



# Off Menu – Ep163 – Rylan Clark:

## Ed Gamble

Welcome to the Off Menu podcast, boiling the egg of conversation, cutting off the little tip of, that's all the bad times and we get rid of that. And then we get the spoon of the internet, dig that into the egg of the podcast, and eat all the nice and boiled egg. It's a boiled egg, James.

## James Acaster

I think that that's a good one actually. I think you have definitely done egg ones before at the top.

## Ed Gamble

Yes, but what type of egg have I done?

## James Acaster

Yes, exactly. So, I mean, even if you have done a boiled egg one, you haven't said that the bit you cut off at the tip is the bad times, and that then you ate all the good times on the inside. So, even if you have done a boiled egg before, it's a different take on a classic.

## Ed Gamble

I'll be honest, this has really snuck up on me.

## James Acaster

Yes, always does.

## Ed Gamble

Hadn't thought of it in advance. Always does, I know, but this has really snuck up on me today. I'm very tired. This is episode one of four that we're recording today, so I'm really worried about the next three.

## James Acaster

The little competition for the listeners, see if you can spot what the other three episodes are, and what order. If anyone gets the four episodes we've recorded in one day, in the right order, then you will get a signed chopping board by the Great Benito, will sign it for you.

## Ed Gamble

Yes. And Benito will buy it too, and send it out.

## James Acaster

Yes, he will buy it and sign it, and we'll send it out to you.

## Ed Gamble

Yes.

## James Acaster

That's a good prize.

## Ed Gamble

A signed chopping board.

## James Acaster

This is the Off Menu podcast. That is Ed Gamble, my name is James Acaster. We own a dream restaurant, and we invite a guest in every single week, and we ask them their favourite ever starter, main course, desert, side dish, and drink, not in that order. And this week our guest is Rylan Clark.



**Ed Gamble**

Rylan Clark, wonderful national 'treash' territory of course.

**James Acaster**

National 'treash' territory, definitely in my heart. Rylan Clark was in the Bake Off tent with me, he was my guardian angel, he was my saving grace, he watched over me, and I still appreciate it to this day. You know, I'm going to feel quite emotional today on this episode. Maybe we'll see the first tears shed on the Off Menu podcast.

**Ed Gamble**

From you.

**James Acaster**

From me, yes. Yes, we've had people shed some tears before.

**Ed Gamble**

Yes, after we stopped recording.

**James Acaster**

Yes, after we stop a lot of people are like, 'Please don't, that can't air.'

**Ed Gamble**

Yes. A lot of people are gutted after they finish recording this.

**James Acaster**

'Please do not upload that.' But, bad luck, we're going to do it.

**Ed Gamble**

Bad luck, we upload it. No matter what happens.

**James Acaster**

I'll tell you what else I'm very excited about, Ed.

**Ed Gamble**

Go on.

**James Acaster**

Rylan's got a new book coming out called 'TEN, The Decade That Changed My Future'. It's coming out hardback 29th September 2022.

**Ed Gamble**

2022.

**James Acaster**

I'm looking forward to it a lot, all about Rylan's life, but like we've never seen him before. You think you know Rylan? No, not until you read 'TEN'.

**Ed Gamble**

Well, looking forward to chatting to Rylan about that book, and about his dream meal. Because you think you know Rylan? Not until you've heard his dream meal.



**James Acaster**

Not until you've heard his dream meal. But, if Rylan says the secret ingredient, and ingredient which we deem to be disgusting, usually, or that we can just link to the guest somehow, then we will kick him out. And this week the secret ingredient is dolly mixture.

**Ed Gamble**

Dolly mixture. Not 'mixtures', I wouldn't say that.

**James Acaster**

Oh really? You call them 'dolly mixture'?

**Ed Gamble**

Yes because you wouldn't have mixtures would you.

**James Acaster**

I call them dolly mixtures. Benito?

**Ed Gamble**

Because you would just have one mixture, you can't pluralise mixture can you.

**James Acaster**

Oh I agree with that, whole heartedly, but is that a collective? It's called 'dolly mixtures'.

**Ed Gamble**

That's like saying 'cereals'.

**James Acaster**

So it's called 'dolly mixture'?

**Ed Gamble**

Yes.

**James Acaster**

I've been calling it 'dolly mixtures' my whole life.

**Ed Gamble**

Yes, well you're a crazy guy.

**James Acaster**

Yes, I guess everyone just let's it slide. They think I'm being deliberately quirky.

**Ed Gamble**

Yes, you've got problems, man.

**James Acaster**

But sometimes -

**Ed Gamble**

They're going, you've got to let Acaster say 'mixtures', because there's other issues we've got to work on here with this guy.

**James Acaster**

Yes. Wow, I wonder how much other stuff I get away with in life because people just think it's not worth it, leave him alone.



**Ed Gamble**

It's Dolly's mixture.

**James Acaster**

Yes, that would help. Dolly Alderton.

**Ed Gamble**

Yes, it's Dolly Alderton's mixture.

**James Acaster**

Yes, she wouldn't like dolly mixtures because she doesn't like deserts.

**Ed Gamble**

No.

**James Acaster**

Listen, obviously I don't hate dolly mixture, or dolly mixtures.

**Ed Gamble**

No.

**James Acaster**

I'm not a fan either, I probably go for them first in the sweet aisle. But the the reason we've chosen it is that when Rylan and I were in the tent, and we covered this in the Paul Hollywood episode.

**Ed Gamble**

In the Bake Off tent.

**James Acaster**

In the Bake Off tent, we didn't do Outsiders together. We tried to catch Paul Hollywood in a box, wanted to trap him in a box, and we used dolly mixture as bait. Although on the day I was saying 'dolly mixtures', but you know, obviously when I was in that Bake Off tent definitely everyone was letting me say whatever I wanted. Steer well clear of him.

**Ed Gamble**

But let it slide. The guy's on the brink.

**James Acaster**

Yes. We're getting enough good footage as it is, we don't need to wind him up with how to say 'dolly mixture'. So, that's the food that Rylan and I bonded over. And it would be a shame to then kick him out of the dream restaurant because of that food again, but you know, it's what I associate with Rylan, and sometimes we've just got to go with what we associate with a guest.

**Ed Gamble**

It's going to be interesting, James, to see if he remembers the same things that you remember from your time together in the tent.

**James Acaster**

Well I can tell you that Rylan once interviewed me for him radio show because I was promoting something, and I learnt very quickly that I hold a lot of fond memories of that, and I don't think Rylan remembers all of it. But he did tell me, 'Well loads of people have told me that you've said very nice things about me and our time in the tent together, James,' but in a way that was like, I'm just nice to everyone, so you were just another person I was nice to. You're just another person.



**Ed Gamble**

Didn't you want to use Rylan at the end of your special once?

**James Acaster**

Yes, there was a point where-, because I'd mentioned Rylan. And I was considering, oh maybe at the end of the special, but you know, I could be at my whit's end and I don't know what to do. And then Rylan could walk on stage and help me. And, you know, it would be good to get him to record something that I can play every night, but then when I actually film it, I'll get Rylan to turn up in the flesh and help me out, and very quickly sod all about it.

**Ed Gamble**

We'll tell Rylan all about that, I can't wait.

**James Acaster**

Well, no, let's not tell him.

**Ed Gamble**

So, without further ado, this is the Off Menu menu of Rylan Clark.

**James Acaster**

Rylan Clark.

**Ed Gamble**

Welcome, Rylan, to the dream restaurant.

**Ed Gamble**

Welcome, Rylan, to the dream restaurant.

**Rylan Clark**

I mean, this is a dream of a restaurant. Oh, look at that.

**James Acaster**

Welcome, Rylan Clark, to the dream restaurant, we - to keep us some time.

**Rylan Clark**

I mean, why is the reservation list so long? I've been waiting to come here for ages.

**Ed Gamble**

I know, you've been at, I think, the top of our reservation list for a long time now.

**James Acaster**

Yes, yes.

**Rylan Clark**

- I've been sitting there starving waiting for this.

**James Acaster**

Yes, we're the only restaurant where the reservation list is, like-, it's the other way round, we make the reservations. We put down who we want to come.

**Ed Gamble**

That's a good point, isn't it?



**Rylan Clark**

It's properly, like, one of those places where it's like-, it's like the Berghain, you can't, like, ask to go, you've just got to turn up and hope for the best. I've been waiting outside for three weeks.

**Ed Gamble**

Yes.

**James Acaster**

Yes, no, we've seen you.

**Rylan Clark**

Thanks for letting me in.

**James Acaster**

You were very resourceful out there.

**Rylan Clark**

Oh, I've pulled three times.

**Ed Gamble**

Who else is in the queue out there? Who else is waiting to get into the dream restaurant?

**Rylan Clark**

Husband number three, four, five, probably.

**James Acaster**

That'd be good, if we just get loads of husbands on.

**Rylan Clark**

Yes, fine. I mean, there's a fucking show.

**James Acaster**

You like food, Rylan?

**Rylan Clark**

I love food, yes.

**James Acaster**

You love food?

**Rylan Clark**

I'm a weird one with food, though. I'm like a moody food eater.

**Ed Gamble**

A moody foodie?

**Rylan Clark**

A moody foodie?

**James Acaster**

This is the first moody foodie we've had on.

**Rylan Clark**

Well, I'm glad to earn that title. I'm a moody foodie.



**Ed Gamble**

Yes.

**Rylan Clark**

So like, one day I'll be like, 'This is what I want, and this is all I'm going to do,' and that will last for a week.

**James Acaster**

Yes.

**Rylan Clark**

And then I'll be like, 'I don't like that no more, I won't eat that.'

**Ed Gamble**

Oh, really?

**Rylan Clark**

Yes. I'm like a weird, weird person.

**James Acaster**

Is there something that, like, puts you in that direction, like you'll see an advert for something and, 'That's what I want'? Or if you wake up and suddenly-

**Rylan Clark**

It just happens.

**Ed Gamble**

Yes.

**Rylan Clark**

It just happens. It's like, 'Oh, quick, jar of Nutella, quick, get me a spoon,' and then that's it. Fuck the toast, just give me a spoon.

**Ed Gamble**

What was the last food mood that you had?

**Rylan Clark**

Last food mood that I had was-, shall I tell you? One of the most exciting things that's ever happened to me in my life, and this is going to sound very sad, when Deliveroo started delivering to my area last year.

**Ed Gamble**

Last year?

**Rylan Clark**

Yes. I mean, I live in the middle of nowhere, so it was Chinese or Indian, that was it, that's all you would get in. I cried.

**James Acaster**

Yes.

**Rylan Clark**

I cried. Because obviously, I had the Deliveroo app for, like, other things, obviously, other takeaway apps are available, but I just got this notification come up saying, 'We're now in your area,' and I didn't know whether to cry, have a wank, like, it was just such a moment.



**James Acaster**

Both? Did both?

**Rylan Clark**

A crank?

**James Acaster**

Yes, you've got to have a crank.

**Ed Gamble**

Yes, a Deliveroo crank.

**Rylan Clark**

It's always nice to have a crank every now and then. But, yes, it was honestly-, and I would just order things that I wasn't even going to touch, but I was like, 'I could get Burger King to my house.'

**Ed Gamble**

Is that what the options are?

**Rylan Clark**

I mean, this week, we have been really pounding Prezzo.

**Ed Gamble**

Yes.

**Rylan Clark**

Mozzarella In Carrozza, Spicy Tomato Calabrese.

**Ed Gamble**

Great, love it.

**Rylan Clark**

Yes, literally rinsing it. Then I'll have it so much that I'm like, 'No, can't even that ever again.'

**Ed Gamble**

So, Prezzo is the current food mood?

**Rylan Clark**

I'm in a Prezzo mood at the moment.

**James Acaster**

Wow.

**Rylan Clark**

I mean, I'm a normal guy.

**James Acaster**

Yes.

**Rylan Clark**

Normal guy. Keep your caviar, I'm going Prezzo.

**James Acaster**

Straight to Prez.





**Ed Gamble**

Difficult to find caviar on Deliveroo anyway, I find.

**Rylan Clark**

Well, I mean, hang about and I'm sure someone will deliver it.

**James Acaster**

But when caviar comes up on Deliveroo, that's the day that Ed has a crank, that's it.

**Rylan Clark**

That's me at the moment just thinking about the caviar Deliveroos.

**Ed Gamble**

I'm cranking it.

**James Acaster**

That's what he's been waiting for his whole life, is caviar with Deliveroo.

