kind of beer it is?'

Ed Gamble

No, I think people will be fine with that.

Sarah Kendall

Do you?

James Acaster

No.

Sarah Kendall

No, you don't?



Ed Gamble

Maybe the beer thing, yes.

James Acaster

They're so not fussed about drink, no.

Sarah Kendall

Really? I mean, if I have to-,

James Acaster

Yes, I'm trying to give them ammo here.

Sarah Kendall

Sure and I will push back and say, if I have to, I'll say a Coopers Pale Ale. I do like Coopers. It's an Aussie beer and I'll get a Coopers Pale Ale, if I have to nail it down to something, but if you brought over, just, a pint of Stella, I'm not going to send it back. It's not a hill worth dying on.

Ed Gamble

It just seems a shame to end the episode on that.

Sarah Kendall

Yes, it does seem a shame.

Ed Gamble

'I'm not going to send it back.' Thanks very much for coming on the Off Menu Podcast.

Sarah Kendall

I think I've had a lot of conflict.

Ed Gamble

Yes, it's been nice.

James Acaster

I mean, I have felt very angry throughout this.

Ed Gamble

Which is a shame because now Sarah's going to have a different memory of you in her head.

James Acaster

Is that going to be the case now, do you think? Every time you're angry, you'll think of me.

Sarah Kendall

No, I don't think so. This has gone on for too long. No, it's gone on for too long. This has been a decade of me thinking of you, I'm not joking, once a week.

James Acaster

Yes, once a week, thinking of how happy I looked.

Sarah Kendall

Yes. Even if the wind blows someone's hair, I just think of James Acaster being happy.

James Acaster

So, see, that's why you didn't mind the coffee this morning because you just thought of James Acaster's hair.



Sarah Kendall

Yes. 'This is so like James. This is so James.'

Ed Gamble

He's so happy.

Sarah Kendall

I just laugh to myself, 'That's so James.' Do you know the drink, this is not a great answer, I also just really like Coca-Cola. I just still love a Coca-Cola, a classic Coca-Cola.

James Acaster

Okay. Why did I get a bollocking earlier?

Sarah Kendall

There was something about it with the sausage bap before 10:00. It felt dangerous.

Ed Gamble

Do you want a Coca-Cola as your drink, then? You don't have to have a beer. You can have a Coca-Cola if you want?

Sarah Kendall

Yes, I don't mind a Coca-Cola.

Ed Gamble

Diet Coke or full fat?

Sarah Kendall

Oh, full fat.

Ed Gamble

Okay. Some of this is going against what you've said for the entire episode.

Sarah Kendall

In what way? Because it's a confectionery?

Ed Gamble

Very sweet.

Sarah Kendall

Is that my confectionery? I said I don't have it very often.

James Acaster

Ed, come on, talk me round.

Ed Gamble

James, how are you feeling? Now, you seem happy about this.

James Acaster

Bit better.

Ed Gamble

Someone having a can of Coke as a dessert?

James Acaster

Bit better, yes.



Sarah Kendall

Do you know what I'm going to do? I'm going to turn it into a spider. I'm going to have a dollop of-,

James Acaster

What?

Sarah Kendall

I'm literally going to turn it into a spider. So, in Australia, when I was growing up, a spider was a Coca-Cola with ice cream in it.

Ed Gamble

That feels like, especially in Australia, that could cause some pretty big mix ups.

Sarah Kendall

Oh, hilarious mix ups. Can you imagine? It might look a little something like this. 'Get away. There's a spider behind you.' 'Crikey. Oh, stone the crows. I thought you meant a redback.' And scene.

James Acaster

Then, the other way around?

Sarah Kendall

'Do you want a spider?' 'Yes, please. That sounds delicious.' 'Not a funnel web.' And scene. I love improv.

James Acaster

You're really good at it.

Ed Gamble

You're really good at it as well.

Sarah Kendall

I'm pretty good at it. I'm very much a 'yes' guy. 'Yes, and-', it's pretty much all you need to know.

Ed Gamble

Well, your menu has mainly been, 'No, thank you.'

Sarah Kendall

Yes, it's been, 'No, and you will do the thing that I asked you to do. Thank you very much.'

James Acaster

Yes. Well, I'm going to read your menu back to you now and see how you feel about it.

Ed Gamble

Alright, then. I've got no idea what-,

Sarah Kendall

Yes. How do you feel about me putting some ice cream in my spider as an olive branch?

Ed Gamble

I love that. I feel like it's to appease me, but I don't mind at this point.

Sarah Kendall

What would you call that?



James Acaster

A Coke float.

Ed Gamble

A Coke float, yes.

Sarah Kendall

It's a Coke float, there you go.

James Acaster

Spider's quite nice. Nice to call it a spider.

Ed Gamble

A Coke float is also where I keep all my change to buy my drugs.

James Acaster

I'm going to read it to you and then see what you think. Oh, good Coke float joke, by the way.

Ed Gamble

Thank you. Carry on.

James Acaster

Water. You went sparkling water and a flat white. I'll come back to that. Popadoms or bread, a corner of sourdough.

Sarah Kendall

Yes. The heel.

James Acaster

The heel. Starter, beef carpaccio with capers, parmesan and rocket plus nine pleasant oysters. Main course, lobster tail spaghetti. Side dish, roast fatty duck from Chinatown. Christmas meal, you had a seafood barbecue. Drink, a spider. Dessert, cheeseboard.

Sarah Kendall

Yes.

Ed Gamble

Are we doing that or are we going to do the spider as dessert and get rid of the cheeseboard?

James Acaster

And move your flat white to your drink?

Sarah Kendall

Whatever you want. I don't give a shit.

Ed Gamble

That is, actually, the only correct answer in this podcast, really.

Sarah Kendall

Yes, that is.

James Acaster

No. Everyone should care.



Sarah Kendall

That was literally the most boring-, you thought my end was boring when I ordered a drink and then you came up with that and you think that's an ending? Yes. Sure, swap it out. Fuck me.

James Acaster

How have you enjoyed this podcast?

Sarah Kendall

I've had a lovely time.

James Acaster

Yes, me too. Have you enjoyed yourself?

Sarah Kendall

I've had a really nice time but, do you know what? I'm going to get the horrors when I leave this building because I feel like when I'm in situations like this with comics and then I go, 'I shouldn't have said that. I shouldn't have said that. I shouldn't have said that. That's not good. I shouldn't have said that.' I don't mind disgusting. I find it weird when people find, like, disgusting, disgusting. Talking about a shit, I don't find that awful. That's not a problem.

Ed Gamble

Well, Merry Christmas. Thanks for coming into the dream restaurant, Sarah.

Sarah Kendall

Merry Chrimbo to you and yours.

Ed Gamble

Well, there we are. How are you feeling, James?

James Acaster

I hated it. I hated it.

Ed Gamble

We've never had someone try and get out of a dessert so readily.

James Acaster

Oh, I mean, at least the Coke float, the spider, got in there at the end.

Ed Gamble

The spider. See, we're learning things.

James Acaster

We learnt things.

Ed Gamble

Schooners, middies, spiders.

James Acaster

I was appeased but never before has it been dropped so early on that there's going to be no dessert and then I've got to somehow handle it. I don't know. I still feel a bit rattled by it. She didn't say, Kendal Mint Cake which, to be honest-,

Ed Gamble

You were praying she said.



James Acaster

I would've let her stay in. Yes, if she'd have said 'Kendal Mint Cake', I would have gone, 'You can stay in the dream restaurant, actually, because at least you're having some sugar.'

Ed Gamble

Well, I loved it. I actually really liked that menu. Didn't get a chance to say it in the main body of the episode. I think that menu is delicious.

James Acaster

'Body' being the key word. We learnt a lot about the human body in that episode.

Ed Gamble

We did, didn't we? Now this, obviously, famously often turns into a 'pee pee, poo poo' podcast, but today was particularly pee pee, poo poo.

James Acaster

It's been a while since we've even had a little mention of pee pee, poo poo and this one really made up for lost time.

Ed Gamble

Yes, it really did.

James Acaster

This one was like, 'Alright, here you go.'

Ed Gamble

It's like we were backed up for ages and then did seven in a row.

James Acaster

Yes, it's exactly like that. All came gushing out.

Ed Gamble

Yes and it was also the Christmas episode. It's very difficult to remember, sometimes, that this is a Christmas episode.

James Acaster

Well, look, you know, just to reassure people, there are two Christmas episodes.

Ed Gamble

Next week's will be more Christmassy, maybe?

James Acaster

Well, it depends, you know, what you like about Christmas. For some people, that would've been the perfect Christmas, what they've just heard there.

Ed Gamble

Well, yes, I mean, that sums up my Christmas anyway. Just, basically, packing food in.

James Acaster

Yes. Next week is more traditionally Christmassy.

Ed Gamble

Yes, I'd say that.

James Acaster



That, what you've just had there, I don't know. Boxing Day?

Ed Gamble

Sarah's sitcom Frayed, series two, is out in the new year on Sky and also available on Now.

James Acaster

Fantastic.

Ed Gamble

She is brilliant. She's a brilliant writer. Do take in as much of her stuff as possible. She is fantastic.

James Acaster

Yes, absolutely.

Ed Gamble

But very begrudging?

James Acaster

I'm furious.

Ed Gamble

Yes, but James is furious. Thank you very much for listening. We have another Christmas special episode next week. We'll see you then but, until then, enjoy the festive cheer.

James Acaster

Ho, ho, ho.