**Ed Gamble**

I don't-, no, I'm not that guy.

**Rylan Clark**

You are that guy.

**Ed Gamble**

I could be.

**James Acaster**

You've been cranking it.

**Ed Gamble**

I could be.

**Rylan Clark**

I'll watch it.

**James Acaster**

Wow, that's good, I love it. Also, I understand the emotional thing about getting-, because like, especially, like, the pandemic.

**Rylan Clark**

Oh yes.

**James Acaster**

All my Deliveroo options were bad.

**Rylan Clark**

Really?

**James Acaster**

And I've, like, moved recently, and the good Deliveroo options, I felt like having a crank. So, like, I understand that emotion of finding getting Deliveroo in your area and actually, especially after, you know, the last two years, feeling quite emotional that you've got Deliveroo now, I understand.



**Rylan Clark:** I tell you what's the most exciting bit, is when you log into, like, one of those apps and, like I said, obviously, I went without for a long time, and the two options were Chinese, Indian, and then when you start seeing new boxes come up like Thai, Dessert, Breakfast. Breakfast? Well, that's the one for me. Oh, my God. I swear to God, a hash brown delivered? Put it down my throat.

**James Acaster**

Is that an option on the app?

**Rylan Clark**

Well, it depends what driver it is.

**Ed Gamble**

Getting breakfast on Deliveroo is really-, that's really-, when you cross that line, there's no going back.

**Rylan Clark**

Babe, like, knock the kitchen down. There's no need for it anymore. Literally, put the sweaters in the oven, like, we are done. We are done. I will use it as wardrobe space now.

**Ed Gamble**

Great.

**Rylan Clark**

It's really not an issue. When you can get a breakfast-, when you can get a dirty sausage delivered to your house in one of those styrofoam boxes that's greasy and a little bit wet from the steam and condensation, you know you're doing alright.

**James Acaster**

That is when you know you're doing alright. Ed got me my birthday present one year via Deliveroo.

**Rylan Clark**

What was it?

**James Acaster**

A load of ice cream.

**Ed Gamble**

Yes, just loads of ice cream.

**James Acaster**

He just texted me, 'Happy birthday. Your present is seven minutes away.'

**Rylan Clark**

Amazing.

**James Acaster**

Thank you, Ed.

**Ed Gamble**

Well, that's your dream present, right?

**James Acaster**

Yes, yes.



**Rylan Clark**

That's literally going to be my - now.

**James Acaster**

Doorbell went.

**Rylan Clark**

Never thought of that.

**James Acaster**

Two tubs of icecream. Actually, no, it was quite a lot of stuff. It was some tubs of ice cream, a Ben & Jerry's Peace Pop.

**Ed Gamble**

I love the Peace Pops.

**Rylan Clark**

Oh, so good. That's a gift.

**James Acaster**

I was in-,

**Rylan Clark**

I mean, I feel like you can't even buy that for yourself because it's so special. Like, you need someone to order that for you.

**Ed Gamble**

He would buy it for himself, to be fair.

**Rylan Clark**

I know he would.

**James Acaster**

I would but, recently, I-, so, I was in Scandinavia last week, and I was trying to be good while I was-,

**Ed Gamble**

Doing a tour.

**James Acaster**

I was doing a tour, yes, to be fair to me.

**Rylan Clark**

Big up the tour.

**James Acaster**

I was in a queue at a petrol station there. I was going to buy myself a Diet Coke. I wanted to see how it tasted abroad.

**Rylan Clark**

Yes, of course. I'm the same.

**Ed Gamble**

This is your first crazy tour story that I've heard.



**James Acaster**

Yes, this is a crazy tour story. Get ready for this.

**Rylan Clark**

Oh my God. I'm just glad I'm here for it.

**James Acaster**

Get ready for this, and this is, like, the first one I'm rolling out. So, imagine-, this is the best one.

**Rylan Clark**

This is a whole new podcast.

**James Acaster**

This is the best one I've got. I'm in the queue. I look at the freezer.

**Rylan Clark**

Was you doing that with your hands as well?

**James Acaster**

Yes, I was doing it was a T-Rex. I had T-Rex hands.

**Rylan Clark**

Just checking. I just want to visualise, you know?

**James Acaster**

I'm waiting in the queue to get my diet coke, and I look down, and I see in the freezer, the chest freezer-,

**Rylan Clark**

I love a chest.

**James Acaster**

They've got Ben & Jerry's Peace Pop, but it's salted caramel flavour, which you can't get here.

**Rylan Clark**

My God. I mean, international life.

**James Acaster**

And I went into a daze looking at it, like I was drawn in like a tractor beam, and I didn't realise that the queue had completely-, I was at the front of the queue at this point, but I didn't know that.

**Rylan Clark**

My God. What did you do? What did you do?

**James Acaster**

I was a couple of feet away from the counter and they even started shouting at me in Swedish.

**Rylan Clark**

In Swedish.

**James Acaster**

Being, like, 'Sir,' or whatever, and I had to look up.

**Ed Gamble**

They genuinely weren't shouting, 'Sir.'



**Rylan Clark**

What word was that, sorry? What word was that?

**James Acaster**

'Sir, please.' That's what they were shouting at me.

**Rylan Clark**

Yes, I know him. I know him.

**James Acaster**

'Please,' and I decided not to buy the-, I was, like, 'I can't do it.'

**Ed Gamble**

That's the end of the story, is it?

**James Acaster**

Well, actually, no. Later on in the week, I bought it.

**Rylan Clark**

Oh my God.

**James Acaster**

Yes, yes, yes, yes. I got it later in the week and it was good.

**Rylan Clark**

Can I just say, you could have really built up the end a bit more there. It was just, 'I went back and bought it.'

**James Acaster**

I know. Sometimes, you've got to sneak it there. I was in a different city.

**Rylan Clark**

I've got in trouble with that before.

**James Acaster**

Hey, listen. I saw it in Lund, I bought it in Stockholm. That's the full story.

**Ed Gamble**

What a story.

**James Acaster**

What a journey, and it's not full of cookie dough like the Peace Pop we have.

**Rylan Clark**

The cookie dough one.

**James Acaster**

Yes, like the cookie dough one.

**Rylan Clark**

It's full of salted caramel?



**James Acaster**

The outside is, like, salted caramel, and then there's Ben & Jerry's vanilla ice cream, and then the actual peace sign is made of chocolate, solid chocolate, and it's smaller as well. It's a nice little snack on the go.

**Rylan Clark**

I think I might have checked out in the queue, do you know what I mean, but I'm here for it and I would watch this travelogue.

**James Acaster**

Yes. Well, this is most of my stories.

**Rylan Clark**

James, why don't you do, like, a series where you just go around petrol stations abroad and see what exotic things you can find? I'll tell you what is good in petrol stations.

**Ed Gamble**

And no one tries to produce it happen. They just let James do it.

**Rylan Clark**

No, just let it happen.

**James Acaster**

Yes, yes. Unproducable.

**Rylan Clark**

We don't need to film it or record it. You just go do it and then just tell us about it on here.

**Ed Gamble**

Or not. Keep it to yourself.

**James Acaster**

Don't need to record it. Just do it.

**Rylan Clark**

I'll tell you what is exciting in petrol stations abroad, chewing gum. You get some exciting things in there. Like, the second you look down and it says Orbit Watermelon, you're, 'My God. I'm definitely abroad. I'll take that to the beach.' My God, it's just exciting. I mean, Airwaves is having it off in Europe.

**James Acaster**

Absolutely. Do you find American gum loses its flavour quicker than any gum anywhere else?

**Rylan Clark**

I just had this conversation in the car. I genuinely just had this conversation in the car. It does. I don't know why. I mean, you can't go wrong with, like, a mint-type gum, but all the flavours and that, like bubblegum. Bubblegum ain't what it used to be. That's really not what it used to be. I'm sorry and I will say it, and I'll stand by it. I will stand by it. I remember as a kid you used to get some bubblegum, a bit of Hubba Bubba. You used to put three in your mouth, blow bubbles. I tasted that three days later.

**James Acaster**

How did you, Ed, keep a straight face then when Rylan looked dead at you and went, 'Hubba Bubba,' like that, and he deliberately-



**Rylan Clark**

You shouldn't talk about Hubba Bubba in any other way. Hubba Bubba's a serious thing.

**James Acaster**

It was dead at you, right eye contact. 'Hubba Bubba,' and let out like that. 'Hubba Bubba.'

**Ed Gamble**

Because, honestly, when I was locked into the eye contact, it honestly feels like the most serious thing in the world.

**James Acaster**

Yes, yes. It did. It was quite serious.

**Rylan Clark**

I mean, it was as a kid. I mean, you had all the hits with Hubba Bubba. You had your apples, you had your blueberry, your raspberry, you had your cola at one point. That was a moment.

**James Acaster**

Yes, that was good.

**Ed Gamble**

I loved bubblegum as a kid, but I didn't really get it a lot because it used to make me fart.

**Rylan Clark**

You had to bring the tone down, didn't you?

**Ed Gamble**

Bubblegum really makes me fart.

**Rylan Clark**

You can't talk about things like that and Hubba Bubba.

**James Acaster**

Yes, well, so, this is the thing. I have nice little whimsical stories about seeing stuff abroad in petrol stations. Ed, straight in with the guff story.

**Ed Gamble**

But it's the longest fart I've ever done.

**Rylan Clark**

You know why though?

**James Acaster**

Do you know why? Do you know what's sad about this? I've heard this story before. I've heard this before.

**Rylan Clark**

Oh my God. Have we got to that point in the podcast he's reusing?

**James Acaster**

I think he's told me this off-air.

**Ed Gamble**

I'm sorry, I'm sorry. If it was in a petrol station, it would be a better story, would it?



**James Acaster**

Yes, that would be pretty cool.

**Rylan Clark**

I'm going to call it though, shittest bubblegum ever, the bottom of a Screwball ice cream. Bullshit. Take it back, I don't even want it. I don't even want it. I don't want it. That's not a bubblegum. Fuck off.

**James Acaster**

Apart from the first time I had it because the first time I had it, I thought the ice cream looked nice. I didn't know there was bubblegum at the bottom. So, like, that was very exciting for me.

**Rylan Clark**

Yes, but then you eat into it and it tastes like chalk.

**Ed Gamble**

Yes, it's not good bubblegum.

**James Acaster**

It's bad.

**Rylan Clark**

Take it back.

**Ed Gamble**

There's a reason it's hiding.

**James Acaster**

Yes, yes. Bottom of an ice cream. Rylan, you have a book out called Ten and we're very excited about it.

**Rylan Clark**

Well, at least someone is.

**James Acaster**

Come on.

**Ed Gamble**

No, Rylan. Come on, we're going to do some PR now.

**Rylan Clark**

Can't we just have a nice time instead?

**Ed Gamble**

Yes, we can do after.

**Rylan Clark**

Is this a contracted thing. Yes.

**James Acaster**

This is a memoir?

**Rylan Clark**

Yes and no really. Like, I did my first book about, I can't even remember, it was 2016. That was very autobiography and I found it, not easy, but easier than this one because it was, like, 'I was born then





and this happened and then, all of a sudden, this all happened,' and that was it. Number one somehow, I don't know, but then this one, it's ten years literally this week that I went on X Factor. And we decided to do the book, and, this one, it's more about lessons I've learned along the way, and the book started out as one thing, and has merged into another because, obviously, I had a bit of a shit year last year, but yes. It's more like looking back at what fame was then, what it meant to me then, what it means now, and I think people will be quite shocked because I'm a little bit, like, can't I just sit indoors? It's all about lessons, and do you know what, like, I've got people in there as well. Everyone who says, 'What's your favourite part about it?' The bit I didn't write, which is I got my friends in the industry and my family to write letters themselves for the book, like a lesson we've learned together, and yes. So, it was exciting for me because I'd never read them bits of the book. So, that was really, really nice. You've got Claire from Steps in there, so, what more do you want to hear?

**James Acaster**

Sold.

**Ed Gamble**

Sold.

**Rylan Clark**

Thank you.

**James Acaster**

So, there's very few people, actually, you're quite a rarity, who managed to go on, like, a show like X Factor, and have a career that sustains this long, and you get to do so many things, and people wouldn't even-, when you said X Factor there, I was, like, 'Yes. Rylan was on X Factor,' because people don't associate that with you anymore.

**Rylan Clark**

That's actually, like, the biggest compliment when people say that.

**James Acaster**

Yes. What advice would you give people going on those shows who want to have a sustainable career afterwards because, like, you know, you were one of the first to make that properly happen, a long-standing career, and I don't think a lot of people know when they go on those shows what it takes to make it last a bit longer than that.

**Rylan Clark**

Sleep about.

**Ed Gamble**

Simple as.

**Rylan Clark**

That's it. No, I'm joking.

**James Acaster**

This is your book.

**Rylan Clark**

No, literally, I think, everyone always asks me that question and I'm, like, 'I don't know the answer,' because, if I did, I'd open up some type of agency and just pump them out, but, genuinely, the one thing I put it down to is I never changed. I know my face did, but just be nice to people on the way up. Like, I remember for the first couple of months after X Factor, I don't even remember what I said when I left X Factor. When it's, like, 'Give it up for Rylan. What do you want to say?' I don't know



what I said, but, apparently, I thanked the runners. And if no one knows what a runner is, the runners are, like, people that run about, get the teas, coffees. Basically, the dogsbodies that get treated like shit a lot of the time in TV and stuff like that. And, apparently, I said, 'You know, I want to thank everyone for having me. I want to thank all the runners,' and I didn't realise that. I'll tell you what, every show I did for the first few months after that, I'd be getting my coffee first. Because people, like, no one thanks the runners, but, now, all the runners back then are the producers of today. So, it's like the people that I treated well in the beginning are now the people making bigger decisions and I think, listen, we work in this industry and we know what's real and what's fake. We know who's real and who's fake.

We know who's a TV personality and then off-air they're an arsehole, and I'd like to think I'm not one of them, and, I think, that's what it is. I don't care if you're my runner or my exec producer. I'll treat you both exactly the same. My manager now was my runner at Big Brother. So, when Big Brother finished, over the years, like, we got on so well in my early years at Big Brother because he loved the show as much as I did, and on my show at Big Brother, Big Brother's Bit on the Side, in our office there was about 48 of us and we were just left to do what we wanted to do, but there was no hierarchy. So, like, my exec producer, my runner, it didn't matter. We all had ideas, we'd all throw them in, and we'd all make the show. And, as the years went on, he, sort of, moved up from, like, my runner to an associate producer or a researcher, things like that, and then when Big Brother finished, I was, 'Come and join my management team,' and that's what he did. So, now, he is, basically, my runner is in charge of my career.

**Ed Gamble**

That's so cool.

**Rylan Clark**

That's what I think the secret is. Just be nice to people. Don't be an arsehole, and then fuck around.

**James Acaster**

We always start with still or sparkling water.

**Rylan Clark**

Moody foody. Right at this moment, I'd go for the spark. Sometimes, I like a still.

**James Acaster**

What would dictate that?

**Rylan Clark**

What I'm doing afterwards. So, like, if it's a date, sparkling because it's just a bit more exotic and it's, like, 'Yes, we'll have the sparkling.' Do you know what I mean? When, really, you're, like, 'What am I like?' You know, it's a bit exotic. I don't know, don't get me wrong. Yes, still water, we're all alive, but I don't know. If you're with people or a work meeting, it's, like, 'Sparkling please,' and you say it like that as well.

**Ed Gamble**

If you were on a date and they ordered still water, would you be, like, 'Oh?'

**Rylan Clark**

I'd be, like, 'Great.'

**Ed Gamble**

So, you'd be happy with that?



**Rylan Clark**

No, I'd be fine with it. To be fair, I don't really get to date. So, I'd just be happy to have the date. Are you offering, Ed?

**Ed Gamble**

Yes, sure. Let's go out.

**Rylan Clark**

I mean, we've had dinner before, me and you.

**Ed Gamble**

Yes, we've had dinner on TV.

**Rylan Clark**

On telly.

**James Acaster**

Oh, yes. Did you have to split the bill? Is it that show?

**Rylan Clark**

Well, you ended up paying, didn't you?

**Ed Gamble**

I had to pay. It was I'll Get This.

**James Acaster**

I'll Get This.

**Rylan Clark**

I felt bad. After the show, I was, like, 'Do you want some money?'

**Ed Gamble**

Because you do actually have to pay.

**Rylan Clark**

Because we were on the show, and long story short, there was, like, five of us, six of us, and we all put our credit cards in the middle, it's not swinging, sadly. And, well, you play these games, and, if you win a game, you get to take your credit card back because you're not paying. Well, I won, like, the third game, I think, and, so, the second I took my credit card back, I stopped ordering anything because I felt bad. Anton DuBeke and Vorders, they were fucking ordering the champagne.

**Ed Gamble**

They didn't care.

**James Acaster**

That's a nightmare lineup.

**Rylan Clark**

DuBeke and Vorders? You're out of here.

**James Acaster**

If you're put with Tony Beke and Vorders, then you're absolutely-,

**Rylan Clark**

Tony Beke loves the old vino rosso. I'll tell you what and he goes for the dear bottle.



**Ed Gamble**

He was a cheeky boy, Tony Beke.

**Rylan Clark**

He was a cheeky Bekey. He was a cheeky Bekey.

**Ed Gamble**

Vorders was on one as well.

**Rylan Clark**

Weren't she. Honestly, since that night, me and her are always talking.

**Ed Gamble**

Yes, I mean, you were talking a lot that night as well.

**Rylan Clark**

I was pissed.

**Ed Gamble**

I think I had to pay, like, £600 or something.

**Rylan Clark**

No, it was more than that.

**Ed Gamble**

Was it?

**Rylan Clark**

Yes.

**James Acaster**

Yes. If you're paying for Tony Beke's vino.

**Rylan Clark**

That was just Tony Beke's vino. I mean, and look at him now. Strictly judge, living his best life.

**James Acaster**

Yes, thanks to you.

**Ed Gamble**

He's never offered to pay me back.

**James Acaster**

Poppadoms or bread? Poppadoms or bread, Rylan Clark? Poppadoms or bread?

**James Acaster**

Poppadoms.

**James Acaster**

Poppadoms.

**Ed Gamble**

Now, is this a moody foody thing? Or is it always poppadoms?



**Rylan Clark**

I mean, I think you can always enjoy a poppadom, whether you're a little bit full. Sometimes, you look at bread and think, 'I can't. I just can't do it to myself.' I mean, the problem is with the bread, I think a lot of people are scarred by bread because it's normally the first thing that comes out and, sometimes, you're quite hungry. Next thing you know, you've ate a fucking loaf and you can say goodbye to your pasta -

**Ed Gamble**

Don't give away your main.

**Rylan Clark**

My favourite dish. I don't want to give it away.

**James Acaster**

How are you spelling that?

**Rylan Clark**

But do you know what I mean? And there's certain restaurants you go to that bread is handsome. Like, handsome bread. Do you know what I mean?

**Ed Gamble**

I know exactly what you mean, but I've never heard it described like that.

**Rylan Clark**

A handsome bread? Handsome. Fucking handsome.

**James Acaster**

I've got a friend in Kettering who used to call all food handsome.

**Ed Gamble**

Really?

**James Acaster**

Yes, yes. He'd say, 'That is handsome.'

**Rylan Clark**

I've got an ex from Kettering.

**James Acaster**

Yes?

**Rylan Clark**

Yes, it's probably him.

**James Acaster**

Do you want to name them?

**Rylan Clark**

His name's -----

**James Acaster**

I don't know anyone called ----- from Kettering. I do. I played rugby with someone called -----.

**Rylan Clark**

He used to play rugby years ago.



**James Acaster**

Did he?

Rylan Clark

Yes. I mean, he was, like, my Ibiza boyfriend, yes. I was in the same -

**James Acaster**

I really hope it's the same ----- that I knew.

**Ed Gamble**

There can't be that many ----- in Kettering.

**James Acaster**

If you're still in touch, ask him if he used to play rugby.

**Rylan Clark**

I mean, I'm sure I've still got his number.

**James Acaster**

Did you used to play rugby with James Acaster until James quit when he was thirteen?

**Rylan Clark**

I mean, what a life he's had if it is him. He used to play rugby with you, he was sleeping with me in Ibiza. What a lovely time.

**James Acaster**

That is a lovely time.

**Rylan Clark**

He's had an eclectic-, maybe he should write a book. This is all going to get cut out.

**James Acaster**

He'll put this all in probably.

**Rylan Clark**

Yes, cut the name out. ----- There we go.

**James Acaster**

Not the same guy.

**Ed Gamble**

Do you remember his surname?

**James Acaster**

No. Yes, it's not the same guy.

**Ed Gamble**

Shame.

**James Acaster**

----- rugby.

**Rylan Clark**

----- rugby.



**James Acaster**

That's what mine was called.

**Rylan Clark**

Literally. It's always saved in a phone, isn't it? ----- rugby. Holly This Morning. Literally, everyone does that, don't they, with their phones?

**Ed Gamble**

Yes. Holly This Morning.

**James Acaster**

Holly This Morning.

**Rylan Clark**

Do you know what I mean? I won't put your real name, don't worry.

**Ed Gamble**

In case anyone nicks your phone.

**Rylan Clark**

Yes, literally. I'm always, like, 'Don't save me as Rylan.' 'Alright, what shall I save you as?' I'm, like, 'I don't fucking know. Just don't save me as Rylan in case your phone gets nicked.' I don't even have a picture on WhatsApp.

**Ed Gamble**

Really?

**Rylan Clark**

Yes because I'm frightened. Everyone always ends up getting your number somehow. I would always check a number by saving it as Don't Know. If I go through my phone, there's Don't Know, Don't Answer, Not Sure,? There's, like, a list of them and then I save that number, go on WhatsApp, and look at the picture, and I'm, 'Oh, it's Ruth Langsford.' Like, do you know what I mean? 'She's got a new phone.' But that's what I normally do, and, sometimes, you, like, don't know who they are, but you like the photo. You're, like, 'Hmm. Who could it be? Is it a stalker fan? Is he tall?'

**Ed Gamble**

That's the immediate question following, 'Is he a stalker?' 'Is he tall?'

**Rylan Clark**

Yes, but, in a roundabout way, yes, poppadom.

**James Acaster**

Poppadoms. Do you want all the dips?

**Rylan Clark**

Yes. Do you know what I like? I always say aioli and I know it's not aioli, it's aioli, isn't it?

**Ed Gamble**

Yes.

**James Acaster**

Yes, yes, but is that a poppadom dip?



**Rylan Clark**

Sorry. Yes, sorry. I'm talking about bread. Classic me, talking about bread.

**Ed Gamble**

But if you want aioli with the poppadom-,

**Rylan Clark**

Yes, why not.

**Ed Gamble**

This is your dream restaurant.

**Rylan Clark**

No, I like a mint raita. I love a mango chutney, but I don't like a chunky mango chutney. I don't like a chunky chutney. We've got a lot of soundbites.

**James Acaster**

Yes, fuckloads. Yes.

**Ed Gamble**

For the moody foody you are a chunky chutney.

**Rylan Clark**

Hubba Bubba, moody foody, chunky chutney. We've got all the hits.

**James Acaster**

Moody foody, chunky chutney.

**Rylan Clark**

Hubba Bubba.

**James Acaster**

And just Hubba Bubba, which is a brand, but the way you say it is funny.

**Rylan Clark**

So, if I don't fucking get sent some after this, I'll be furious.

**Ed Gamble**

I think you're going to get far too much Hubba Bubba.

**Rylan Clark**

But I don't like chunky chutney. I don't like mango, but I like mango chutney.

**Ed Gamble**

You don't want to be reminded that there's actual mango in there?

**Rylan Clark**

No. I don't want this to be fruit. I want it to be dirty, full of sugar.

**James Acaster**

Yes, yes. I want mango chutney to be smooth.

**Rylan Clark**

I like a smooth mango chutney.





**James Acaster**

Yes, yes. It's like with marmalade.

**Rylan Clark**

More chutney than poppadom, do you know what I mean? Like, dip it, dip it. Fucking dip it. I'm in that moody today.

**Ed Gamble**

Fucking dip it moody.

**James Acaster**

So, on a standard shard of poppadom, are you putting just mango chutney on there? Are you mixing the dips?

**Rylan Clark**

I don't actually dip. That's a lie. I pour.

**Ed Gamble**

You pour. So, you're pouring chutney.

**Rylan Clark**

I pick up that little tub and I just pour it over the top. Get a bit of the onion salad on top.

**Ed Gamble**

Bit of that, and then raita on top as well?

**Rylan Clark**

No, don't mix. What's wrong with you?

**Ed Gamble**

Sorry. We've had mixers in before.

**James Acaster**

We've had mixers in before.

**Rylan Clark**

Well, they can all go to hell.

**James Acaster**

Go to hell and forever burn forever in hell.

**Rylan Clark**

Don't mix a creamy minty thing with a thick, sort of, mangoey sauce. What's wrong with you, you crazy people?

**James Acaster**

Imagine if when you die you discover hell's real. That would be amazing.

**Rylan Clark**

Yes, fine with it.

**Ed Gamble**

That would be mad.



**James Acaster**

It would be hilarious. If I die and then I wake up and I'm in hell, I'd be, like, 'Oh, shit.'

**Rylan Clark**

'Where am I?'

**James Acaster**

'I can't believe this is real.'

**Ed Gamble**

It won't be like everyone says it is, will it?

**Rylan Clark**

I don't know. Who can we ask?

**Ed Gamble**

Well, we can't. That's the problem.

**Rylan Clark**

Surely, there's someone. Like Psychic Sally.

**James Acaster**

Yes, she'd know.

**Rylan Clark**

Do you know what I mean?

**James Acaster**

Yes. She'll find out soon enough.

**Ed Gamble**

She will know.

**Rylan Clark**

She saw this coming.

**James Acaster**

If I was a psychic, that would be the first question I'd ask. 'Are you in hell?'

**Ed Gamble**

'And what's it like?'

**James Acaster**

'Are you in hell and what's it like?'

**Rylan Clark**

I remember, I went to see a psychic at the end of Southend pier years ago and then it burnt down, but her wagon went with it. So, she fucking didn't see that one coming, did she? You would have moved the wagon.

**James Acaster**

Immediately.

**Rylan Clark**

Poor woman. I don't think she was in, but I've never seen her since. May she rest, if she was.



**James Acaster**

May she rest.

**Ed Gamble**

I think hell will be personal for all of us.

**James Acaster**

Like in Bill & Ted?

**Ed Gamble**

So, you'll get there, there'll be a big bowl of chutney, and you'd be, like, 'I must be in heaven.' And then you pick it up and it's just chunk after chunk.

**Rylan Clark**

It's got full mangoes, like, actual full mango, whole mango.

**Ed Gamble**

You dip it in and it just turns into full, unpeeled mango.

**Rylan Clark**

Listen, I'm not going to lie, I can think of worse places to end up.

**Ed Gamble**

Than hell?

**James Acaster**

Than chunky chutney hell?

**Rylan Clark**

No, if hell is just a massive vat of mango chutney with mangos in, I mean, I'll take it for my wrongdoings, but, yes.

**James Acaster**

That's when you know. You go, 'I'm glad I was nice to all those runners, otherwise, this would be way worse.'

**Rylan Clark**

This is what I'm saying. I think I'd be somewhere in the middle. Hey diddle diddle at the moment.

**James Acaster**

Yes. There's hell, heaven, and hey diddle diddle. Everyone knows that.

**Rylan Clark**

Have you been?

**James Acaster**

Yes, yes, yes.

**Rylan Clark**

It's lovely in there. It's got some lovely mood lighting.

**Ed Gamble**

That's the middle. Hey diddle diddle.



**Rylan Clark**

Does no one else say that, or am I that ill?

**James Acaster**

I've never heard anyone refer to the middle as hey diddle diddle.

**Rylan Clark**

Straight down the middle, hey diddle diddle.

**Ed Gamble**

Certainly not within a sort of, like, religious context.

**Rylan Clark**

A purgatory way.

**Ed Gamble**

Yes, a purgatory. Instead of calling it purgatory-

**Rylan Clark**

I love how you're both frightened to say purgatory in case I don't know what you're talking about.

**Ed Gamble**

No, no, no. I was trying not to because I just enjoy saying hey diddle diddle.

**Rylan Clark**

Hey diddle diddle. I think that's where you go first. I think you go to hey diddle diddle.

**James Acaster**

That's the twist at the end of Lost. If anyone's ever seen Lost, 'We were in Hey diddle diddle all along. oh no. We were in Hey Diddle Diddle.'

**Rylan Clark**

Yes, I think you go there, and it's like, 'Right, this is what you've done,' and you're like, 'Right.' And they go, 'What do you think?' I think, 'Well, I've been alright.'

**Ed Gamble**

'What do you think?'

**Rylan Clark**

'Well, we've had a chat-', but it's basically like judges' houses. So, they sit there and they really, like, string you along, do you know what I mean? It's like, 'You know, I just think it's such a big risk.' And you're like, 'Yes, oh, oh,' and then then the music comes in and it's like, 'No, hell, fuck off.'

**Ed Gamble**

Yes, bam.

**Rylan Clark**

And then, like, trap door, like (inaudible 30.48).

**Ed Gamble**

Literally.

**Rylan Clark**

Gone.



**Ed Gamble**

Heaven and hell, which judge's house is heaven, and which judge's house is hell?

**Rylan Clark**

Oh, that's a good question. I mean, love Louis, but you always end up in Ireland. And I love Ireland, but you know when you think, 'Fucking hell, they're all in the Dominican, what's going on?' Do you know what I mean? And I always feel for the people that didn't get through on X Factor, because I was that person. We went to Dubai, I was with Nicole, and we were in this beautiful-, it was, like, a six star hotel, we were in royal residences, it was beautiful. Got Ne-Yo there loving life, like, on his boat. And we were like, 'Oh, you alright, Ne?' And it was just lovely. And that years as well, the - ended up in Dublin with Gary Barlow, Barlow took them to Dublin, and we're sitting there going, 'Oh, my god.' Like, Cheryl flies in on helicopter and it's like, 'Yes, we got the boat.' Like, do you know what I mean? And I thought, 'How sad, if you didn't get through.' It would be very annoying.

**James Acaster**

Why is Barlow taking them to Dublin?

**Ed Gamble**

Especially, like, when you're like, 'Gary-,'

**Rylan Clark**

Actually, no, I don't think Gary was in Dublin, I think he was in Oxford.

**Ed Gamble**

Oxford?

**James Acaster**

What?

**Rylan Clark**

Yes, I'm sure he was that year. But yes, I always feel sorry for the people that-, like, Louis used to always be Dublin. And weirdly enough in my year, Louis was Vegas.

**James Acaster**

Wow, Louis Vegas.

**Ed Gamble**

Yes, Louie Vegas.

**James Acaster**

Your dream starter.

**Rylan Clark**

See, this is moody foody, but I love anything deep-fried cheese in breadcrumbs, with a dirty, spicy tomato sauce.

**Ed Gamble**

That surely can't be a moody foody thing though, you must love that all the time, right?

**Rylan Clark**

I normally go for, like, a cheesy thing.

**Ed Gamble**

Yes.



**Rylan Clark**

Do you know what? Throw me your Camembert, I'll have it. Throw me your deep-fried mozzarella, I will put it in my mouth. Do you know what I mean?

**Ed Gamble**

Yes.

**Rylan Clark**

You want, like, anything that's cheesy, and melty, and breadcrumb, stick it in me.

**Ed Gamble**

Yes, so good.

**James Acaster**

Are we - here?

**Rylan Clark**

I mean, yes, mozzarella in carrozza.

**Ed Gamble**

Yes, there we go.

**Rylan Clark**

Which I believe is Italian for mozzarella in breadcrumbs.

**Ed Gamble**

Yes.

**Rylan Clark**

I could be lying, but-

**Ed Gamble**

It's like magic.

**Rylan Clark**

I only know dirty Italian.

**Ed Gamble**

Especially when it's, like, mozzarella, or even jalapeno poppers, that sort of stuff, where you bite in and it's liquid inside.

**Rylan Clark**

However, I do find your jalapeno poppers, not the fan of cream cheese deep-fried. If the jalapeno was in, like, an Applewood smoked cheese, phwoah, do you know what I mean? I know this is a podcast, but I just made a wanking hand.

**Ed Gamble**

Yes.

**Rylan Clark**

Yes, I mean, I do like a jalapeno popper, I'll eat it. Like, listen, there's not a lot I wouldn't put in my mouth, but yes, cream cheese deep-fried, no, I think we could do better.

**James Acaster**

I think that's a good point, I never really thought about that. But I like the poppers.



**Rylan Clark**

Yes, well, I'll eat a popper, I won't sack them off.

**James Acaster**

I think we've rested on our laurels with that one, and we've thought, 'Oh, that's done, we don't need to upgrade the poppers,' but I think we could.

**Rylan Clark**

No, I think we can. I'll tell you what's nice, chilli cheese bites.

**James Acaster**

Yes?

**Rylan Clark**

You get a nice little chilli cheese bite, now that's a nice little cheese in there.

**Ed Gamble**

Where from?

**Rylan Clark**

Burger King.

**Ed Gamble**

Burger King, that is good stuff.

**Rylan Clark**

They're just dirty, they're dirty. They're a bit soggy, it's a thick batter, and I like a batter. Give me a bit of batter, what, with cheese inside? You're right, I'll take it.

**Ed Gamble**

So, are we, like, pinning down a certain cheese that you want deep-fried here?

**Rylan Clark**

I'm going to pump for mozzarella.

**Ed Gamble**

Yes, I think it's the best one because-

**Rylan Clark**

It's chewy and stringy.

**Ed Gamble**

It holds together, but then also you get the stringy-ness.

**Rylan Clark**

Oh, my god.

**Ed Gamble**

You get the melty-ness.

**Rylan Clark**

Do you know what? I'd take the little burn on the lip for it as well.



**Ed Gamble**

Yes.

**Rylan Clark**

Do you know what I mean? And there's not a lot I'd take a burn on the lip for. That and fillers. But dirty, hot, breaded cheese.

**Ed Gamble**

Cream cheese is actually the worst when it comes to heat as well.

**Rylan Clark**

It's a bastard.

**Ed Gamble**

You bite into that, it's spraying in there.

**Rylan Clark**

Because you think it's not, because it's cream cheese.

**Ed Gamble**

Yes.

**Rylan Clark**

You're like, 'It's alright, that isn't going to be hot.' Because you just think cold, or you just think normal.

**Ed Gamble**

Yes.

**Rylan Clark**

No.

**James Acaster**

Room temp.

**Rylan Clark**

That's a little sly bastard.

**Ed Gamble**

Piping hot, and it goes everywhere.

**Rylan Clark**

That Philadelphia's a bastard.

**Ed Gamble**

It goes everywhere.

**Rylan Clark**

A sly bastard.

**Ed Gamble**

Yes, a real sly bastard.

**Rylan Clark**

Proper sly.





**Ed Gamble**

Yes, like lava.

**Rylan Clark**

Oh, my god, worse. I'll have a bit of Lanzarote over that (inaudible 34.58).

**James Acaster**

So, you want deep-fried mozzarella with some dirty tomato dips. What is it-,

**Rylan Clark**

Yes, but, like, a spicy, dirty-,

**Ed Gamble**

Spicy, dirty.

**Rylan Clark**

No, but, like, not tomato sauce colour, not red. It's got to be, like, a maroon. Do you know what I mean?

**Ed Gamble**

Yes.

**Rylan Clark**

A Chris de Burgh-undy, that's what I'm going to say.

**James Acaster**

What?

**Rylan Clark**

It's got to be really, like, dark red. Because you know it's got-,

**Ed Gamble**

It's got to be Lady in Red.

**Rylan Clark**

There's a lot in there.

**Ed Gamble**

Yes.

**Rylan Clark**

There's a lot in there.

**Ed Gamble**

Yes.

**James Acaster**

Are you going to be singing Lady in Red every time you dip?

**Ed Gamble**

Do you not?

**Rylan Clark**

Yes, James, crazy questioning on this show.



**Ed Gamble**

Yes, obviously, you dip, you sing Lady in Red.

**James Acaster**

Yes, every time you dip you sing, like, 'Lady in red.'

**Ed Gamble**

Yes, not like that though.

**Rylan Clark**

I thought everyone did that. If you don't, you're weird.

**James Acaster**

I don't know what house I'd end up put in in, like, X Factor, singing like that.

**James Acaster**

On X Factor, singing like that?

**Ed Gamble**

Yes, judges are-

**James Acaster**

Lady in red.

**Rylan Clark**

Listen, I made a career out of it.

**James Acaster**

You dream main course, then?

**Rylan Clark**

You've caught me in mood, haven't you? You've caught me in a mood today.

**James Acaster**

More deep-fried cheese?

**Rylan Clark**

It's going to be deep-fried cheese, no, none of this goes and I'm under the guise I don't have to have this all in one go. Pie and mash.

**James Acaster**

Pie and mash.

**Rylan Clark**

No, proper pie and mash, though. Like, don't-, fuck your gravy off and all that shit. Look, I'm a big fan of up north, love it, East End pie and mash. You have three pies. I don't really love the mash, I'm just there for the pie.

**Ed Gamble**

But this is your dream meal, so if you don't-,

**Rylan Clark**

Fine, fuck it. Fuck the mash off.



**Ed Gamble**

Three pies?

**Rylan Clark**

I'll have four pies.

**James Acaster**

Yes.

**Rylan Clark**

Upside down so I can cut into them, lick her over the top, vinegar, I like cutting the bottoms off, upside down, eating the inside and then saving the tops for the end.

**Ed Gamble**

Oh, wow. This is it-,

**Rylan Clark**

I've just got a semi.

**Ed Gamble**

This is what we like, a proper technique, a proper technique.

**Rylan Clark**

There's a lovely one round here as well.

**Ed Gamble**

Is there?

**Rylan Clark**

Yes.

**Ed Gamble**

Four pies?

**Rylan Clark**

Yes.

**Ed Gamble**

And what's in-, are they all the same sort of pie? What's in them?

**James Acaster**

What's in them?

**Rylan Clark**

Just, like, mince.

**James Acaster**

But, you know, I don't know, is that the standard pie? Is there different types of pie?

**Rylan Clark**

What do you mean, 'You don't know?' Yes. No, you don't get variations. It's pie and mash. There's one pie. That's why it does well. Like, alright, let me talk in your restaurants, it's, like-. You go there and it's just steak and chips. It's the same with pie and mash, it's just one pie and mash. You can get an eel but we don't talk about that.



**Ed Gamble**

No.

**James Acaster**

No. Oh, they're handsome. Every cut the bottom off an eel and then save the top until last?

**Rylan Clark**

I don't touch eels.

**James Acaster**

Oh, okay, fair enough.

**Rylan Clark**

Eels up inside you.

**James Acaster**

I like this technique of cutting the bottom off-,

**Rylan Clark**

Turn them upside down, right?

**Ed Gamble**

Flipping them.

**James Acaster**

Flip them or whatever. Four pies.

**Rylan Clark**

I mean, you don't have to turn them upside down, you could do it the right way up but it's a lot more difficult to cut the top off. So, just turn them upside down, open up the bottom as, like, a flap.

**James Acaster**

Yes.

**Rylan Clark**

And I flap that open, I'll eat the inside, and I do that with all of them.

**James Acaster**

Are you eating any pastry at this point?

**Rylan Clark**

Only the bottom, which is a lot more soggy.

**Ed Gamble**

Yes.

**Rylan Clark**

But there's just something about it. I don't know what it is. I mean, every time you have pie and mash as well, you think, 'Oh, it's people,' Sweeney Todd, so that puts you off for, like two seconds and then you're fine.

**Ed Gamble**

Every time you have pie and mash, you think, 'It's people.'



**Rylan Clark**

I think it every time. Yes. Every time, since a kid.

**James Acaster**

You phrased it there like it's a universal observation.

**Ed Gamble**

Yes.

**Rylan Clark**

Is it not?

**James Acaster**

Every time-, well you said, like, every time you have pie and mash, you think it's people.

**Rylan Clark**

Yes.

**James Acaster**

But I think you think that.

**Rylan Clark**

Every time you have pie and mash, you think, 'Oh, slit neck, barber shop, back down the thing. Boom, straight in the pie shop.'

**James Acaster**

Yes. What's the lady called who puts them in the pies?

**Rylan Clark**

I don't know her. Yes, yes.

**James Acaster**

Helena Bonham Carter's character in the film?

**Rylan Clark**

Yes, I don't know her.

**James Acaster**

You don't know her?

**Rylan Clark**

I don't know her. Benito.

**Ed Gamble**

Yes, yes, yes.

**Rylan Clark**

Mrs Lovett.

**Ed Gamble**

Mrs Lovett.

**James Acaster**

Mrs Lovett. He'll let himself out.



**Rylan Clark**

No, come in, babe. Have your moment. Martine McCutcheon, this is your moment. Have you had Martine on?

**Ed Gamble**

No, not had Martine on.

**Rylan Clark**

I love - , she's a riot.

**Ed Gamble**

I'm intrigued, you've got these four pies and they're all the same filling, we all know that-

**Rylan Clark**

Yes. We're not talking chip shop pie.

**Ed Gamble**

No, no, no.

**James Acaster**

- Pukka Pie.

**Rylan Clark**

Yes, it's not Pukka.

**Ed Gamble**

I know.

**Rylan Clark**

There's something wrong with you.

**Ed Gamble**

Surely, after pie two, you're bored of the filling?

**James Acaster**

Rylan, what do you say to that?

**Rylan Clark**

I'm going to leave.

**James Acaster**

Yes, yes, yes.

**Ed Gamble**

We've never had a walkout before.

**Rylan Clark**

I've never walked out of anything but-, no, there's a special thing about pie and mash shop pies, that just leave you wanting that little bit more. Now, my mum, God bless her, she's not dead, just, you know, she normally goes for two. Other day, she rang me and she went, 'I've been cemetery,' she's always eating when she rings me, so I have to do that. 'I've been cemetery, put flowers on nanny, I got a pie and mash, I've let myself in your house, it's in the microwave.' And now, I know, I know she got herself three pies because she ate it at my house, because I found the little trays in the bin, when I went to empty the bin. So, I mean, Linda don't eat loads. She does because-, even she had three pies that day.



**Ed Gamble**

Wow. Good job, Linda.

**Rylan Clark**

But now, little trick, you can buy them from the pie and mash shop frozen, before they've cooked them. So, they're precooked and frozen. Just keep them in the freezer.

**James Acaster**

Lovely, do you think that it was going to the cemetery that made her hungry for an extra pie?

**Rylan Clark**

Every time she goes the cemetery, she always gets pie and mash, and every time she goes in there, she gets recognised because people know her from things that I've done with her. She's like, 'How do you know who I am?' She don't get it.

**Ed Gamble**

Does she not know when she does Gogglebox that they're filming it?

**Rylan Clark**

No. She doesn't understand, she don't. She don't understand. She's very much a creature of habit though, see, every time she goes the cemetery, she'll get pie and mash, and every time she goes to Marksy's, she gets a family-sized trifle and eats that.

**Ed Gamble**

The cow in the taskmaster house is named after your mum?

**Rylan Clark**

She is, yes. Linda the cow.

**Ed Gamble**

And still referred to as Linda?

**Rylan Clark**

Yes, yes, yes. (talking over each other 40.54). Yes, she still lives there. I did say, it was that episode that I did, I did the New Year's special, and I was like, 'Has the cow got a name?' And Alex is like, 'No,' and I was like, 'Well, call it Linda.' He was like, 'Isn't your mum named Linda?' I was like, 'Yes.' I didn't realise it would stick, she fucking hates me but oh, well. Listen, Linda, you're doing well for yourself.

**James Acaster**

They don't forget stuff on Taskmaster.

**Rylan Clark**

No, they really don't.

**James Acaster**

They'll keep it in forever.

**Rylan Clark**

They don't.

**James Acaster**

I think it sounds great, the four pies.



**Ed Gamble**

I'd imagine there's quite a lot of precious the way you're-,

**Rylan Clark**

Oh, yes, no, because once you've finished-,

**Ed Gamble**

It's like surgery.

**Rylan Clark**

Yes, because you don't eat the tops yet. You save the tops for the end. So, it's like a game of Operation. So, you've had to move on there, it's almost like-, do you remember you used to get them little toys as a kid where you moved the blocks to make the picture?

**Ed Gamble**

Yes.

**Rylan Clark**

It's a bit like that.

**James Acaster**

Yes. Yes, I liked those.

**Rylan Clark**

Just, at the end, the picture isn't a picture, it's pastry and you eat it.

**James Acaster**

It's a load of pastry.

**Ed Gamble**

But similar.

**Rylan Clark**

Yes. Because it's-,

**Ed Gamble**

Yes, it's similar, yes.

**Rylan Clark**

But you've got to have liquor.

**Ed Gamble**

What is liquor?

**Rylan Clark**

Well, again, like the meat is people, sometimes (mw 41.58).

**Ed Gamble**

Oh, no.

**Rylan Clark**

I don't like thinking about liquor because it's like parsley in, like, a sauce, so it's that green. But people say it's eel juice.





**Ed Gamble**

Eel juice?

**Rylan Clark**

Juice with eels. Now, I don't eat fish because I'm frightened of it.

**James Acaster**

Okay.

**Rylan Clark**

I don't trust them.

**James Acaster**

You don't trust fish?

**Rylan Clark**

Yes. I once fell on the fish counter at Sainsbury's as a kid, and it was-

**Ed Gamble**

What?

**Rylan Clark**

Yes.

**Ed Gamble**

You fell on it?

**Rylan Clark**

Well, I was pushed. It's not a police matter so I can talk about it. My brother pushed me on the fresh fish counter at Sainsbury's Whitechapel as a kid.

**James Acaster**

You fell on the fish?

**Rylan Clark**

I fell on a hake. Have you seen a hake? Have you seen a hake? It's got worse fucking teeth than me. I swear to God, it's the most ugly bastard you will ever see, and I was face to face with hake, and since then, I was like, 'Bullshit to that, don't trust any of them.'

**Ed Gamble**

Yes, that's scarred you for life.

**Rylan Clark**

Eyes open, looking at me, judging, probably homophobic.

**Ed Gamble**

You fell on a homophobic hake?

**James Acaster**

A homophobic hake.

**Rylan Clark**

Yes.



**Ed Gamble**  
Hake crime.

**Rylan Clark**  
Hake crime. Babe, that's why you're doing this job.

**Ed Gamble**  
Not bad, is it?

**Rylan Clark**  
Honest to God, I'm, like, 2022? But, yes, fell on a hake. No, haven't got time for it. But apparently, there's eel juice in it but I don't think they're all like that. I think, like, it might just be something else but I don't want to know.

**Ed Gamble**  
No.

**James Acaster**  
No.

**Ed Gamble**  
We won't find out.

**Rylan Clark**  
Load of vinegar as well.

**Ed Gamble**  
Yes.

**Rylan Clark**  
Got to have a load of vinegar on it or it's not worth it. And you can't have black pepper, you've got to have white pepper. I don't know why. But it's, like, 'Oh, no,' you're frowned upon if it's black pepper.

**Ed Gamble**  
So, the liquor is what's making sure, when you leave the tops, because I was thinking if you're leaving the tops-

**Rylan Clark**  
No, that's moist.

**Ed Gamble**  
There's moisture, so the liquor-

**Rylan Clark**  
Oh, no, it's moist, it's moist, and it's just-, especially the edges. It's just, like, layer after layer of dirty, burnt pastry. They're always a bit burnt but that's what makes it.

**James Acaster**  
Yes, yes. You want a bit of-

**Rylan Clark**  
You know, like a pastel de nata?

**Ed Gamble**  
Yes.



**Rylan Clark**

You want them a little bit burnt on top.

**Ed Gamble**

Yes.

**James Acaster**

Man, I went to Lisbon, earlier this year-

**Rylan Clark**

Good for you.

**James Acaster**

And found the best place that did those.

**Rylan Clark**

I've been there.

**James Acaster**

Yes?

**Rylan Clark**

I've been to that place.

**James Acaster**

When they ring the bell?

**Rylan Clark**

Yes.

**James Acaster**

When-

**Rylan Clark**

And it's all made there, it's like the one to go to, with all the tiles. Beautiful.

**James Acaster**

Yes, loved it.

**Rylan Clark**

Fucking stunning, they're about a penny.

**James Acaster**

Yes, and when they've got a new batch, they ring the bell and everyone-

**Rylan Clark**

Oh, that bell rings.

**James Acaster**

You can look out and the whole square is just completely empty. They ring the bell-, everyone.

**Rylan Clark**

Everyone's mouths are bleeding because they're boiling hot.



**Ed Gamble**

You can see Rylan sat there, with four lined up, he's cut the bottoms off.

**Rylan Clark**

Yes, just eating eating the inside now, save the base for later.

**James Acaster**

Go for the tops.

**Ed Gamble**

Cover them in eel juice.

**Rylan Clark**

Have you ever made a pastel de nata?

**Ed Gamble**

No.

**Rylan Clark**

Oh, they're fucking hard.

**James Acaster**

Yes?

**Rylan Clark**

Yes. Mind you, I shouldn't talk to you about baking.

**Ed Gamble**

I'm glad it's come up.

**James Acaster**

Do you know what? We've lasted a while. We got this far, at least.

**Rylan Clark**

I honestly just wanted to hold you that whole time.

**James Acaster**

You did?

**Rylan Clark**

You were on Celebrity Bake Off.

**James Acaster**

You know, it's no secret, I've said on stage, I've said it-

**Rylan Clark**

I've heard, I've heard you spreading word about me.

**James Acaster**

You're the one who carried me through it.

**Rylan Clark**

I literally just wanted to-, at one point, I was, like, I'm sure I even said to you, 'Do you want to come home with me tonight? I'll make you a bit of dinner, let's just go to bed.'



**Ed Gamble**

Yes, he needed it.

**Rylan Clark**

- literally, at the end of giving any fuck whatsoever.

**James Acaster**

Yes. Yes, it was, you know-,

**Rylan Clark**

But you were brilliant.

**James Acaster**

We had a laugh on the last day, that was the thing. We had a laugh the last day-,

**Rylan Clark**

See, we had a laugh every day but you had a laugh-,

**Ed Gamble**

Everyone else had such a laugh, every day.

**James Acaster**

Everyone had a laugh while I was having a meltdown.

**Ed Gamble**

It's such a fun show to film.

**Rylan Clark**

Yes, but, yes, no, that's how we met.

**James Acaster**

Yes, that's how we met on that show. I've often wondered this, because obviously Michelle Keegan won-,

**Rylan Clark**

She-, yes.

**James Acaster**

Where do you think-, because they don't say where else everyone else comes, do you think-,

**Rylan Clark**

Well, I've got a gripe about it.

**James Acaster**

Yes?

**Rylan Clark**

And for anyone that can't see me, which is everyone, my hands are now in the air and that's when you know I've got a gripe about it.

**Ed Gamble**

You've got a proper gripe about it, yes.

**Rylan Clark**

It's gripey. Gripey McGripeson. Do you remember we had to make the cream horns?



**James Acaster**

Yes, I do remember the cream horns, yes, yes.

**Rylan Clark**

Right, we had, like, hour and a half or something to make some cream horns.

**James Acaster**

Yes, yes.

**Ed Gamble**

That was the technical, right?

**James Acaster**

Yes.

**Rylan Clark**

It was the blind technical, as well.

**James Acaster**

Apparently it's personal, that's what's happening when I'm in hell. I'm arriving and there's some vague instructions on the table of how to make cream horns and you've got to do them.

**Rylan Clark**

Right. With all that looks like medical, anal devices, to wrap this pastry round.

**James Acaster**

Yes.

**Rylan Clark**

Anyway, so I'm sitting there and I'm like, 'Right, I know what a cream horn is, do I really know how to make it? Right, okay, well, these are obviously that, you must put the pastry round the outside and then, will that stick?' So, it is, like, fucking fend for yourself. Anyway, I remember, I put my cream horns in the oven and the one thing everyone was worrying about was do we do it standing up or laying down, because, obviously, will it slide off? So, I put mine in the oven and I'm like, 'Right, twenty minutes to bake, there's half hour left on this challenge, ten minutes to cool and I'll just shove the cream in right at the end. Okay, fine.' I'm taking mine out of the oven with five minutes to go, everyone else has not even got their pastry in the oven yet, and I'm like, 'What's going on?' I'm thinking, 'Well, I've fucking won this one.' Someone walks in to the tent, says, 'Guys, we can see you're all having a bit of trouble here so we're going to give you another hour.'

**Ed Gamble**

What?

**James Acaster**

I don't even remember this.

**Rylan Clark**

I fucking do. So, I'm sat there-, now, listen, this is no shade on Bake Off, I understand, and this don't happen in the civilian version. I say civilian because it's built into me with Big Brother. This don't happen in that version, obviously the celebrity one's a bit different. It's not about who wins it, blah, blah, blah. But bullshit because I'm sitting there, they look nice my cream horns. My cream horns looked lovely, right? Because I thought I only had five minutes left, I thought, 'I'm going to leave the orange out of the cream, I'm just going to do, just, a normal, I believe it's (mw 47.50) cream.' Filled them all up, I'm done. People haven't even got the fucking things in the oven, then they go, 'We're



going to give you all another hour,' because otherwise, there's no point, is there, with this challenge?' Then Michelle fucking Keegan gets first. Well, do you know what? I like the girl, I like Michelle, I like Michelle and Mark, they live up the road, like, lovely. I get on with them but, in that moment, I'm sitting there, going, 'You bastards, I've sat here, I've made you cream horns in the hour and a half you asked for, they look nice. Granted, there's no fucking orange in it, and no other bastard's even got their pastry in the oven with ten minutes to go, and you come in and give us all an extra hour? Do you know what? I might go down Marksy's, go and get a fucking meal deal. What do you want me to do about it?' And then, Paul and Prue come out, 'Oh, isn't this lovely? Oh, this is nice. Oh, there's no orange in this Chantilly cream.' I'm like, 'I know because I only had five fucking minutes.' These went, 'Did anything happen?' No, and what did I get? Second. Second, do you know what? Fuck off. Fuck off. And then, to make matters worse, an hour before that, I'm looking for Prue's fucking wedding ring that she had lost on the floor. So, I'm outside, lovely woman, Prue, saw her at the platinum jubilee, (inaudible 48.59). But I'm sitting there outside, on gravel, in the middle of-, where were we? Pinewood?

**James Acaster**

Yes, yes, we were outside Pinewood, yes.

**Rylan Clark**

On the gravel, trying to find this engagement ring, or wedding ring, for about five years, doing cream horns for her, trying to put out fires all over the shop. Everyone else gets a fucking extra hour and there I am, I get second. Second. Second. Plus I'm helping him with some fucking wiggly worms, it was a bit -

**James Acaster**

Yes, yes, yes.

**Rylan Clark**

Childhood theme park dream, or something, and I'm like, 'Are you alright? Do you want a drink? Do you want a tea? Like, let me help you.' Just trying-, do you know what? Being a nice person gets you nowhere.

**Ed Gamble**

Yes, yes.

**Rylan Clark**

Alright? So, going back to earlier question, fuck that.

**Ed Gamble**

Completely changed what you said earlier. Yes.

**Rylan Clark**

Do what you want, alright? Do you know what? It's ten years now, I'll show you the real me, fuck them all. Fuck them all, buy the book. And there's your out.

**Ed Gamble**

Your dream side dish?

**Rylan Clark**

Do you know what? Probably, like, macaroni cheese.

**Ed Gamble**

Yes.



**Rylan Clark**

And you do get it on sides now. It was never a side when I was growing up, macaroni cheese.

**Ed Gamble**

Oh, yes.

**Rylan Clark**

Was it?

**Ed Gamble**

No, it was a main. It was a pasta bake. Yes.

**Rylan Clark**

There you go but now, you get it on the side with, like-, there's this one place that I order it from. Again, exciting, and it's, like, covered in breadcrumbs. But I'm talking, like, half a loaf.

**Ed Gamble**

It is nice.

**Rylan Clark**

Macaroni cheese as a side because it's just-, do you know what I mean?

**James Acaster**

Yes, yes.

**Ed Gamble**

Do you want breadcrumbs on it?

**Rylan Clark**

Do you know what? Not always, got to be in the moody foody for breadcrumb but, yes, I love a macaroni cheese on the side because I feel like I'm having two dinners.

**Ed Gamble**

But this is great because I'm a cheese boy as well.

**Rylan Clark**

Yes.

**Ed Gamble**

Love cheese.

**Rylan Clark**

Love it.

**Ed Gamble**

And you've got cheese in the starter, cheese in the side, what's coming? You know?

**Rylan Clark**

Shut up. Don't even.

**James Acaster**

I'm still getting over all the stuff that I can't remember happened on Bake Off. I can't remember-,

**Rylan Clark**

Oh, I'm scarred.





**James Acaster**

Prue losing her wedding ring. I mean, clearly, I was in a daze. Let's face it.

**Rylan Clark**

I'm looking for a ring, it was found. I even rung my psychic.

**James Acaster**

She was at the end of a pier, on fire?

**Rylan Clark**

She was really stressing out and I was like, 'Let me ring psychic Alex,' and she was like, 'I can see it, it's in a pocket, it's in a pocket,' and we're going, 'Prue, check your pockets.' It was all going on.

**James Acaster**

I had it in my pocket, probably.

**Ed Gamble**

How's psychic Alex saved in your phone?

**Rylan Clark**

Psychic Alex.

**Ed Gamble**

Sorry, yes.

**James Acaster**

I can't remember they gave us an hour and a half extra on the technical and I still did as badly as I did.

**Rylan Clark**

I remember.

**James Acaster**

I still did a deconstructed cream horn that was-,

**Ed Gamble**

Yours was so bad.

**Rylan Clark**

A lot of the team, as well, from the show, was obviously teams I've worked with, like, on my shows, and I just remember one of the floor managers just looked at me, like, and I looked at her as if to say, 'Are you fucking taking the piss?' I mean, listen, it's all for a good cause and-,

**James Acaster**

I'm all for hearing that Michelle Keegan shouldn't have won because I've always thought that.

**Rylan Clark**

No, I did not say that, that is not my words.

**James Acaster**

I've always thought -

**Ed Gamble**

That was your inference.



**Rylan Clark**

It's not my words. No Michelle did really, really well. Actually everyone did, Russell did well, Tovey, he was really good.

**Ed Gamble**

Not everyone did well.

**Rylan Clark**

James did amazing.

**James Acaster**

Yes.

**Rylan Clark**

Genuinely, if it weren't for James, I genuinely think James was the best one in that tent.

**James Acaster**

Yes, yes.

**Ed Gamble**

You had to help him with his wiggly worms.

**Rylan Clark**

Are we allowed to talk about that? Oh, you're on about baking. Yes, no, literally, I loved you being there. It was amazing, even in your, 'Why the fuck am I here, I can't see out of one eye,' state.

**Ed Gamble**

Yes, yes, yes.

**Rylan Clark**

'I've just got off a plane,' I'm like, 'Hush. Let me hold you, let me hold you.'

**Ed Gamble**

'Guys, I don't know what's happening.'

**Rylan Clark**

And then we're all in, like, Winnebagos, that rocks, I'm like, 'Where am I?'

**James Acaster**

Oh, yes, in our little Winnebagos and I was like, - , because Rylan was right next to me. So, that meant that, like, you default had to help me.

**Rylan Clark**

Have you had Michelle on?

**Ed Gamble**

Yes, had Michelle on.

**Rylan Clark**

I bet she didn't bring up the extra time, did she?

**Ed Gamble**

No, that didn't come up.

**James Acaster**



No, she didn't bring it up. She also didn't bring up that she lives down the road from you, which prompts the question, does she ever hop over your garden fence and ask for some dinner?

**Rylan Clark**

We haven't done that yet, no.

**James Acaster**

That's what she used to do, growing up.

**Rylan Clark**

No, but when I bought where I built my house, I know Mark was looking at the plot of land I'd got, but then he's got another one now and, obviously, they've built their house. So, like, we're literally about five minutes from each other now.

**Ed Gamble**

When the Deliveroo came up as being available in the area, did you shout over the fence first or did you-

**Rylan Clark**

I don't actually think it's available where he is.

**Ed Gamble**

Oh, really?

**Rylan Clark**

Because, five minutes where I live is about four miles, four, five miles. So, yes, because, my mum, I built her a house five minutes from mine. She can't get it, she can't get it. But, actually, my mum is-

**James Acaster**

And yet, still always eating on the phone.

**Rylan Clark**

Oh, yes, Trifle, M&S. M&S trifle. Here, she rang me twice last night, if I showed you my phone, you'll see my real name's Ross, she'll be, like, 'Ross, why haven't you answered the phone?' If she's just rung me, then she'll ring me again, and I've got, like, three missed calls. So, last night, I then seen my phone and think, 'Fuck, she's had a fall, she's been attacked, she's been robbed.' 'Did I leave them Air Wick air fresheners on your kitchen island?' I swear to fucking God, look.

**James Acaster**

Also, if you've got missed calls from her, you know that she's been eating all night, because she's phoning you.

**Rylan Clark**

I've just got a text from her. So, this is last night, 'Ross, did I leave your air fresheners?' Just now, 10:31, 'Ross, where are you? I'm in your house.' Why are you in my house? I'm at work.

**Ed Gamble**

Do you want to give her a call?

**Rylan Clark**

Shall we ring her?

**Ed Gamble**

Yes, give her a call, yes.



**Rylan Clark**

She probably is.

**James Acaster**

Interesting, if Linda's eating.

**Linda**

Hello?

**Rylan Clark**

Alright, where are you?

**Linda**

Oh, fucking hell, where have you been? I thought you'd been murdered, you know?

**Rylan Clark**

What, because I've not answered the phone?

**Linda**

No, I'm ringing, I can't see you, I went upstairs to put the plug ins in, you know, the thing? Your bedroom looks like it's been fucking ransacked, clothes every bloody where.

**Rylan Clark**

I'm sorting out the beauty drawers.

**Linda**

Where?

**Rylan Clark**

I'm sorting out where all them face masks and everything, that's what's on the floor.

**Linda**

Oh, I see all the letters there. I thought someone done you in. I went up the (inaudible 55.03) to see if you've fucking committed suicide. Oh, I've been-, I've been in the office to put the thing up, just shut the door. But, you know, I'm phoning you, I thought, 'Where the fuck is he?'

**Rylan Clark**

Mum, you phoned me once.

**Linda**

No, and then I messaged you.

**Rylan Clark**

Yes, saying, 'Where are you?' And I've just seen it.

**Linda**

Yes, God, so where are you anyway?

**Rylan Clark**

I'm at work, I'm doing a podcast for the book.

**Linda**

Oh, right. Well, sorry, I didn't know you was going there because I thought normally you tell me you're out tomorrow, the telly was on. I've left it on because I didn't know where you was.



**Rylan Clark**

Yes, I know, I left the telly on, it's fine.

**Linda**

Alright.

**Rylan Clark**

Alright, go on then, I'll ring you later.

**Linda**

God. Heart attack, looked in every cupboard, I have.

**Rylan Clark**

Why do you think I'd be in a fucking cupboard?

**Linda**

In case someone's cut you up or something.

**Rylan Clark**

In case someone's cut me up?

**Linda**

Well, I thought, 'Where is he? He hasn't told me he's out today.'

**Rylan Clark**

Sorry, I didn't realise I needed to ring you to tell you I was going to work.

**Linda**

Well, I'm on my way to Jamie's but I thought I'd pop in on the way.

**Rylan Clark**

Oh, right. Did you find the air fresheners, by the way?

**Linda**

Yes, I've got them. - of that velvet so I've put it up in the spare room. You know, the room next to yours, one of them?

**Rylan Clark**

Right.

**Linda**

In that bit and plugged it in, and the other one has run out, the - . I see the spider, I haven't touched it.

**Rylan Clark**

Yes. I put the spider under the glass, yes, I didn't like it.

**Linda**

Yes, under the glass, I seen that. Alright then, go on and I'll talk to you-, what time you home?

**Rylan Clark**

I don't know yet, I'll let you know.

**Linda**

Alright. Do you know your street door? When I went in, it all double locks itself, why?



**Rylan Clark**

It's automatic, mum.

**Linda**

Oh, alright. As long as you can get in when you get home? I haven't got to come out.

**Rylan Clark**

Mum, I live there, of course I can get in.

**Linda**

Yes, I know, but you said to me, 'Don't double lock it,' I don't but I had to turn it a few times to unlock it.

**Rylan Clark**

Mum, it's fingerprint, it's fine. Don't worry.

**Linda**

Alright, alright, go on then. I'm going to Jamie's, just to freshen it up and then I'll be home.

**Rylan Clark**

Alright, mum.

**Linda**

Go on then. Do you need anything picked up?

**Rylan Clark**

No, I'm alright.

**Linda**

What are you laughing at?

**Rylan Clark**

No, just you. You just make me laugh. Right, I'm going.

**Linda**

Oh, go on, love you, tara.

**Rylan Clark**

Love you, bye.

**Linda**

Oh, I went in the gym, went in the gym and all.

**Rylan Clark**

Right.

**Linda**

I went in that house, (inaudible 57.19).

**Rylan**

Clark: Mum, I'm not going to be dead in the gym, am I?

**Linda**

I don't know, perhaps you'd worked out, something's fell on you or something. I don't know.



**Rylan Clark**

Alright, I'm going, bye.

**Linda**

Love you, bye.

**Rylan Clark**

Now do you see what I've got to put with?

**James Acaster: That was brilliant.**

**Rylan Clark**

Everyone thinks, 'Oh, she's hilarious-,'

**James Acaster**

She is.

**Ed Gamble**

Well, she is.

**Rylan Clark**

She called me-,

**Ed Gamble: She didn't even know she was being-,**

**Rylan Clark**

No. She called me, right, at 10:50, she called me, right? At 10:30, she'd text me saying, 'Where are you? I'm in your house.' Now, this happened not long ago, right, I'm single now and the worst thing I ever did was give my mum a fob for my gate. Genuinely, because now I've had to put location on my phone to see where she is, right? She will just turn up, let herself in, which is fine, she's my mum. You do what you want, you do you, but I said to her, very specifically, one night, do not come round in the morning, I will not be there, I'm going training with my trainer at his house, I will not be there. 'Alright, yes, no worries, bye, bye, Jamie, bye.' That's my brother. I had someone at my house that stayed. At 08:30 the following morning, I'm in bed and I can hear, 'Ross, Ross.' I have never jumped out of bed so quickly, run down the stairs to scream, 'What the fuck are you doing here?' 'I thought you were out. Whose car is that?' I went, 'Get the fuck out of my house and go home,' and she was like, 'Alright,' and then she was gone. This is my life now. This is my life.

**Ed Gamble**

She thought something had fallen on you at the gym.

**Rylan Clark**

That phone call-, I've checked every cupboard in case you were cut up.

**James Acaster**

Checked all the cupboards.

**Rylan Clark**

If you don't answer her within five minutes, you're dead, apparently.

**James Acaster**

Dead in the cupboards.



**Rylan Clark**

That's it, it's all over.

**James Acaster**

Yes, you've been cut up and dead in the cupboards or something's fallen on you at the gym.

**Rylan Clark**

The spiders are still under the glass so that's alright.

**Ed Gamble**

That's the other thing I wanted to check about, so there was a spider?

**Rylan Clark**

I got bit on my face the other week, there, it's still there, I've got a little lump and I don't know what it was, and I saw this spider the other day, and I just threw a glass over it.

**Ed Gamble**

Yes, and just left it there?

**Rylan Clark**

For now.

**Ed Gamble**

Yes. For now, yes.

**James Acaster**

But it's still-, and she saw it and she hasn't touched it?

**Rylan Clark**

She won't touch it.

**Ed Gamble**

Yes, she won't touch it.

**James Acaster**

Just let you know.

**Rylan Clark**

Saw the spider. My room doesn't look like a bomb's hit it. I've got, like, a dressing room and I was sorting out all my beauty stuff-,

**Ed Gamble**

No, I believe the phrase was, 'Your room looks like it's been fucking ransacked.'

**Rylan Clark**

Yes, that's it, which is why she thought I was dead, which is why she thought I was dead.

**James Acaster**

Fucking hell, every bit of that, I loved it.

**Ed Gamble**

Yes, every bit.





**Rylan Clark**

Oh, you can't, like, 'Where are you?' Well, I'm clearly not there. 'I checked the pool in case you'd done yourself in.'

**Ed Gamble**

I'm surprised she didn't check under the glass.

**Rylan Clark**

Yes, I know, with the spider.

**James Acaster**

I'm an adult man and it's daytime on a Wednesday, so-

**Rylan Clark**

I'm 33 and it's Wednesday daytime, and my mum is calling me, thinking I'm dead in a cupboard because I've not spoken to her since last night at about ten o'clock when she was looking for some air fresheners, that she's now plugged in behind the pouffe.

**James Acaster**

From what I gather, she's going to someone else's house now to deliver some other air fresheners?

**Rylan Clark**

She's now going to my brother's, who I wouldn't normally say this but by the time this comes out, he won't be, is on holiday and she will let herself in there and freshen it up. But what she does, we just let her do it now because it's easier to not have the argument, to say, 'Stop fucking doing it.' I have a window cleaner, right? The whole back of my house is glass. I pay them quite a lot of money to clean the inside and outside of them windows so they look nice. She will come in with a cloth and wipe the inside of my windows, so when it's sunny, all it is is smears, and the reason why she does it is because she used to, may God rest his soul, she used to drive up back to London where we used to live, every week, to my Uncle Bert's, before he died, and used to clean his windows because he lived in a block of flats and she used to hang out, fucking hell, she's 70, and clean his windows. Bert never would tell her that the windows were fucking smeary, so she thinks she's Handy Andy. She thinks, 'Oh no,' and she cleans, her windows are the best windows in Essex now. But she don't realise, when she's using a cloth, you then need to use a different cloth to buff it all, which is why I've got specialist glass cleaner, I've got this, I've got window stuff, I've got this. No, don't work with Linda. So, I pay more for her to fuck the windows up that have just been cleaned.

**Ed Gamble**

Brilliant, absolutely brilliant.

**Rylan Clark**

But that's my mum, so for anyone who thinks that she's not a real person, there you go.

**James Acaster**

There you go. That is-

**Rylan Clark**

A tenner she stops at Marksy's as well.

**Ed Gamble**

Trifle.

**Rylan Clark**

Shall I just ring her and just say, 'Are you going Marksy's?'



**James Acaster**

Your dream drink, Rylan?

**Rylan Clark**

Peroni.

**Ed Gamble**

Yes? Straight in.

**James Acaster**

Peroni.

**Rylan Clark**

Yes. I'm quite easy like that, Peroni boy.

**James Acaster**

Yes?

**Rylan Clark**

Love a bottle of Peroni, whenever, with whatever, with whoever.

**James Acaster**

What's your perfect setting though, for a Peroni, if you think about it?

**Rylan Clark**

Perfect setting for a Peroni? Oh, on a beach. On a beach somewhere.

**James Acaster**

Trunks or shorts?

**Rylan Clark**

Shorts. I went to Barcelona on my own, I've never been away on my own, quite recently, and I, like, got all brave and took my top off on the beach, and then I just realised people weren't even wearing anything. I was on a nudist beach.

**Ed Gamble**

So, it wasn't brave at all?

**Rylan Clark**

No. In fact, I was a pussy hole.

**James Acaster**

Let's get onto your dream dessert now. Your dream dessert, obviously, you know, we met in the Bake Off tent-

**Rylan Clark**

We did.

**James Acaster**

Loads of sugar around, loads of desserts, Ed was hinting earlier that he's excited you might choose a cheese board for dessert because you've picked cheese for other things.

**Rylan Clark**

I'm not adverse to a cheeseboard.



**James Acaster**

Okay.

**Ed Gamble**

And you brought it up, so if Rylan picks it, it's your fault.

**James Acaster**

Rylan is the only person that I won't flip out at because Rylan saved my life, so I can't get angry if Rylan chooses a cheeseboard.

**Rylan Clark**

No, I'm not adverse to a cheeseboard but it would never be my first choice.

**James Acaster**

Thank you.

**Ed Gamble**

Right.

**Rylan Clark**

I would definitely eat a bit of cheese, keep your fucking grapes and all that. No, just give me the cheese. I don't want, oh, you know, a-, fuck off. Put it somewhere else. Not here. Anything to do with white chocolate, I'm sold.

**James Acaster**

Lovely.

**Rylan Clark**

Again, moody foody, I've got to be in the mood for a dessert, let alone what dessert, I've got to be in the mood for a dessert. Sometimes dessert will be latte. Sometimes dessert will be a white chocolate cheesecake with melting white chocolate sauce, or something. Anything like that, I will eat. Save the fruit, I don't want your fruit, you know, we're in an orchard. Just give me dough, give me chocolate. I'll tell you what's lovely, them cookies at Domino's. They're handsome because they're not really cooked. They're still going.

**Ed Gamble**

Yes, oh, that's what you want. You want, basically, raw cookie dough.

**Rylan Clark**

Raw but hot.

**Ed Gamble**

Raw but hot enough to melt the white chocolate.

**Rylan Clark**

They're nice.

**James Acaster**

One of the best mistakes I ever made was in Leeds Shopping Centre, there was a really long queue for something that me and my tour manager thought was a, kind of, fro-yo stand. So, we're, like, 'Let's go and get the fro-yo.' Ordered what we thought was fro-yo and then got given two, very hot, slabs of cookie dough.

**Rylan Clark**

Wow.



**James Acaster**

With some, like, soft serve on the side, and we were not gutted about that. That was delicious.

**Rylan Clark**

I've just cum.

**James Acaster**

Yes? You're welcome.

**Rylan Clark**

Welcome. But yes, anything like that, I absolutely love. Don't get me wrong, yes, I'll eat a profiterole but it's a bit of a waste of a dessert, I think. I don't mind a selection as well, you know, like when you get just a mini cheesecake-, something like that?

**Ed Gamble**

You like that?

**Rylan Clark**

Yes, something like that. Or a pastel de nata. I want a big pastel de nata. Why have we not got big ones? Yes, the little ones are nice, make me a big one. Not like a cake, like a serving pastel de nata.

**James Acaster**

Yes, like a big-,

**Ed Gamble**

Like you can cut slices out of it?

**James Acaster**

Are you turning it upside down?

**Rylan Clark**

No, not a pastel.

**James Acaster**

Oh, come on.

**Rylan Clark**

I don't like upside down food unless it's-, only the pie. I should clarify that.

**Ed Gamble**

That's the only upside down food you like?

**Rylan Clark**

Yes.

**James Acaster**

What about a pineapple upside down cake?

**Rylan Clark**

Vile. Made one on MasterChef for, like, these people that was really fucking crazy.

**James Acaster**

You did very well on MasterChef.



**Rylan Clark**

I did do well, thank you. But, oh, it was bizarre. We went to this place where people think they're Victorians, and they're all dressed up.

**Ed Gamble**

What? The past? You went to the past?

**Rylan Clark**

Literally, I went to the past in Birmingham.

**Ed Gamble**

And made a pineapple upside down cake?

**Rylan Clark**

Right, let me just explain. So, we get given this challenge where it's, like, 'You're going to this place.' And we're like, 'Right, what is it?' Next thing you know, we're on some, like, rickety open-top bus and there's people going, 'Oh, how do?' And they're all, like dressed as Victorians, but we're like, 'Oh, right, it's like a play? It's fine.' But then, like, they're really playing along, they believed it a bit too much for my liking. So, it was, like, you had to make dinner for these people, in teams, from the past. So, like, I think Kimberly was on my team, or someone else, Sheree Murphy, someone like that, and they made, like, a pineapple upside down cake, not for me. So, what is your typical Victorian thing that I could make for a main, that was vegetarian because I was on that bit, I made large ravioli.

**Ed Gamble**

You mimed how large they were.

**James Acaster**

That's huge-,

**Rylan Clark**

I mean, we're talking fifteen, twenty centimetres by twenty centimetres.

**Ed Gamble**

That's a big, old ravioli, yes.

**Rylan Clark**

And it takes, like, one ravioli with-, I think I did a spinach and ricotta filling, or something like that. Well, I get told, as I'd made it, because obviously, John and Greg don't say anything, then they watch you and then they start saying things. It was, like, 'Pasta wasn't invented then.' And I'm like, 'Well, it fucking is now.' Sorry, I weren't about. So, then, I take over my big tray of ravioli and people are like, 'I'll have the vegetarian ravioli, what is it?' And I'm like, 'It's a spinach and ricotta,' and they're like, 'No, what is this creation?' You know when you're, like, 'You're not a baby, you literally had a McDonald's breakfast on the way here. Stop playing the fucking game and eat the ravioli.' So, yes.

**James Acaster**

They did your head in?

**Ed Gamble**

Yes, did they like the pineapple upside down cake?

**Rylan Clark**

They were all over it like fucking flies around shit.



**Ed Gamble**

It's mad that they had pineapples before pasta.

**James Acaster**

Yes, crazy. So, you wouldn't take a pineapple upside down cake and eat that upside down? Because is an upside down pineapple upside down cake, a right way up-,

**Rylan Clark**

Is the cake the right way up anyway because of it's origins?

**James Acaster**

Yes. So, if a pineapple upside down cake, is it upside down, default? Or when you turn in-m if you turn a pineapple upside down cake the other way round-,

**Rylan Clark**

So, when you bake it, you bake it so it's the wrong way round, so then when you flip it out, the reason it's called an upside down cake is because it's baked upside down. So, when it's actually out, it's the right way up.

**James Acaster**

It's the right way up.

**Rylan Clark**

So, actually, it's just a pineapple cake.

**Ed Gamble**

Is a tarte tatin like that as well? Do you put the apples in, then the pastry on top?

**Rylan Clark**

Not necessarily. It can be but not necessarily. You can make a tarte tatin without it being- because you don't normally flip a tarte tatin. Well, it depends what type of one you're doing. If you're doing, like, a pastry case or something.

**James Acaster**

What is your dream dessert though? We haven't landed on this. A big pastel de nata?

**Rylan Clark**

Yes. Do you know what? Fuck it.

**Ed Gamble**

Yes, yes.

**Rylan Clark**

A big pastel de nata.

**James Acaster**

And I'll ring a bell?

**Rylan Clark**

You ring the bell, I'll run, like, knock some elderly Portuguese lady out the way, and I'll come and buy it for 2 Euro.

**Ed Gamble**

As soon as that bell gets rung, you know your mum's coming up as well.



**Rylan Clark**

Oh my God, 'Ross. Are you in a cupboard? I thought you was cut up in a cupboard.'

**James Acaster**

You would like-, I'm going to read your menu back to you now, see how you feel about it.

**Rylan Clark**

Okay.

**James Acaster**

Sparkling water. Fancy. Poppadoms or bread? You wanted poppadoms with smooth chutney, onion salad and aioli. Starter, deep-fried mozzarella with spicy tomato dip. Main course, four East End pies, flipped upside down with liquor and vinegar. Side dish, mac and cheese, loads of breadcrumbs. Drink, a Peroni, and dessert, a big pastel de nata, ring the bell.

**Rylan Clark**

My bell's ringing, left, right and centre.

**Ed Gamble**

Fantastic.

**Rylan Clark**

That's a good menu.

**Ed Gamble**

Yes, tasty.

**Rylan Clark**

For me, anyway.

**James Acaster**

Yes, I like it a lot. There's a nice amount of pastry-,

**Rylan Clark**

A good amount of cheese.

**James Acaster**

A good amount of cheese.

**Ed Gamble**

I'll say it, I think it the beigest menu we've ever had.

**James Acaster**

Visually?

**Ed Gamble**

Nothing-, no, and nothing, but just calling it out for what it is.

**Rylan Clark**

I mean, have you had anyone on here, like, 'Oh, I'll have langoustine'? Oh, fuck off. Fuck off.

**James Acaster**

I'll tell you who we're going to have next, is one of the people from the Victorian town. I want them on and to see what they would pick.



**Rylan Clark**

Don't fucking bring up pasta, that's a sore subject. They won't know what you're going on about.

**Ed Gamble**

Well, actually, I know who we want to have on next, it's your mum.

**James Acaster**

Yes, your mum's coming on, for sure.

**Ed Gamble**

Yes, your mum's coming on.

**Rylan Clark**

Just do it. Just do it.

**Ed Gamble**

At least it'll stop her going to your house and playing fucking Cluedo.

**Rylan Clark**

Do you know what? The fact that I know she'd be here, I'd be happy about.

**Ed Gamble**

Yes.

**James Acaster**

Yes, yes.

**Rylan Clark**

Literally, this is what I do most days, when I'm out of the house, because she walks in and robs.

**James Acaster**

Yes, yes, sure.

**Rylan Clark**

So, about three weeks ago, I watched her on the camera, she didn't tell me she'd gone round. She stole a lamp from my lounge. She walked-, I watched her walk out on the security camera, with a lamp, put it in her boot and drive off. So, I thought, 'I'm not going to say anything, I'm going to wait for her to say it,' and she didn't. Two days later, she rung me and she went, 'Have you got an E27 light bulb?' I said, 'For what?' She went, 'I've got a new lamp.' Piss taker.

**Ed Gamble**

Rylan, thank you so much for coming to the dream restaurant.

**Rylan Clark**

Thanks for having me.

**Ed Gamble**

Well, there we are, a wonderful chat with the wonderful Rylan, and Linda.

**James Acaster**

And Linda, God bless, coming to a future episode soon, I hope.

**Ed Gamble**

Oh, God, I hope so.





**James Acaster**

Amazing. I mean, always good to talk to Rylan, lovely to hear some memories from the Bake Off tent that I, myself, had erased and forgotten.

**Ed Gamble**

Yes, because you were stood there like a dazed boxer for most of the day.

**James Acaster**

Yes, I was on a different planet. Didn't know that we got given an extra hour, and still I didn't manage to finish my cream horns.

**Ed Gamble**

I have such a memory of your cream horns, the shot of them in the oven as they slowly fell off the metal thing.

**James Acaster**

The custard looking like scrambled egg.

**Ed Gamble**

Yes.

**James Acaster**

It went pretty badly, and then, apparently Prue lost her wedding ring. Don't remember any of that. Don't remember any of it.

**Ed Gamble**

No. Well, they're not going to ask you to search for a wedding ring, are they?

**James Acaster**

No, I'm probably the one who ate it or something. But Rylan didn't say the secret ingredient, which was from that day in the tent, dolly mixture.

**Ed Gamble**

No dolly mixture, and we skirted-, you skirted close around it when you were talking about having fun on the last day.

**James Acaster**

Yes, maybe, was I trying to plant it in his head? I don't know. Subconsciously, was I trying to sabotage by saviour?

**Ed Gamble**

Maybe, I think maybe you were. But also, very funny when you said, 'We had a lot of fun on that last day,' and his response was, 'We had fun every day. The rest of us had fun every day.'

**James Acaster**

Yes, 'We had fun every day.' Yes. To be fair, we were only there two days.

**Ed Gamble**

I think Rylan's rant about Bake Off will-, I mean, it'll definitely make the best of this year.

**James Acaster**

It'll definitely make the best off, and, one day, when everyone who was in that tent has been on the podcast, and we can make one big mega cut of everyone who was in the tent, talking about Bake Off, that's definitely going to be-, I mean, that to me, was a revelation. It changed the way I saw the whole-, you know what?



**Ed Gamble**

You used to think you were good on -

**James Acaster**

It made me think, 'Oh, do you know what, James? Other people were having problems too. It wasn't all about you.' Yes, I was having this big meltdown and that overshadows the fact that it wasn't the easiest treat for the rest of them.

**Ed Gamble**

No.

**James Acaster**

You know? That's how Rylan was feeling, he was furious in there. But no one hears that song.

**Ed Gamble**

Michelle seemed pretty chilled out.

**James Acaster**

Yes, she was pretty chilled out.

**Ed Gamble**

Yes, she loved it.

**James Acaster**

By the sound of things, she cheated her way to a win, which is what I knew. I knew that all along and Rylan's confirmed it.

**Ed Gamble**

Who else do we need?

**James Acaster**

Tovey, Prue Leith, Toksvig.

**Ed Gamble**

Was it Sandi and Prue? Sandi was hosting.

**James Acaster**

Yes.

**Ed Gamble**

Prue was judging the -

**James Acaster**

Noel.

**Ed Gamble**

Noel.

**James Acaster**

So, I mean, we're basically looking at three from the official side, one from the competitors, one from the bakers.

**Ed Gamble**

And then we start working our way through the camera men?



**James Acaster**

Get Sam in.

**Ed Gamble**

Yes. Rylan's book, Ten, The Decade That Changed My Future is published in hardback on 29th September, 2022, by Seven Dials.

**James Acaster**

And remember, if Rylan ever goes missing, you know where to search, the cupboards, the gym

**Ed Gamble**

And the swimming pool, in the darkest bit of that phone call.

**James Acaster**

Yes, darkest bit, in the swimming pool.

**Ed Gamble**

Yes. I'm on tour, James, I should probably say that, still. The tour that never ends.

**James Acaster**

Yes. It will never end and I hope it never does.

**Ed Gamble**

EdGamble.co.UK for tickets, come and see me live. Loads of tour dates left. I'm having a lovely time, what can I say?

**James Acaster**

I can't wait to see it, I'm going to see the show soon. Let's not reveal which one I'm going to go to, just in case people want to play pot luck.

**Ed Gamble**

No, but-

**James Acaster**

Never mind where I live.

**Ed Gamble**

Let's just say the people of Halifax are going to be very excited.

**James Acaster**

Well, Ed, it's been fun.

**Ed Gamble**

Yes, a pleasure, as always, James. Bye-bye.

**James Acaster**

Goodbye.